NHS GRAMPIAN

Minute of Meeting of the Population Health Committee 1.30pm on Friday 26 September 2025 Dugald Baird Conference Room, Aberdeen Maternity Hospital

Present

Dr John Tomlinson, Non-Executive Board Member (CHAIR) Mr Hussein Patwa, Non-Executive Board Member (VICE CHAIR) Cllr Ann Bell, Non-Executive Board Member Board Meeting 11.12.25 Open Session Item 11.4

In Attendance

Ms Angela MacLeod, Programme Manager, Aberdeenshire H&SCP (for Leigh Jolly)
Ms Kim Penman, Public Health Planning Manager
Mr Dave Russell, Public Lay Representative
Professor Shantini Paranjothy, Director of Public Health
Ms Lynn Morrison, Director of Allied Health Professionals

Minute Taker - Heather Haylett-Andrews

No.		Action
1	Apologies	
	Apologies were received from: Ms Colette Backwell, Non-Executive Board Member; Mrs Alison Evison, NHS Grampian Chair; Mr Stuart Humphreys, Director of Marketing & Corporate Communications; Ms Fiona Mitchelhill, Chief Officer Aberdeen City H&SCP Ms Judith Proctor, Chief Officer Moray H&SCP Mr Sandy Riddell, Non-Executive Board Member; Cllr Kathleen Robertson, Moray Council; Ms Laura Skaife-Knight, Chief Executive; and Cllr Ian Yuill, Non-Executive Board Member.	
2.	Declarations of Interest	
	There were none.	
3.	Chairs Welcome and Introduction	
	Dr Tomlinson opened by welcoming attendees and extended a reminder to give due consideration to the Committee's statement on equalities and health inequalities, throughout today's discussions.	
	Chairs Highlights	
	Development Session: Implementing Scotland's Population Health Framework in the North-East: Enabling Wellness and Responsive Care	
	Dr Tomlinson noted - and committee members agreed - that this morning's development session was highly successful. He expressed enthusiasm about shaping the outcomes of the session moving forward and extended his thanks to everyone for their valuable contributions to its success.	
4.	Minutes of Meeting held on 18 July 2025	

APPROVED

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	The minutes were approved as a true and accurate record of the meeting.	
5.	Matters Arising	
	There were none.	
6.	Committee Planning	
	6.1 Action Log	
	Dr Tomlinson confirmed that all completed items will now be removed from the action log and one action below be updated as follows:	
	 Escalation regarding clarification of the Scottish Government's position on developing a national campaign or public conversation around reform — discussions are currently underway, and Mr Humphreys will provide a further update in due course. 	H Haylett- Andrews
	The Committee noted the position of the action log at this point.	
	6.2 Forward Planner	
	Dr Tomlinson requested that the outcomes from today's development session be shared at our November committee meeting and be noted on the forward planner.	H Haylett- Andrews
	It was agreed that the forward planner will now align with the Operational Improvement Plan (OIP), and a proposal on the way forward to be finalised at our November committee for implementation in 2026.	K Penman
	The Committee noted the position of the forward planner at this point.	
7.	Public Health	
	7.1 Director of Public Health Annual report	
	Prof Paranjothy provided an overview of a comprehensive report on children and young people, covering key themes - poverty, health inequities, mental health and neurodiversity, and climate change. An accompanying appendix offered updated population health data for Grampian.	
	She explained that the focus will be on progressing actions in key areas, using the Population Health Framework and related approaches to guide this work.	
	The report will be presented at the Children's Services Board meetings cycle and the NHS Grampian Board meeting in October. Additionally, a review and refresh of the Children's Strategy is planned, which will form the foundation for a new version of the strategy to be published in summer 2026.	
	Professor Paranjothy invited feedback on the recorded presentation that had been shared prior to the meeting, with particular attention to its inclusion at	

the October NHS Grampian Board meeting. It was agreed that it would be appropriate to present the video in this public arena. It was also agreed that, to support accessibility, both the written report and a shortened version of the video presentation should be shown. An opportunity to feature on the NHS Grampian website too.

Professor Paranjothy invited feedback on the recorded presentation shared ahead of the meeting, with particular emphasis on its inclusion in the October NHS Grampian Board meeting.

It was agreed that presenting the video in this public forum would be appropriate, and to enhance accessibility, both the written report and a shortened version of the video presentation will be shown. There was also agreement that the content be featured on the NHS Grampian website.

Questions and Comments

Dr Tomlinson proposed sharing the report with schools to encourage discussion among pupils.

Ms Morrison suggested it would be beneficial to align with the Health & Social Care Partnerships' annual performance reports on adults and young people to support collaborative effort.

Mr Patwa asked how GPs are being involved in this work. Prof Paranjothy explained that the approach is aligned with GPs, and that further opportunities to connect GPs and Primary Care will emerge through the Vision Strategy and its population health strand.

Mr Russell asked about the scale of neurodevelopmental differences among children in NHS Grampian, whether the tailored support is being delivered as a pilot, and if a contingency plan is in place should funding end.

Prof Paranjothy responded that the Memorandum of Understanding has been signed off, and that planning and early learning have shaped this twoyear project, which includes built-in sustainability measures to ensure it becomes part of routine practice.

She suggested that a 'lunch and learn' session would be a useful way to explore how this will work in practice, highlighting the key aim of streamlining access through a single entry point for children. She also recommended connecting with Tracy Davis to help identify the right contributors for the session.

Mr Russell requested that the Context paragraph at the bottom of page 32 of the report (page 61 of paper pack) be rewritten to properly reflect cross-reference³⁹.

Recommendations:

 The Committee endorsed the content of the Director of Public Health Annual Report S Paranjothy

S Paranjothy

Strategy, Governance and Performance	
8.1 Population Health Portfolio Board Review Statement	
The committee was assured that alternative arrangements were being implemented promptly, following the cancellation of the Portfolio Board meeting scheduled for 29 August 2025.	
Putting People First	
9.1 Volunteer Policy Update	
The Committee noted the paper.	
Recommendations:	
The Committee were:	
 Updated that work is continuing on the Volunteer Policy, which is expected to go to staff consultation before the end of 2025 Updated that a further update will be provided to the committee in one year* to outline the impact of the changes introduced through the new Volunteer Policy. 	
*should an update be required to appraise the committee of emergency issues or concerns, this will be taken through either the Population Health Portfolio Board or next Population Health Committee meeting (whichever is the sooner).	
Date of Next Committee:	
Friday 21 November 2025 at 9.30am to 1pm via MS Teams (extended due to short Sept meeting)	
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