

# Unconscious Bias & Active Bystander Workshop

Equality and Diversity

Direct

Distract

Delegate

Delay

Staff  
**Eqüalities**  
Network  
Improving Staff Experience

There are two parts to this workshop. The first half of this session will explore Unconscious Bias and how to recognise it. The second half will explore how colleagues can safely intervene as an Active Bystander when witnessing inappropriate behaviours in the workplace. This is an interactive session with activities including presentations, group discussions and watching training videos

## Learning aims:

1. Promote a culture of allyship
2. Empower staff to challenge unacceptable behaviour
3. Enhance a culture of inclusion
4. Becoming an antiracist and anti-discriminatory health board

## Learning outcomes:

By the end of the workshop, the participant will have a better understanding of unconscious bias, micro-behaviours, impacts of bias, challenges about bystander interventions and strategies for successful bystander interventions.

## Next Sessions:

- ◆ 13<sup>th</sup> May 10:30-12:00
- ◆ 16<sup>th</sup> September 10:30-12:00
- ◆ 2<sup>nd</sup> December 10:30-12:00

Delivered via MS Teams



**BOOK NOW**

To book on either scan the qr code above or visit <https://rb.gy/3iq1xg>. For more information get in touch at [gram.staffequalities@nhs.scot](mailto:gram.staffequalities@nhs.scot)

