

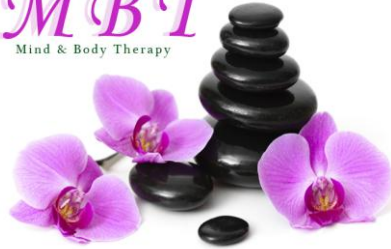


Aberdeen City Health & Social Care Partnership
A caring partnership



**Healthy
Working
Lives**

MBT
Mind & Body Therapy



FREE HOURLY SESSIONS FOR NHSG & ACC Staff

**CHOOSE EITHER AN INDIAN HEAD MASSAGE, FOOT MASSAGE,
HAND MASSAGE, NECK & SHOULDER MASSAGE, REFLEXOLOGY OR
A GENTLE BACK MASSAGE**

THERAPIST: ANNCINI PIUS

FULLY QUALIFIED AND EXPERIENCED

ALL SESSIONS AVAILABLE FROM 10.00am to 04.00pm

Room 4, Ward 17, Woodend Hospital

Thursday 28th August 2025

Thursday 4th, 11th, 18th & 25th September 2025

Thursday 6th, 13th, 20th & 27th November 2025

For more details: anncini@yahoo.co.uk

To book, e-mail: graham.fleming@nhs.scot