

Friday 7 July 2023

Industrial action update Industrial action by junior doctors has been suspended, to allow consultation on a new pay offer. The action was due to start at 7am on Wednesday 12 July and end at 6.59am on Saturday 15 July.

We want to acknowledge the huge amount of hard work undertaken in recent weeks to try and mitigate the disruption industrial action would have brought. We are incredibly grateful to everyone for their efforts. We also, at this point, wish to underline our respect for the right to take industrial action.

As many of you will already be aware, we were limiting planned activity on the industrial action days, with a focus on maintaining emergency and unplanned services, and recognising our capacity would be limited. As the action has been suspended, we are keen to restore as much capacity next week as possible; more information will follow.

As we have acknowledged many times, this has been – and will continue to be – a period of mixed emotions. Relief, anger, frustration; all are understandable. Please continue to give yourself and your colleagues the space to sit with these feelings. Please also remember to treat each other with dignity and respect. Civility is more than good manners; Civility Saves Lives.

[You can read the Scottish Government update in full here.](#)

NHS Grampian Charity community grants programme More than £185,000 has been awarded to 25 local charities and community-led organisations to deliver projects and services which help improve health and wellbeing across Grampian. This is the third year the programme has run, and it has now delivered more than £700,000 of funding to almost 100 local projects. [Visit the NHS Grampian Charity website](#) to read more about the funded projects.

That was the week that was

Monday 3 – update to iMatter reports, new online tool for HAI risk assessment

Tuesday 4 – industrial action update, new process for refreshing eLearning

Wednesday 5 – NHS at 75, migraine management – your chance to get involved

Thursday 6 – NMAHP Q&A video with June Brown, antimicrobials good practice guidance

[All briefs are stored online, just click this link.](#)

Summer skin safety The school holidays are now underway across Grampian. Whether the coming weeks hold foreign holidays or Scottish staycations, we're encouraging everyone to protect their skin from the sun. [A new study by Cancer Research UK](#) has highlighted 17,500 cases of skin cancer are being diagnosed in the UK each year. The charity believes this number could increase by 50% in the next 20 years. With thanks to our colleagues in the dermatology team, we're sharing some key safety tips (see next page). Above all, remember the only safe tan is a fake tan.



STAR Award We have news of three presentations to share this week; congratulations to Izzy Sleeman (ST6 Doctor, General (Internal) Medicine, ARI), the Ward 111, ARI nursing team, and Lorraine Johnston (Team Leader District Nurse, Tillydrone Clinic) on their STAR Award wins. Making a nomination couldn't be easier; you can either [complete the online nomination form](#), or email the details to gram.staffthanksandrecognition@nhs.scot

Tune of the day Schools in Aberdeen City and Aberdeenshire closed today, joining their counterparts in Moray for the summer break. This one goes out to the parents and carers among you; how long until you hear these words? Iggy Pop and [I'm Bored](#) is our tune of the day.

I wish you great weekends, whatever you are up. I'm leaving you in the care of my excellent colleagues for a week as I too take a little holiday. As next Monday is a Public Holiday, the brief will return on Tuesday (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot