

Alcohol Awareness Week 'Alcohol & Work'

7th - 20th July 2025 Calendar

7th



This year's Alcohol Awareness Week takes place from 7-13 July 2025 on the theme of alcohol and work.

[Learn More](#)

8th



Find local alcohol information and support services.

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9th



A self assessment, of your current drinking habits and offers access to free, confidential advice and information available through ADA.

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10TH



Information on drinking sensibly, knowing your limits and getting support for alcohol misuse.

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11TH



Employers have a legal duty to protect employees' health, safety and welfare. This includes managing drugs and alcohol misuse at work.

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12TH



Guide to promoting alcohol awareness in your workplace.

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13TH



Alcohol and Work: Is it time to rethink the drink? What are the impacts of alcohol on the workplace?

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14TH



Driving for Work: Drink and Drugs.

[Learn More](#)

15TH



Why you should promote alcohol awareness at work and how to create an alcohol policy.

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16TH



Create your own alcohol free Mocktails with this downloadable recipe sheet.

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17TH



Alcohol misuse can sometimes lead to problem gambling.

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18TH



A range of alcohol fact sheets. Including alcohol and menopause, alcohol and neurodiversity and many more.

[Learn More](#)

19TH



Download the free Try Dry® app to help you meet your goals, whether you want to cut down on your drinking, or go totally alcohol-free.

[Learn More](#)

20TH



Focuses on mindful drinking, discovering no or low alcohol-free drinks for every occasion, and connecting with others

[Learn More](#)