RUBISLAW PLACE MEDICAL GROUP

Mental Health Nurse Practitioner

Salary:	Dependent on experience
Hours:	Hours negotiable, preferable between 0900 - 1700
Working Days:	Monday – Friday
Working Hours:	20-24 hours per week

Location: Rubislaw Place Medical Group, Aberdeen, AB10 1QB

About us

We provide high-quality primary care services to approximately 8500 patients and are proud to be a teaching practice supporting the education and development of future healthcare professionals. Our multidisciplinary team includes GPs, Advanced Nurse Practitioners, Practice Nurses, Pharmacists, Healthcare Assistants, and a highly skilled administration team.

We are committed to delivering patient-centred care and continually developing innovative ways to meet the needs of our population. Our team culture is supportive, inclusive and focused on delivering the highest standards of care to our patients.

How we work

At Rubislaw Place Medical Group, we operate a clinician-led triage model to ensure patients receive care from the most appropriate healthcare professional in a timely manner. All requests for same-day medical advice are assessed through our triage system, with clinicians reviewing the information provided and determining the most suitable outcome. This may include a telephone consultation, face-to-face appointment, referral to another member of the multidisciplinary team, signposting to an alternative service, or the provision of self-management advice where appropriate. The triage process helps us prioritise urgent clinical need, manage demand safely, and make best use of the skills available across our clinical team, ensuring patients receive the right care, at the right time, from the right clinician.

About the Role

An exciting opportunity has arisen for a motivated and compassionate Mental Health Nurse Practitioner to join our multidisciplinary team at Rubislaw Place Medical Group LLP.

This is a newly developed role within the practice, providing an excellent opportunity to work closely with our GP triage team to support patients experiencing mental health difficulties. The successful candidate will play a key role in improving access to mental health support within primary care, helping patients receive the right care at the right time.

Working alongside our GPs and wider clinical team, you will provide assessment, support, signposting, and interventions for patients presenting with a wide range of mental health concerns.

Key Responsibilities

- Work alongside GP triage clinicians to assess patients presenting with mental health concerns.
- Undertake holistic mental health assessments and risk assessments.
- Provide support and advice for patients experiencing anxiety, depression, stress, bereavement and other mental health difficulties.
- Develop and implement care plans in collaboration with patients and healthcare professionals.
- Signpost and refer patients appropriately to secondary care, community services and third-sector organisations.
- Medication reviews of patients with chronic mental health issues.
- Provide crisis support and ensure appropriate escalation where required.
- Work collaboratively within the multidisciplinary team to improve patient outcomes.
- Maintain accurate clinical records and documentation.
- Contribute to service development and quality improvement initiatives.

Applicants should:

- Be a Registered Mental Health Nurse (RMN) with current NMC registration.
- Have experience working within mental health services.
- Demonstrate excellent communication and interpersonal skills.
- Be confident assessing and supporting patients with complex mental health needs.
- Have experience of risk assessment and care planning.
- Be able to work independently whilst contributing effectively within a multidisciplinary team.
- Experience within primary care, community mental health services or crisis services would be advantageous, although not essential.

How to Apply

To apply, please submit:

- A current CV
- A covering letter outlining your suitability for the role

Applications should be sent to:

Christine Lamb
Practice Manager
Rubislaw Place Medical Group LLP

Email – Christine.Lamb@nhs.scot