

What to expect at Your Community Appointment Day

Location

Aberdeen City
Vaccination
and Wellbeing
Hub, Bon
Accord Centre,
Aberdeen.



Check In

- You will receive a warm welcome
- A Volunteer will guide you to admin check in.
- You will be asked for brief information to register your attendance.
- Volunteer will guide you to the waiting area.

Important to know

The podiatry service does not offer personal foot care like nail cutting or skincare. Podiatry treatment is based on your foot problem and medical need regardless of age.

What happens at the Community Appointment Day?

This is a relaxed event where you can access a range of help around your foot care and also other support to help you live well. At this event you will be able to:

- Have a conversation to talk about what matters to you, so we can direct you to all the help and support relevant to you at the Community Appointment Day.
- Speak to a podiatrist directly about your foot care
- Get your feet checked if there's an urgent issue.

There will also be lots of local services and support who you can speak to, to help you:

- Access local services that can support your health and wellbeing which may include but not limited to; financial advice and help with mobility.
- Enjoy tea or coffee and give feedback to help us improve how we can support you.



How long will I have?

You will have up to 20 minutes with a Podiatrist.
You can then take as much time as you like to meet other services in the market stall area and at the community café.



Check Out

At the end of the session head back to admin check in who will process your feedback form and check you out of the session.



Transport

You can contact THInC for practical and free transport advice on travelling to an appointment in the Grampian area. THInC can help with information on bus services, dial-a-bus services, taxi companies with wheelchair accessible vehicles and community transport.

Call: 01467 536111
Email: travel@thinc-hub.org
Website: thinc-hub.org