

What to expect at Your Community Appointment Day

Check In



- Warm Welcome
- Volunteer will guide you to admin for check in.
- You will be asked for brief information to register your attendance.
- Volunteer will guide you to the waiting area.

How long will my appointment be?

There will be a What matters to you conversation followed by a 20 min appointment for Diabetic foot screening to take place. You can then take as much time as you like to meet other services in the market stall area and community café.

What Matters to You Conversation



- A member of the Team will collect you and bring you to a quiet space.
- You will be asked a series of questions to help the team understand "what matters to you"
- This information will be populated into your "Personal passport"
- This will help the member of staff to signpost you to professionals & organisations relevant to you.

I would like to know about what resources & groups are available to support me?

How can I improve my foot health?

What else can I do to support my health on my journey with Diabetes?

Meet the Aberdeen City Podiatry Team

You will then be guided to an area where a Podiatrist will examine and assess your feet for 20 minutes and provide tailored advice for you. Any urgent issues can be dealt with in the day or the Podiatrist may book an onward appointment if you require further treatment.

Services & Third Sector Community Partners

There will be a range of stalls with advice, guidance and information from services we hope you will find supportive.



Check Out

At the end of the session head back to admin check in who will process your feedback form and check you out of the session.



Café



There will be a café area with free refreshments where you can have a break and chat with other people with a similar diagnosis or other family members /carers, and complete a feedback form.