

Appendix 2 - Stoma Accessory Formulary and Prescribing Guidance

The use of (and appropriate quantities of) stoma accessories will be advised on an individual patient need basis by the NHS Grampian Stoma Specialist Nurse Team.

Product Type	Recommended for prescribing in NHS Grampian	Formulary recommendation	Indications / Justification	Maximum monthly order quantity
Adhesives (discs, washers, sprays or solutions)	Stoma Specialist Nurse Team recommendation only		Adhesive products should only be used following recommendation from a NHS Stoma Specialist Nurse.	N/A
Adhesive paste	Yes	1 st line: Hollister Adapt Paste (60g) (Hollister) 2 nd line: Salts No Sting Stoma Paste (70g) (Salts Healthcare)	Adhesive paste should only be prescribed following recommendation from a NHS Stoma Specialist Nurse.	Advised by specialist
Adhesive strip paste	Yes	Brava Coloplast Strip Paste (10 strips) (Coloplast)	Adhesive strip paste should only be prescribed following recommendation from a NHS Stoma Specialist Nurse.	Advised by specialist
Adhesive remover spray	Yes	1 st line: Lift Plus 360 Medical Adhesive Remover (50ml spray) (Opus) 2 nd line: Dansac EasiSpray adhesive remover (50ml spray) (Dansac)	These products are not indicated for all patients, they may have a role in preventing skin damage when an appliance sticks firmly to the skin.	2x 50ml sprays per month

Product Type	Recommended for prescribing in NHS Grampian	Formulary recommendation	Indications / Justification	Maximum monthly order quantity
Adhesive remover sachets	No	Do not prescribe	When adhesive remover is required a spray should be prescribed as this is the most cost effective form of adhesive remover.	N/A
Adhesive remover wipes	No	Do not prescribe	When adhesive remover is required a spray should be prescribed as this is the most cost effective form of adhesive remover.	N/A
Bag covers	NHS Grampian Stoma Specialist Nurse Team recommendation only		Help reduce bag irritation and discomfort resulting from the feel of the bag on the skin and bag noise. With many newer products being opaque the requirement for bag covers is reducing therefore these are not routinely prescribed.	Advised by specialist
Barrier cream	Yes	1 st line: Sorbaderm Barrier Cream (28g pack) (H&R Healthcare Ltd) 2 nd line: LBF Barrier Cream (30g) (CliniMed Ltd)	Barrier products should only be used a maximum of twice a week and discontinued when the skin has healed. They can cause skin sensitisation and overuse can also lead to the stoma bag being unable to adhere to the skin.	Advised by specialist
Barrier film	Yes	1 st line: Cavilon No Sting Barrier Film Foam Applicators (3M Health Care Ltd) 2 nd line: Sorbaderm No-Sting Barrier Film Spray (H&R Healthcare Ltd)	Barrier products should only be used a maximum of twice a week and discontinued when the skin has healed. They can cause skin sensitisation and overuse can also lead to the stoma bag being unable to adhere to the skin.	Advised by specialist

Product Type	Recommended for prescribing in NHS Grampian	Formulary recommendation	Indications / Justification	Maximum monthly order quantity
Belts	NHS Grampian Stoma Specialist Nurse Team recommendation only	Belts can be used to secure stoma products to the skin. Not all stoma products are suitable for a belt.	Advised by specialist	
Deodorant (sprays and sachets)	No	Do not prescribe	Where a patient feels a deodorant is required they should be advised to purchase an ordinary personal deodorant / household air freshener	N/A
Filters/Bridges	NHS Grampian Stoma Specialist Nurse Team recommendation only		Removable filters are becoming obsolete but are still used with some older products. Prescribing should only be undertaken following request from a member of the NHS Stoma Specialist Nurse Team.	Advised by specialist
Hernia Support Belts	NHS Grampian Stoma Specialist Nurse Team recommendation only		Hernia support belts may be suitable for some patients, recommendation to prescribe would be made following assessment by a member of the NHS Stoma Specialist Nurse Team.	Advised by specialist
Irrigation/Wash-out Appliances	NHS Grampian Stoma Specialist Nurse Team recommendation only		Irrigation is only suitable for patients with an end colostomy and should only be undertaken following request from a member of the NHS Stoma Specialist Nurse Team.	Advised by specialist
Medicated Powder	Yes	1 st line: Orahesive powder (25g) (ConvaTec Ltd) 2 nd line: Brava Ostomy Powder (25g) (Coloplast Ltd)		Advised by specialist

Product Type	Recommended for prescribing in NHS Grampian	Formulary recommendation	Indications / Justification	Maximum monthly order quantity
Non sterile non-woven gauze swabs	Yes	Maximum quantity of 200 swabs per month	Used to clean the peristomal skin. 200 swabs should be sufficient for the majority of stoma patients. Exceptions may include high output stoma or patients with more than one stoma.	200 swabs
Protective Shields	No	Do not prescribe	No prescribable guards have been deemed suitable by the NHS Grampian Stoma Specialist Nurse Team. Patient should be advised to purchase if they feel required.	N/A
Stoma Caps/Dressings	NHS Grampian Stoma Specialist Nurse Team recommendation only		Used to cover the stoma but have no actual capacity. Can be used on a colostomy during the day when the stoma is “quiet” or “inactive”. They should not be used with an ileostomy due to the high activity of this type of stoma.	Maximum 30 caps per month
Stoma underwear	No	Do not prescribe	There is no good, peer reviewed evidence to support the use of stoma specific underwear.	N/A