

## **Volunteering opportunity: Moray Public Empowerment Group**

NHS Grampian is launching an exciting new initiative for the people of Moray to get involved in. The 'Public Empowerment Group' (PEG) is a forum where local people can have a say about how health and social care services will be delivered in the future as part of the Dr Gray's Hospital Transformation Programme and Operation Home First. The PEG will also help to ensure that any information about new models of health and social care is given in ways that everyone can understand and access.

PEG members will be influencing the sustainable design and decision-making on a range of health and social care services. Members should have an interest in improving patient and service user experience, with a good understanding of their community's needs and a willingness to contribute constructively in meetings. The PEG will meet virtually in 1-hour monthly focus groups, and there may also be surveys and other additional opportunities to contribute your views. Members may also be asked to attend some NHS Grampian or HSCM meetings to represent the PEG views.

The group is open to anyone aged 16+ with recent personal experience of health and social care in Moray, whether they are themselves a service user or support someone who accesses those services. The group welcomes participants from all walks of life and backgrounds.

If you would like to register your interest in the Moray PEG, please contact **gram.involve@nhs.scot** to tell us a little bit more about yourself and why you want to get involved.