



New clinical director aims to prioritise training at Dr Gray's Hospital



NHS Grampian has appointed Duff Bruce as the new clinical director for Dr Gray's Hospital in Elgin. The role is part of the health board's Moray portfolio, which helps community-based and hospital-based services work closely together.

Whilst Duff has led the surgery and theatres unit at Dr Gray's for a number of years, the new role involves supporting all clinical teams across the hospital, plus helping colleagues interact with community services and specialisms across NHS Grampian.

Duff believes the leadership role will enable him to achieve something meaningful for his local community in Moray: "Working at Dr Gray's feels more like you're part of a family than an organisation. Delivering health and care in a largely rural area isn't without challenge but having lived in Moray for a long time I'm looking forward to the opportunity to develop our workforce and build on existing relationships."

Duff trained at the University of Aberdeen and spent time working in Australia before returning to Scotland. He specialises in surgery of the stomach and esophagus and

has an interest in treating reflux and swallowing problems. He helped set up the Bariatric Surgery Service at Aberdeen Royal Infirmary and is passionate about modernisation, having played a key role in the successful bid for the development of MRI services at Dr Gray's.

Duff sees the opportunity to build 'networked' health teams between Inverness, Elgin and Aberdeen as a model that has huge potential. He says: "We have a geographical opportunity to deliver something innovative. The teams are close anyway, we have lots of university and training crossover and many of the team members already have experience of working in the different locations. There are benefits for all of us if we can work together; we have different strengths so we can all support each other and I'm really hoping new areas of joint working will develop."

The experienced surgeon also places a great deal of value in training for those just starting out in their careers. "Dr Gray's Hospital has a strong training background, great links with the University of Aberdeen, RGU, Nescot as well as the University of the Highlands and Islands and Moray College. I'm keen to prioritise this because it's such an opportunity for us to do more to develop the workforce across the North of Scotland, whilst supporting research that will enhance remote and rural health and attracting the next generation of health professionals.

Dr Gray's Hospital – Preparing a Plan for the Future

Dr Gray's Hospital provides local and much valued services to the residents of Moray. To ensure it can continue to meet the needs of the community in the years ahead, a ten-year plan is being developed.

Almost 500 members of Dr Gray's staff and over 600 members of the public from across Moray have already had their say about what is important to them, about what works well and what could be improved going forward.

In addition, more than 200 people who work alongside Dr Gray's such as the Ambulance Service, GPs and Community Teams have also been having their say. This feedback has been gathered through face-to-face meetings and on-line questionnaires.

NHS Grampian will continue to ask for and listen to people's views as the plan comes together in the New Year. For more information about Dr Gray's Plan for the Future please visit:

nhsgrampian.org/work-with-us/get-involved/project-consultations

This publication is also available in other formats and languages on request. Please call Equality and Diversity on 01224 551116 or 01224 552245 or email: gram.communications@nhs.scot

Ask for publication MVC 220475

Digital Information Screens across NHS Grampian Sites

NHS Grampian has installed digital information screens across several clinical sites including Moray's flagship hospital Dr Gray's.

These screens can quickly display up to date, relevant information to hospital visitors, staff, and patients.

Signage can be updated in real time providing a better experience than printed posters which can quickly become out of date.

With more sites set to benefit and features including the capability to livestream social media feeds to provide a level of interactivity with content, the screens will help NHS Grampian reach audiences in a new and exciting way.

Fiona Gardner, marketing & campaigns coordinator overseeing the project said: "Creating new content that will grab people's attention is an exciting prospect.

When phase two of installation is

completed, we will be able to tailor the information being shared and provide more personalised and relevant information – reflecting the needs of the communities we serve".



Grampian NHS Board impressed by staff commitment at Dr Gray's

Grampian NHS Board members visited colleagues at Dr Gray's Hospital during November. Board chair, Mrs Alison Evison commented: "We were very impressed by the passion, commitment and honesty of colleagues and were grateful for the welcome we received.

"Everyone was happy to share their views on the current pressures and what they'd like to see in the future, and this will really help to inform our decision-making on the strategic role for Dr Gray's Hospital."

Giving women, children and families a voice at the top table



We also welcomed Geraldine Fraser as NHS Grampian's new executive lead the Integrated Family portfolio in December.

Geraldine, joins us from her previous partnership manager role with Aberdeenshire Health and Social Care Partnership. She also has a background as a solicitor and continues to offer pro bono legal advice on all aspects of child and family law in a voluntary role with the Scottish Child Law Centre.

Geraldine is now responsible for improving children, women's and family health across Grampian. She leads the planning, performance management and

operational delivery of services including maternity, paediatrics, gynaecology and breast screening – and welcomes the opportunity to make a difference to services across health, social care, education, the community and third sector.

Geraldine will support the development of services at Dr Gray's Hospital, drive forward improved access to services as part of the national Women's Health Plan and oversee the service move from Aberdeen Maternity Hospital into the new Baird Family Hospital.

She said: "I am providing a voice for children, women and families at Chief Executive team level. I'm keen to raise awareness of the issues affecting women, children and young people and families, involve them in the design of services and work together with colleagues across a range of services to reduce inequalities and improve outcomes."

Hannah engages with mums across Moray

There has been a lot of face-to-face engagement around Moray maternity services recently thanks to NHS Grampian's new community engagement manager, Hannah Ronald. Hannah has held 15 information and feedback sessions so far, which have been warmly received.

"Thank you to everyone who shared their experiences and ideas with me" Hannah said: "It's been a pleasure to chat with local families and explain how their feedback will help us to shape maternity services going forward. More engagement is planned over the coming year, which will ensure the local community can continue to shape the future of healthcare in Moray."



From left to right: Linda Tull, Kerri Morrison (both midwives) & Hannah Ronald (Community engagement manager – maternity services)

For anyone who would like to get more involved, consider joining your local Maternity Voices Partnership (an independent advisory and action forum). For more information about the Moray & Banff group, visit:

<https://www.birthingrampian.scot.nhs.uk/maternity-voices-partnership-mvp/>

Reshaping maternity service provision in Moray – the plans so far



Picture 1: from left to right: Tracy Stronach (Charge midwife, maternity clinical lead), Victoria Turner (Senior charge midwife), Professor Linda de Caestecker, Margaret MacLeod (Midwife), Debbie McWilliam (Staff midwife) Dr Mostafa Ali (Consultant gynaecologist & obstetrician)

Picture 2: from left to right: Professor Linda de Caestecker & Adam Coldwells, (Director of strategy & deputy chief executive)

from staff from in multiple locations – namely in both NHS Grampian and NHS Highland working in partnership to deliver modern, safe, sustainable services.

Existing antenatal services will be enhanced and new services developed in Dr Gray's Hospital – ensuring as many women as possible receive the majority of care throughout pregnancy closer to home, supported by a network of clinicians.

This includes:

- Pre-operative anaesthetic assessments
- The expansion of Day Assessment and Triage facilities covering scheduled and unscheduled care needs
- Combined specialist clinics for women with medical co-morbidities such as diabetes, cardiac disease, blood disorders
- The introduction of non-invasive fetal medicine clinics supported by trained sonographers and specialist obstetricians
- Additional sonography capacity from scanning midwives
- Specialist clinics supported by dedicated specialist midwives to enhance care for women with complex care needs

The networked model also provides clear benefits for staff – which is crucial to supporting recruitment, providing training opportunities and enhancing retention.

To find out more, scan the QR Code.



We are currently reshaping maternity services through a planning process with a number of milestones along the way. This will establish a contemporary, consultant-led maternity service at Dr Gray's Hospital in 2026. To achieve this we are working together with NHS Highland, the Scottish Government and other partners to develop a 'networked model' that will see staff working together across Elgin, Inverness and Aberdeen to provide a safe and sustainable service.

NHS Grampian and NHS Highland's detailed joint plan was shared with the government in December. It outlines a clear, fast-tracked plan for delivery and contains both the benefits of delivering a networked model as well the challenges the Health Boards are working through.

Simon Bokor-Ingram, chief officer for Moray Health and Social Care Partnership, who is leading plans explains: "Setting out and then reaching the important milestones in these plans requires colleagues across geographic areas to work closely together.

"Our aim is ambitious and it's important to explain why this will take time. Firstly, we're not talking about the expansion of any one team. There are lots of different

specialists required to make an operating theatre safe, for example, and even more specialist skills and experience is needed for obstetrics and paediatric care.

"An exciting early milestone is our aim to deliver a range of foetal medicine and scanning services from Dr Gray's Hospital, as part of enhancing the range of antenatal care available locally. For this, we have to carefully design the teams, spaces and resources required to make it all work. This will mean less travel to Aberdeen for many Moray women and families in the near future."

The Scottish Government commissioned Professor Linda de Caestecker to oversee the development and implementation of NHS Grampian and NHS Highland's plans, gather feedback and provide expert advice. Deputy Chief Executive Adam Coldwells welcomed her visits to Elgin and Inverness at the end of November saying: "It is helpful to have Dr de Caestecker's insight and advice as we work together to transform maternity services."

Why a networked model?

A networked model is one where a care pathway (in this case maternity services) involves contributions

Advanced Nurse Practitioner Leads On Orthopaedic Fracture Clinic

The Covid 19 Pandemic has had a significant effect on people waiting for elective orthopaedic surgery.

In January 2022, an Advanced Nurse Practitioner-led Orthopaedic Fracture Clinic was established locally at Dr Gray's Hospital as a test of change.

The clinic, which is run by ANP Katrina Cruickshank, sees adults and children who have hand, wrist, forearm, humeral, foot, and ankle fractures, post-surgical wound reviews, as well as patients who have had their fractures treated conservatively but still need follow-up exams and x-rays to check on their progress.

In addition, Katrina also sees new patients who have been referred by healthcare colleagues and review clinic patients who have recently undergone elective surgery or are still being monitored while waiting for surgery.

Six orthopaedic consultants identify patients for Katrina to see and also coordinate their clinic sessions, so they are available to assist as needed.

Robert Strachan, a construction project manager, and a patient of Katrina said: "Katrina is great, and this clinic is a brilliant idea. It has reduced the time I've had to wait to be seen and has been very helpful and supportive."

Katrina said: "The ANP clinic sees five patients on average every week, however recently, due to increased demand from trauma, clinics have been regularly overbooked."

She added: "Since launch, 166 patients have been identified for the clinic, which has reduced the amount of time patients must wait to see a consultant and freed up slots for consultants to handle more complex cases."

Advanced Nurse Practitioner for Dr Gray's Lesley MacLeod praised the initiative and said: "I am extremely proud of the work Katrina is doing to improve the orthopaedic services for the Moray community. Pioneering this clinic at Dr Gray's Hospital is the first of many steps in her advanced practice career and demonstrates her passion and dedication to the orthopaedic department."



From left to right: Robert Strachan, Construction Project Manager & Advanced Nurse Practitioner Katrina Cruickshank.



Friends Of Dr Gray's Year Roundup Of 2022

After welcoming several enthusiastic new committee members to Friends of Dr Gray's (FODG) at the end of 2021, they received charity status in March 2022. This was welcome news after starting to get back up to speed after the Covid-19 pandemic.

They received a very generous and kind donation after engaging in and supporting, Dr Gray's Hospital Strictly Come Dancing fundraiser event in April, kicking the charities year off to a great start.

On Jubilee Sunday, during Rotafest in Elgin's Cooper Park, funds were raised from the sale of books that, The Works, Elgin branch, had graciously donated.

September 25th saw a small but intrepid group enjoy a sponsored walk to Lossiemouth and back which raised just under £900 for the charity.

Their next major project will be LED lights for the historic and iconic East front dome. These will change colour to mark all the health awareness days throughout the year.

The beginning of 2023 will see the launch of a calendar and a Dr Gray's 50/50 monthly lottery. This will mainly be for staff and the replacement for the very popular and well known Gray's 200 Club.

Dr Ken Brown, Vice-Chair of the charity said: "We would like to thank everyone who has contributed, donated and supported us during our fundraising events. Jeff, one of our committee members is a talented craftsperson. He has raised a sizable sum over the course of the year with various things, some of which were upcycled, such as bird feeders, boxes and fairy lanterns to give to younger patients on the Children's ward. His gardening abilities were put to great use in the sensory garden and with the whisky barrel planters at the front entrance, kindly donated by Strathisla Distillery in Keith. All of this is greatly appreciated. Thank you, Jeff and everyone else for your efforts over the last year."

To find out more about friend of Dr Gray's please visit: www.friendsofdrgrays.org

Or contact us: enquiries@friendsofdrgrays.org



Improving Timely & Safe Discharges: The Role Of Dr Gray's Discharge Co-Ordinator



Lisa Anderson is the discharge co-ordinator at Dr Gray's. She is the crucial link between multidisciplinary teams, community hospitals, and social care supporting safe, prompt and efficient discharge of patients.

Her role is to champion daily discharges including complex cases and ensuring patients' needs are in place when they are discharged from the hospital back to their homes or community services.



With a career spanning some 23 years across Grampian Health Services, Lisa has held several positions, including Senior Staff Nurse on the general medical and acute care of the elderly ward at Dr Gray's.

Lisa said: "As nurses, we are required to begin making plans for our patients' discharge as soon as they are admitted. Sometimes after a patient leaves the hospital, they continue to receive care. Organising complex discharges is my responsibility, especially when there is a requirement for social care, district nurses, occupational therapy, or physiotherapy referrals to assist with discharges following appropriate multidisciplinary team discussions and agreement.

She added: "Co-ordination of this important part of a person's experience of hospital is as important as the initial admission. My responsibility is to make sure they continue to receive the proper degree of care even after being discharged. It

really is team work at its best!"

You can view the patient information below about, planning for discharge and delivering safe, person-centred care to every patient, every time.



Discharge Guide

Treatment • Support • Home

Delivering safe, person-centred care to every patient, every time

- D** **Discharge planning** will start from the day you come into hospital.
- I** **Inform** staff of any concerns about your care and needs.
- S** **Stay active** in hospital.
- C** **Chat** with staff if you have any worries about going home.
- H** **Home** is the best place to recover.
- A** **Arrange** what support you will need from family and friends when you go home.
- R** **Ready** – you will be discharged as early as possible on your planned date of discharge, have you got transport planned?
- G** **Get up, get dressed, keep moving** if you can do this throughout your hospital stay this will help your mobility, improve your independence and enhance your recovery.
- E** **Expectation** – we aim to make your time in hospital as short as possible, the best place for you to recover is at home, the best bed is your own bed.

Moray patient first in country to receive “gold standard” diabetes ulcer care

A Moray patient has been the first in Scotland to benefit from a new “gold standard” in diabetic foot care, thanks to medics at Dr Gray’s Hospital.

The Podiatry Team, based at the Elgin facility, is spearheading a new initiative for NHS Scotland by establishing a Total Contact Casting (TCC) service to aid those suffering with diabetic foot ulceration.

TCC works by fitting a well moulded plaster cast with padding, helping to secure the ankle at 90° angle, relieving pressure on the foot.

This direct transfer of weight load from the foot to the plaster cast wall relieves pressure, the key to healing diabetic foot ulceration. This allows patients to remain mobile, while minimising disruption to their daily lives.

Diabetes specialist podiatrist, Marie Stirling who has been driving the project forward said: “Foot problems are the most common cause of hospital admission for people with diabetes. Diabetic foot ulceration is also the most common cause of amputation in the UK, with over 169 amputations carried out per week.

“It is hoped this project will help reduce the number of hospital admissions and amputations.

“This will be a big step towards improved treatment for patients who are dealing with this difficult condition.”

Throughout lockdown, the team continued to provide assessment and treatment of patients with foot ulcers. Despite the challenges, lockdown brought new opportunities such as a virtual Vascular Clinic providing better outcomes for patients facing these ailments.

Diabetologist and clinical lead, Dr Fiona Strachan, who is supporting the work, said: “I have been supporting the work of our Specialist Podiatry Team through the Dr Gray’s Diabetic Foot Clinic and I have seen the benefits of their hard work progressing a TCC service.

“It can be challenging for patients and a time-consuming process to achieve healing.

“This new ‘gold standard’ technique will certainly improve this, and it is a credit to the team that they are making these advances in local service delivery despite the disruption of the Covid pandemic.

“I would also encourage patients to attend for foot screening when offered to ensure any changes in circulation or sensation can be identified early and appropriate advice offered to minimise risk of a future ulcer complication. Excellent advice on good self-care of the feet can also be found on the Grampian Diabetes Website

www.nhsgrampiandiabetes.scot.nhs.uk – prevention is always better than cure where possible.”



From L to R: Mark Doherty - Diabetes Podiatrist, Stef Cruickshank - Podiatry Assistant, Lorna Beattie - Orthopaedic Technician, David Fraser - Diabetes Podiatrist, Rachel Crichton - Diabetes Podiatrist & Marie Stirling - Diabetes Podiatrist.

Katie Steps Up into Leadership Role

Consultant midwife Katie Colville was promoted to Associate Director of Midwifery for NHS Grampian towards the end of last year. Katie’s role will help to provide leadership support for the development of maternity services across Grampian, including Moray.



Katie explained: “I am delighted and honoured to be supporting talented colleagues across Grampian in the delivery of maternity and women’s services. We have enjoyed the benefit of some helpful engagement with Moray mums through Hannah’s work and I know teams are continually evolving service provision through the lived experience of families they meet day-in-day-out. We are looking forward to a bright future ahead for the maternity team at Dr Gray’s Hospital.”

Primary Care Occupational Therapists, a First for Grampian

In April 2022, three Occupational Therapists took their first tentative steps into primary care. Seven months later, our team of five therapists and four support workers have seen over 1000 patients across Moray and have a presence in twelve different practices. The most recent area to offer this service is Keith and Speyside, where Occupational Therapy cover started in October.

Early intervention from an Occupational Therapist can help prevent decline in functional ability and enable people to remain independent with daily living tasks for as long as possible. Following a holistic needs assessment, short term interventions are delivered to help address physical, psychosocial and mental health difficulties, with referral on to specialist services when required. Part of the Moray team's remit is to support patients with unscheduled care needs, helping to prevent admission and helping people to remain at home. Primary care is therefore one of the most important places for Occupational Therapists to practice and the impact is already being felt.

Having Occupational Therapists based in primary care has also enabled Moray to be the only place in Grampian to test the new FIT Note across three of the different disciplines included in the legislation, which came into force on July 1st 2022. This allows registered nurses, occupational therapists, pharmacists (excluding

community pharmacists) and physiotherapists to legally certify fit notes, and a test of change involving advanced nurse practitioners, occupational therapists and physiotherapists based at Maryhill and Glenlivet medical practices commenced for a month on 21st November.

Occupational therapy in primary care is a relatively new enterprise in Scotland, with small pockets of practice established across the central belt and recent posts advertised in the Western Isles. Moray is the first region in Grampian to provide cover across all GP practices – here is a small sample of some of our feedback.

Carer feedback

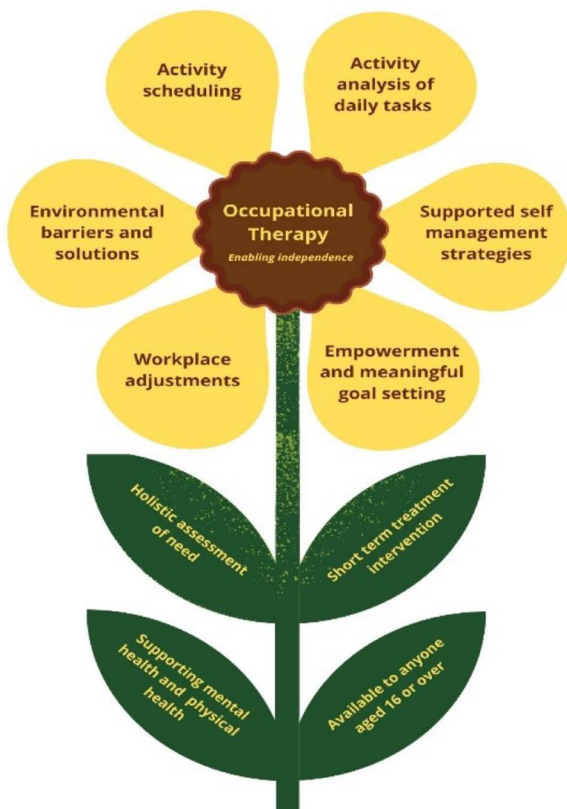
"The Occupational Therapy team are just fantastic, they found common ground with dad. They were bright and bubbly and they found ways to connect with him and personalise the service for him. I felt that they had really listened to us and this felt really rare. I feel that I now know what I'm doing when taking him out and this has been important in helping dad and very useful and tailored to what he needs. I feel very thankful."

Patient feedback

"Before seeing [the Occupational Therapist] I really was at a point that made me feel as though my life was spiralling out of control. I now have coping strategies and for that I am so grateful!"

Primary Care Team feedback

"Excellent service and a real asset to the practice. Approachable, efficient and a great support."



Feat in picture from Left to right:

Back Row: Jane Angilley (Advanced Practitioner Occupational Therapist), Claire Watt (Advanced Practitioner Occupational Therapist), Janice McLeod (Advanced Practitioner Occupational Therapist), Lucy McNeill (Advanced Practitioner Occupational Therapist).

Front Row: Amanda Bowie (Generic Therapy Support Worker) & Janet Thomson (Team Leader (Advanced Practitioner Occupational Therapist)

Job Opportunities Highlighted

In the run up to winter, Moray maternity care assistant Sue Petrie supported some recruitment publicity to encourage anyone considering a career in a caring role to “give it a shot”.

Sue has spent 26 years supporting Moray families and explained: “It can be a very fulfilling job with plenty of opportunities to further your career in all different aspects of healthcare. You meet colleagues who end up being lifelong friends, there’s a good pension, job security, good annual leave time and you get support from your team.

“My advice to anyone thinking about a job in health or social care is to give it a shot.”

Like many people living near RAF Lossiemouth and Kinloss Barracks, Sue was familiar with the armed forces when she joined the NHS. Her family traveled around the UK, Ireland and Germany before settling in Moray, to support her husband in his army career. It was time spent in hospital with her youngest son while in Germany that inspired her to want to get into healthcare when she got back.

You can look for opportunities in healthcare in Grampian on the NHS Scotland National Recruitment portal or search for jobs in social care in Aberdeenshire via <https://bit.ly/AHSCPCareJobs> and the different council areas via the MyJobScotland website. There are also a variety of work experience and volunteering opportunities available within NHS Grampian – visit <https://www.nhsgrampianworkexperience.com/>



Mum, midwife and granny: 22 years of Dr Gray's Hospital

Senior Charge Midwife Tracy Stronach welcomed along her fourth grandchild in six years in August, taking time out from her 22-year long career at Dr Gray's Hospital to be her daughter Sarah's birthing partner.

Sarah has experienced consultant-led births in both Elgin and Aberdeen as well as the midwife-led birth she enjoyed with her new arrival.

Reflecting on her experiences, Sarah explained: “We have enjoyed really good experiences in both Elgin and Aberdeen. I have definitely found it easier having two birthing partners with mum coming along as well, and the midwifery teams have been great. They are so supportive and kind and are definitely the experts when it comes to delivering babies.”

Tracy is thrilled to be a granny once again, having been there for all four births supporting her daughter and daughter-in-law, Shonagh, and is keen to recognise the efforts of her colleagues. She said: “I

trust my colleagues 100% to deliver the best care and as a family we are very grateful for the care we have been given.

“As a midwife, seeing families starting out with their babies is the best bit and living in the local area means we are often lucky enough to see these lovely babies growing up.”



Feat in picture from left to right: Sarah Johnston with baby Lewis, Tracy Stronach (Midwife and Sarah's mum) and Shonagh Young with baby Maisie.

'Call the Midwife' inspires e-bike for Moray midwives

Elgin-based midwives have been enjoying the benefit of access to an e-bike for local visits, after the idea put forward by local midwifery manager Gill Valentine was supported by Sustrans last year.

Gill explained: "Myself and colleagues have watched Call the Midwife for many years and had often joked about the team having a bike for visits, especially in urban areas where parking is an issue.

"When I got my own e-bike it completely revolutionised the way I travel and it got me thinking about how this could be supported at work. I have my own bike registered with Sustrans and it was while I was taking advantage of their services the conversation about an e-bike for work colleagues began."

The Tern e-bike the team was supplied through Spaces For People funding has a large fixed carrier and two large panniers on the back. Sustrans have also supplied helmets, high visibility jackets, a lock and safety information, and the team has been supported by local service providers with training and to get accustomed to carrying out routine safety checks.

Midwife Carol Bennet, who has used the bike most frequently of the small team of eight, commented: "It has been great to have exercise during the working day. It feels good to be out in the sun on the bike and it's great in and around the town on the cycle paths as well as a bit further afield. Even if it takes a bit longer for the longer journeys, it is really good not to have to spend time looking for a car parking space.

"I have had lots of lovely comments from people as I cycle by and Call the Midwife has been mentioned on occasion! It is really good for your wellbeing."

For NHS Grampian teams interested in using an e-bike or e-cargo bike, please contact Katrina at

Katrina.Schofield@nhs.scot



Picture: Carol Bennet (Midwife)

"You're the midwife no-one wants to meet, but I'm really glad I did"

NHS Grampian is part of a pilot for National Bereavement Care Pathways, a Scotland-wide project to improve the care and experiences of women and families who experience baby loss.

As part of Baby Loss Awareness Week, the health board's two bereavement support midwives – one based in Elgin and another in Aberdeen – shared insights into what they do and the support women and bereaved families can expect here in the North-east.

Marcia Dean, who is based at Dr Gray's, said: "One of the most important things we do is to act on any feedback from women and families, and ensure we continue to improve the care provided to others going through this difficult time. This sometimes includes changing the guidance we share with staff.

"We couldn't do our job without the excellent ward midwives and nurses we work alongside.

The care and compassion they provide to women and families is second-to-none."

Marcia adds: "I'll always remember one mum saying 'you're the midwife no-one wants to meet but I'm really glad I did.' That sums it up because we meet them at their deepest point and that journey can go on for years. We are always remembered and thanked for the role we had in their lives at such a difficult time.

"We understand the anxiety women may have in a future pregnancy and can be a continued point of contact for families. We can arrange early scans and blood tests in future pregnancies and are happy just being there for women for as long as they wish."

For further details of many charities who can support women and families experiencing baby loss, visit: Support for bereaved families – Birth in Grampian (scot.nhs.uk)

You can also reach us by emailing

gram.bereavementsupportmaternity@nhs.scot



Automated doors installation with a £50,000 cash investment

To help disabled patients and employees navigate the hospital more easily, an investment of £50,000 has been secured to enable the installation of automated doors at entrance and departure points throughout the internal hospital site.

The NHS Grampian Disability Discrimination Act Review Group (DDARG), receives a yearly funding and they are responsible for advancing the age and disability agendas / projects within NHS Grampian.

DDARG has a wide membership, with the majority being either members of local disability organisations or disabled persons themselves. For the benefit of other disabled individuals who visit NHS Grampian facilities, the group decides how budget funds should be allocated.

Four sets of double doors will be installed in the outpatient's department as part of the project, which will start during the 2022–2023 financial year and be overseen by Shona Battensby, Project Manager for NHS Grampian and Dr Gray's Business Support Manager, Angie McColl.

Automated double access doors will also be installed in the stroke rehab ward, high dependency unit, general medical ward, acute care of the elderly, and surgical ward 5.

Nigel Firth, Equality and diversity manager for NHS Grampian said: "We must consider the needs of visitors with disabilities across our hospital sites. Newer buildings have automatic doors built in, but we must continue to upgrade our older buildings which do not.

At Dr Gray's, Shona our project manager is doing a great job, supported by Angie, to bring the older areas of Dr Gray's up to the highest modern standards for disability access".

Project manager Shona added: "G&A Barnie Group, our contractors work hard each year to deliver these projects throughout NHS Grampian. It is a pleasure working with them and Nigel each year on DDARG funded schemes knowing we are making a difference."

Visit the digital Moray Health & Care News at nhsgrampian.org/drgraysnews



If you would like the opportunity to be more involved with NHS Grampian projects, please contact us at gram.involve@nhs.scot

Face-to-Face Moray Maternity Engagement

Face-to-face engagement around Moray maternity services was carried out by NHS Grampian Community Engagement Manager from October to December 2022. These information and feedback sessions were well received and took place at mother and baby groups at fifteen locations across Moray. Thank you to all who took the time to share their experiences and ideas which will help us to shape maternity services going forward, as part of Dr Gray's wider plan for the future.

If you would like to get in touch and share your experiences with our maternity Communication Engagement Manager, please email:

gram.maternityengagement@nhs.scot

Or if you wish to provide feedback on any aspect of the care you have received you can by visiting:

<https://www.birthingrampian.scot.nhs.uk/contact-us/>

Parent and Infant Mental Health Services (PIMHS)

Parent and Infant Mental Health Services (PIMHS) launched two new Grampian-wide referral pathways this year; Perinatal Mental Health and Maternity & Neonatal Psychological Intervention service. These are part of the national Perinatal Mental Health Network programme.

More information on PIMHS services can be found here / at: <https://www.nhsgrampian.org/service-hub/parent-and-infant-mental-health-services-pimhs/>