



MORAY NEWS

HEALTH & CARE



ISSUE 02 | October 2021

Dr Gray's Hospital and Health and Social Care Moray

Welcome message

Welcome to the second edition of Moray Health and Care News, which now encompasses the entirety of community health and social care and hospital services. Our thanks goes to those who offered feedback on the first issue of this newsletter.

The COVID-19 pandemic presents the greatest challenge health and care services have faced. We continue to work with the community to find the best solutions, and to explain why your services have had to change and adapt.



As our work to recover and remobilise during the current Covid wave continues, I am privileged as Chief Officer for Moray health and social care services to lead such a great team of dedicated folk working tirelessly in people's own homes, in our communities and in our hospitals.

Our whole system approach is the best way to plan and deliver services which meets the needs of our local communities. It is a work in progress and I hope that you will continue to share your views and ideas with us so we can create the best system we can, with you.

Simon Boker-Ingram

Moray Health Social Care Partnership Chief Officer.

NHS Grampian Plan for the Future 2022-2028

NHS Grampian is starting to look forward to the future and plan how we are going to rebuild our healthcare services after a challenging time during COVID-19. This plan for the future is what we call our Strategy.

The first stage of our public and staff engagement ran from 28 June until 31 August and has now closed. We have heard back from over 4000 people and groups which is amazing! Thank you to everyone who took the time to share their views, we are very grateful for your support.

We are now looking at your feedback and will be sharing what you have told us soon. We will be seeking your views again in the second stage of our engagement in October and November, so if you did not get a chance to contribute this time there will be other opportunities to do so.

If you would like to find out more about this work and how to get involved in the next stage of engagement please contact us via email at gram.involve@nhs.scot. There is also a dedicated website with updates and further information at www.nhsgrampian.org/strategy2022-2028.

Moray Vaccination Update.

At the time of print, 92.9%, of over 18's have received their first vaccine. This is fantastic news and we want to keep building on this good work with your help.

Anyone who is still to be first or second vaccinated, check out the website below or on NHS Grampian/ Dr Gray's social media for the most up-to-date timings.

We have now started our Autumn/ Winter Programme for flu and covid booster. Again please check out our website below as these are not being administered at GP surgeries this year.

We want to thank you all for your support, patience and most of all for doing such a great job in keeping each other and Moray Safe. #ProtectMoray
www.nhsgrampian.org/covid-19/covid-19-public-information

This publication is also available in other formats and languages on request. Please call Equality and Diversity on 01224 551116 or 01224 552245 or email: gram.communications@nhs.scot

Ask for publication CGD 200303

The Discharge to Assess Team

Discharge to Assess, also known as 'D2A', is a person-centred approach that supports the early discharge home of medically well patients after they have received their essential specialist care in hospital.

D2A service went live on 2nd August and the team have had a total of 24 patients, 17 of which have been discharged and two that have been referred on to the Community Rehab Team.

D2A ensure that people are assessed by the right person, at the right time and in the right environment. This means that patients are supported safely in their own homes and as a result avoid unnecessary re-admission to hospital.

D2A takes the time to get to know people, their motivations, their goals, and work alongside them providing them with the support to achieve those goals.

A qualified member of staff will complete an initial assessment and go on to identify patient's individual goals.

Health Care Support Workers will then support rehabilitation work with the patient, based on those goals with ongoing reviews by qualified staff to promote independence.

Patients have praised the service and said:

'I couldn't have done this without you...'

'It's so nice not to feel rushed...' and 'I couldn't have imagined being able to do this before you came...'

Team lead's for D2A service, Karen Erskine and Claire McCallum said "We are so excited to have this service in place and seeing the positive effect it has on our patient's lives".

Featured from left to right: - Hans Van Gestel (Physiotherapist) - Claire McCallum (Team Lead Occupational Therapist) - Lindsay Lee (Health Care Support Worker)- Sara Christie (Health Care Support Worker) - Rachel Duggan (Health Care Support Worker)- Allysha Stewart (Health Care Support Worker) - Joyce Situmorang (Health Care Support Worker) - Gemma Cormack (Occupational Therapist) - Linda Fletcher (Health Care Support Worker) - Karen Erskine (Team Lead Occupational Therapist)



Partners for change

Evidence tells us that people are at their happiest and healthiest when they live in their own homes, are well connected to their community and feel they have control over their own lives.

Care at Home has a vital role to play in enabling people to continue to live as independently as they can.

In November, Health & Social Care Moray will launch an innovative new model of home care focused on supporting people to achieve their outcomes and to have a good life. The model will see staff from Moray Council and partner Allied Healthcare working side by side to provide a more joined up service based on quality and purpose of care.

The new approach means we can support better lives for people and families and provide a more satisfying and productive work environment for staff.

If you are interested in opportunities to work in social care, email involvement@moray.gov.uk and we'll keep you updated on our latest vacancies.

The Golden Ward Round

In August 2018, Physiotherapists, Occupational Therapists (OTs), Nurses and Doctors working on the Acute Medical Assessment Unit (AMAU) realised an opportunity. As a team, we were seeing our patients at different times. There were multiple Physiotherapy and Occupational Therapist attendances daily to AMAU, duplication of assessment and multiple referrals were being made to the Hospital Discharge Team.

We decided we wanted to introduce a Consultant-led "Golden Ward Round" (GWR). This would enable the relevant professionals to jointly assess their patient together. Immediately we found this led to less duplication as everyone received the same information at the same time. Patient expectations were better managed through early focused decision making, and early safe discharge was planned by colleagues together.



Featured from left to right: Dawn Franklin (Advanced Nurse Practitioner), Emma McDonald (Occupational Therapist) Louise Millar (Consultant Physician Medicine), Nicola Duncan (Senior Staff Nurse AMAU)

In addition, we wanted to know whether the newly introduced Golden Ward Round led to changes in referral numbers, discharges and length of stay. We surveyed staff satisfaction where we looked at whether we could perform multi-disciplinary team patient assessment and whether the Golden Ward Round improved patient / team communication and patient experience.

The Golden Ward Round had great benefits to the patient and staff experience. Everyone knew of the detailed plan for each patient. There was a marked increase in same day Physiotherapy and Occupational Therapist discharges, and referrals to the Hospital Discharge Team were halved within 3 months. There was also a significant reduction in length of stay. Nursing staff felt their day was better managed and team communication was enhanced all round.

BONUS Video Content - [click to activate.](#)



Dr Gray's welcomes recruitment success with four new Consultant General Surgeons

During 2021, Dr Gray's Hospital has welcomed four Consultant General Surgeons to join its dedicated staff on a permanent basis. These new colleagues are Mr Mohamed Bekheit, Ms Eimear Monaghan, Ms Laura Nicol & Mr Hadrian Oltean-Petria. They deliver day-to-day care on hospital wards, provide emergency care to the people of Moray and contribute to NHS Grampian's provision of speciality and planned care.

General Surgery at Dr Gray's has not always been easy to recruit to, so to have all consultant vacancies filled is a great achievement.

This was helped by an innovative approach to attract candidates for the posts. Collaboration and support within NHS Grampian sites and with NHS Highland has allowed flexibility to encourage all appointees to develop speciality interests or access supportive mentoring. Advertising for the posts also highlighted Moray's unique potential for recreational activities and a good work/life balance.

The appointees were selected using a value-based interview process that matched their individual skills and values to those in the best interest of Dr Gray's Hospital and NHS Grampian. This is a new and modern approach aimed at establishing strong teams that foster development and commitment to the area they serve.

Upgrades to Radiology Services at Dr Gray's Hospital.

NHS Grampian has invested in state of the art software upgrades in the Radiology Department at Dr Gray's Hospital. These upgrades are guaranteed to help the ever-increasing demand on medical imaging and provide better patient care.

These upgrades include a new "C-arm" machine, named from the C-shaped arm attached to the machine that's used to take the images and can be used in operating theatres or within a clinic setting producing high-resolution X-ray images in "real time".

Additional features include two existing X-Ray rooms have new software installed to allow "stitching" of X-rays.

Stitching is combining multiple X-ray images to make a single high-resolution image. This requires nearly exact overlaps between images. The new software does this automatically and produces larger image results.

Mark Shannon, Radiology Manager at Dr Gray's said "software and equipment upgrades within radiology will ensure that we can continue to complete the high demands on medical imaging and do the best for our patients."



Developing a new carers strategy for Moray

Unpaid carers play a huge part in our communities and the care they provide to family and friends is incredibly important – even more so during the COVID-19 pandemic.

Health & Social Care Moray is working with carers and partner organisations to develop a new plan for how Moray's growing number of unpaid carers can be better supported over the next three years.

Help us understand what matters most by completing the online survey at <https://www.surveymonkey.co.uk/r/MorayCarersStrategy> which is open until 31 October 2021. Request a paper copy by emailing involvement@moray.gov.uk or call 07970 826897.

Joining up health and care across Moray

Everyone in Moray deserves to live well and everyone has a role to play in supporting the health and care services we all rely on.

Health & Social Care Moray is the integrated partnership bringing together Moray Council and NHS Grampian staff to jointly deliver a wide range of community health and social care services under the direction of the Moray Integration Joint Board.

Our mission is to ensure people get the best care and support whatever their needs, at the best time and in the best place. A key priority is our Home First approach to ensure people receive the care and support they need to continue their lives at home.

Getting it right for the people who use services and those who deliver them, takes a commitment to listening, learning and taking action together to achieve positive change. Connect with us by visiting our website <https://hscmoray.co.uk/get-involved.html> or email involvement@moray.gov.uk to find out more.

We love to share news about our work and you'll find lots of updates on our Health & Social Care Moray social media.



SPOTLIGHT

on a team member:



Lesley MacLeod
Nurse Practitioner
for Dr Gray's
Hospital

My name is Lesley MacLeod and I'm the Lead Advanced Nurse Practitioner for Dr Gray's Hospital. My role within the hospital is to support the team of Advanced Nurse Practitioners (ANPs) across medicine and surgical wards and developing their clinical knowledge and skills.

In August, I undertook the Faculty Training for the Mobile Skills Unit. This course was delivered at Forth Valley Hospital on the Mobile Skills Unit, which is a large vehicle that is equipped with simulation technology. Training was varied, from venepuncture and cannulation to running large scale simulations, for example, the care of a deteriorating patient. The Faculty Training was not only about delivering the session, the training included planning the session, delivering, briefing and debriefing participants before and after the practical scenarios. It helped us to understand how to achieve the best teaching sessions, to set personal objectives of the participants as well as the objectives for the actual session.

The reason I completed this course was to ensure that I can successfully develop teaching and training sessions for all my colleagues here at Dr Grays. This is a great asset for maintaining and developing the skills and knowledge my team of Advanced Nurse Practitioners require for their role.

Facilitating learning is one Pillar of Advanced Practice, so it is essential that myself and the team train in the art of delivering educational sessions to achieve this pillar of practice.

Visit the digital Moray Health & Care News at nhsgrampian.org/drgraysnews

If you would like to continue hearing about NHS Grampian news and development in Moray and beyond, please contact us at gram.involve@nhs.scot

for bonus content and our latest news!



SCAN ME