



Dear Parent/Carer

Grow Well Choices Early Years – an invitation to join in a session

Your child has been taking part in Grow Well Choices Early Years. The children have been learning about the importance of being healthy and making healthy lifestyle choices.

You are invited to come to the _____ to join in a session on the _____

The staff will be there to answer any questions you may have about Grow Well Choices Early Years. We will not be able to offer individualised advice for your child but may be able to direct you to someone who may help.

Yours faithfully,

.....

I will be able/unable to attend on the _____

(delete as appropriate)

My child is: _____ (please insert name of child)

Parents/Carers signature: _____

