

Going to Hospital.

Information for patients.



This version is based on original by NHS Grampian Learning Disability Service and NHS Lanarkshire Adult Learning Disability Service Acute Liaison Nurse Practitioner and Speech Therapy June 2008.

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About Hospital.

You can get there by:



Bus.



Car.



Taxi.



Ambulance.



Or patient transport.

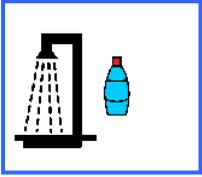


A carer or family member can help you to go to hospital.

Things you must take to hospital:



Shampoo.



Shower gel.



Soap &
Facecloth/sponge.



Toothbrush &
toothpaste.



Shaving kit or
electric razor.



Put all these things
in a small bag.



Nightdress or pyjamas.



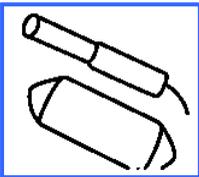
Dressing gown and slippers.



Brush or comb.



Tissues.



Sanitary towels/tampons.

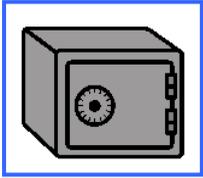


Medication.

More things you can take into hospital:



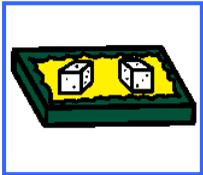
Money.



The nurse can lock away your valuable items in a safe place.



Books.



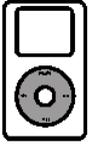
Games.



Puzzles.



Writing paper, envelopes and stamps.



You can take in your own CD player, MP3 or iPod to listen to music.



You must bring earphones.



Put all your things in a big bag.



Tell the nurse what you have in your bag.

Do NOT take these things to hospital:



A lot of money.



Jewellery.



Alcohol.

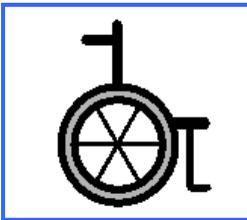


Smoking.

What to do when you get to hospital:



If you need help, go to the reception desk.



If you need a wheelchair they are at the main door.

Ward 49 Acute Medical Assessment Unit	
Ward 50 Cardiothoracic Unit	
Ward 51 Cardiothoracic High Dependency Unit	
Fifth floor	Wards 49, 50, 51 →
Fourth floor	Wards 46, 47, 48 →
Third floor	Wards 45, 46, 47, 48 → Dept of Psychological Medicine Pre-hospital Assessment Clinic
Second floor	Wards 42, 43, 44 Department of Otorhinolaryngology → Research Suite A
First floor	Ward 38 Plastic Surgery & Burns Unit Wards 40, E.E.G. / E.M.G.
Ground floor	Help or assistance → Café → Telephone → Dept of Nutrition and Dietetics →
Lower ground floor	Ward 34 Ward Theatre Suite → 2-Hr Reception → Self-Group Rooms → Cancer Clinic → Intensive Therapy Unit → Wardens Day Clinic →
Basement	Accident Centre Ward → Pharmacy Department → Waiting area → Loading docks →
Sub-basement	Physiotherapy Department → Kitchen →

The signs will help you to find the ward.



There are stairs to the wards.



There are lifts to the wards.



Ask for help.

What to do when you get to your ward:



Go to the reception desk.



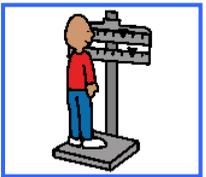
A nurse will ask you some questions.



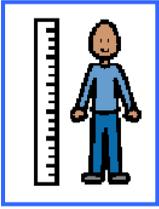
A nurse will show you to your bed.



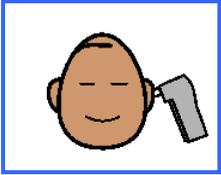
A nurse will check your:



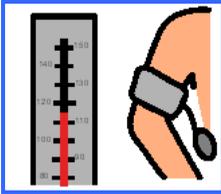
Weight.



Height.



Temperature.



Pulse and blood pressure.



Urine.



A doctor will see you.

The doctor will speak to you.

It will **NOT** be your own doctor.



Carers and family can visit you at visiting times.



They can phone you.



Ask a nurse if you need help to:



Go to the toilet.



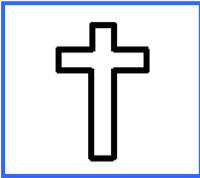
Use the phone.



Find the coffee shop.



Find the shops.

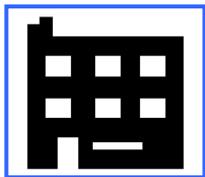


Find the chapel or prayer room.



Arrange to get religious support.

About the hospital.

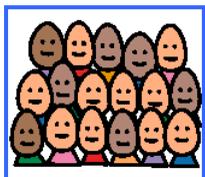


The hospital is:

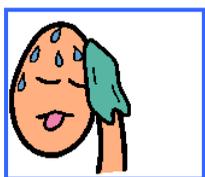
A large building.



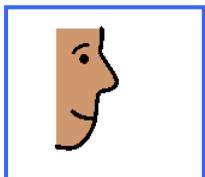
A noisy building.



A busy building.



A hot building.



The hospital has different smells.

People who work in the hospital.



Doctor.



Nurse.



Porters.



Doctors and nurses with different clothes.

More people who work in the hospital.



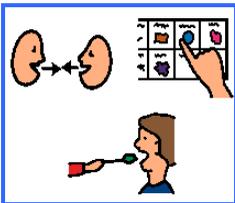
Cleaners.



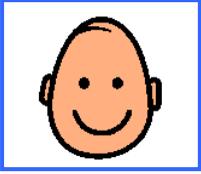
Physiotherapists.



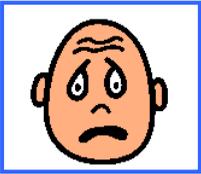
Occupational Therapists.



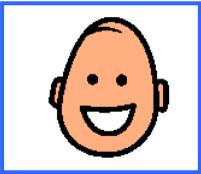
Speech and Language Therapists.



All these people will help you.



If you are worried tell someone.



If you are happy tell someone.

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