

Wednesday 23 November 2022

Industrial action – your questions answered While we have not yet received any formal notification of industrial action, we know many of you have questions about what might happen in the event of strikes. [A Q&A document has been prepared and is available to view here](#) (this link will take you to the library where all briefs are stored). This will be regularly updated as more information becomes available, so if you are printing copies, please ensure it is the most up to date version. If you think something is missing from the Q&A, please get in touch via gram.workforce@nhs.scot

In addition, [this short video](#) has been put together, to explain the situation as it stands. This is a helpful explainer, but we would encourage everyone to read the local Q&A, as it contains much more detail.

Multi-storey car park, Foresterhill Although initially developed as a patient-only facility, controls on the multi-storey car park have been temporarily relaxed. You may park there, as a member of staff, provided you use Level 6 and above only. The lower floors must be kept available for patients and/or visitors, especially those with limited mobility. If you, as a staff member, are coming on site for an appointment – or to escort someone else to an appointment – you should still park in Level 6 or above. Please help us keep this valued facility open and available to all who need to use it.

Core Discharge Document (CDD) drug library is changing The Core Discharge Document (CDD) is the drop-down list of drugs that you choose from when prescribing in CDD. Up until now this has been a static list of drugs which is occasionally missing items. As of next Tuesday (29 November) the library will be updated to reflect the current pharmacy stock control drug library. Thereafter, it will be automatically updated overnight, every night. The CDD drug library will be derived from the pharmacy stock control drug library, but it will not contain every single drug. It will pull a smaller list of drugs that have been marked “prescribable” by the HEPMA team. This change is in preparation for the implementation of HEPMA. Key points to remember:

- If a drug is not available in the CDD drug library, the details can be free typed into the box
- If a drug is not available in the CDD drug library and you think it should be, please complete this [form to let us know](#).
- A drug being available in the CDD drug library does not necessarily mean it is available to order as not all drugs will be in stock

Joint Wound Formulary event, Thainstone Centre, 7 December If you have booked a place for this event and are no longer able to attend, please cancel your ticket on Eventbrite as soon as possible. There is a waiting list of staff who would like to attend but have been unable to book due to the popularity of this event.

Egg & Sperm Donation – can you help? Hundreds of people in Scotland need the help of egg or sperm donors to give them the chance to become parents and the gift of starting a family. Donating your eggs or sperm requires careful consideration, but if it’s right for you then you have the potential to give the joy of starting a family to those people who need the help of donors to become parents.

Donor requirements:

- Aged 18–35 (egg donors) or aged 18-45 (sperm donors)
- Generally healthy with no significant illnesses or inherited diseases
- Be able to provide a biological family history
- A non-smoker
- Egg donors must have a BMI <30 and be able to commit to the programme for approximately 3 months
- Sperm donors must be able to make regular donations (10-20 donations) over a period of 3-6 months

If you think you could help by becoming a donor you can contact the Aberdeen fertility team directly: gram.afcdonation@nhs.scot

Delivering on the History of Delivery with Professor George G Youngson You are invited to join us at the next R&D seminar, where Prof Youngson will present the development of the recently released book, "Bringing Life to Aberdeen: A History of Maternity and Neonatal Services", which documents the history and development of midwifery and maternity services in the city. The seminar will take place on Tuesday 6 December, 12.30-1.30pm, Health Sciences Building Room 115, Foresterhill site. All welcome and refreshments will be provided. Please contact gram.randdtraining@nhs.scot to reserve your seat. [Please find details of future R&D seminars and recordings of previous seminars here.](#)

We Care Wellbeing Wednesday

- **Women's Health & Wellbeing Fair, Aberdeen** Attached to this email is a breakdown of events scheduled for the Women's Health and Wellbeing Fair which will be held on 29/30 November at the Richard Donald Function Suite, Pittodrie Stadium
- **Creative Mobile Unit arts sessions for NHSG staff** Grampian Hospitals Art Trust have a range of creative sessions available for staff aimed to support wellbeing. Sessions are delivered via Teams and tailored last between 15-20 minutes. There are 8 spaces available in each session to ensure everyone gets the most out of the workshop. Materials will be provided in advance. For more information [please click here](#) or email tamsin.greenlaw@nhs.scot with your NHS Email to book.

Lastly, we would like wish all celebrating a brilliant Healthcare Support Worker Day today and thank you for your consistent hard work!

Tune of the day Thanks to Mhairi Paton for today's request: [Nightshift by Bruce Springsteen](#) (and yes, that is The Boss covering The Commodores). Appropriately enough, on Healthcare Support Worker Day, it is dedicated to the Senior HCSWs in the Hospital at Night team in ARI, in recognition of the amazing work they do (EP).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot