

Here is the brief for Tuesday 1 June 2021.

Easing of restrictions The Scottish Government provided an update on the planned easing of restrictions earlier today, confirming that Aberdeen City, Aberdeenshire, and Moray will all move into Level 1 restrictions in the early hours of Saturday (5 June) morning. The full details on what life in Level 1 will look like are available on the [Scottish Government's online guide to Levels](#), but the key points are as follows:

- The number of people who can meet indoors, in private homes, rises to 6 people from 3 households. Overnight stays are permitted. Under 12s **do** count towards the total.
- The number of people who can meet in indoor public spaces, like cafes or restaurants, rises to 8, from 3 households. Under 12s **do** count towards the total.
- 12 people, from 12 households, can meet outside. Under 12s **do not** count towards the total.

The move to Level 1 is not happening consistently across Scotland; some areas will remain in Level 2 in light of current case numbers. The government have stressed that outdoor meetings remain safer, and continue to encourage everyone to access regular testing (and we have more on the staff testing programme below) and to come forward for vaccination when offered an appointment.

Twice weekly asymptomatic staff testing Thank you so much to everyone who took the time to complete the short survey on Lateral Flow Device (LFD) testing last week and for all the comments and suggestions for improvements to the process. LFD testing is a voluntary programme open to all staff and we are delighted that so many of you have chosen to test and to give us your feedback. Furthermore, we are hugely encouraged by the positive messages received regarding the programme.

We wanted to share some of what you said about testing:

- 'I'm grateful for the opportunity to test as it offers another layer of protection'
- 'I feel much better seeing friends and family'
- 'Peace of mind, not only for myself but for patients and staff also'
- 'Doing their bit'
- 'It's simple and reassuring'
- 'Professional responsibility'
- 'It's a doddle'
- 'System is now much easier'

Of course, we also acknowledge that we have some work to do, and the following are some points we are working on:

The National Team are working hard to resolve the known issues with the reporting portal, and we look forward to the new app they are developing and hoping to launch soon so please bear with us. In the

meantime, please register in the portal. It takes a wee while first time but thereafter it just takes seconds and we need to see those negative results too please.

Many of you were unsure if you were eligible to take part in LFD testing – all NHS staff are able to participate, whether or not their role involves direct patient contact.

We need to provide more information for you on why LFD testing is a good option – we've taken this on board and there will be much more to come on this.

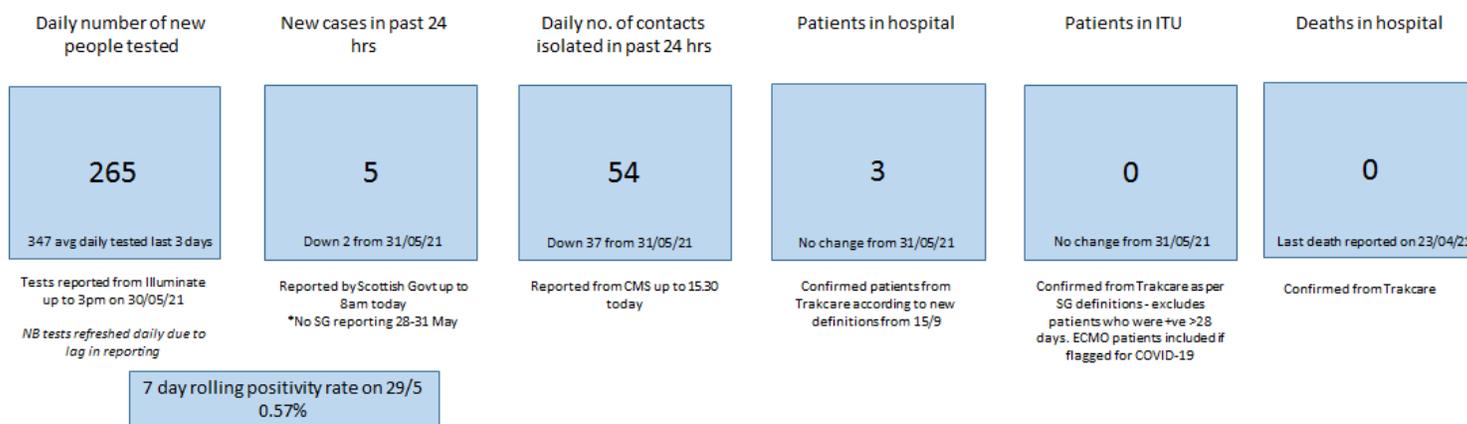
And finally, because many of you are still completing the [LFD testing survey](#) we have left it open for further feedback.

If you haven't already registered for your LFD kit and would like to, please follow the link below and complete the relevant staff link – and remember to always log your result, even if it's negative.

<https://www.nhsgrampian.org/covid-19/information-for-nhs-grampian-staff/subpages/lateral-flow-testing/>

COVID-19 vaccination – Aberdeen City staff programme The form for booking a vaccination via the staff programme will close at 5pm **this** Friday (4 June). Thereafter, we will not be accepting further requests for vaccination via the Staff Clinics. Team members who wish to be vaccinated and have not submitted a request by 4 June, will receive their offer for vaccination via the public vaccine programme. [This link will take you to the booking for the Aberdeen City staff vaccination programme.](#)

Grampian data The local figures for today and the 7-day rolling positivity rate are shown below. As a reminder, this rate is arrived at by dividing the number of positive tests in the past 7 days by the number of tests carried out in the past 7 days. Repeat tests are included in both categories, whereas the figures we show here only record new tests.



The Public Health Scotland daily dashboard is available to view [here](#).

NHS Grampian Celebrating Volunteers' Week 2021 It seems like only a moment ago we were writing messages of appreciation to our volunteers for Volunteers' Week 2020. At that time, we had been required to stand down our volunteer programmes and we really wanted to let our volunteers know how much we valued all their contributions and that we were looking forward to welcoming them back soon. We could not have known that a year later, our volunteer programmes would still be stood down as health boards across Scotland work hard to develop and plan for the safe return of volunteers. As this planning continues, we celebrate in 2021 by sending out messages of thanks to all volunteers. You can find out more Volunteers' Week by [visiting the volunteering page of the NHS Grampian website](#).

Tune of the day It's a two for the price of one special! As today sees the start of Volunteers' Week, [With a Little Help from my Friends](#) feels like the right choice for this.

Also, June is Pride month, celebrating the LGBTQ+ community, standing in solidarity and allyship, protesting the inequalities still faced, and remembering those no longer with us. Back in the 1990s, one [Billy Bragg penned Sexuality](#) (featuring the late, great Kirsty McColl) which we share with you today.

Get in touch! If you've got a question, an item to share with people working in health & social care, or just want to suggest a tune of the day, we want to hear from you! Drop us a line via gram.communications@nhs.scot.