

Here is the brief for Thursday 8 July 2021.

Asymptomatic Lateral Flow Device Testing As the number of positive cases remain far higher than we would wish, we want to remind everyone that vaccinations **and** testing together, are our best defence in preventing further spread of the virus. **Vaccination alone is not enough.** Those of us who are vaccinated can still, unknowingly, catch and spread the virus. This can result in serious and, in some cases, devastating illness at any age, even in younger people. These tests can help identify positive cases where no symptoms are experienced.

Distribution of the third round of testing kits is now underway – please remember to pick up yours!

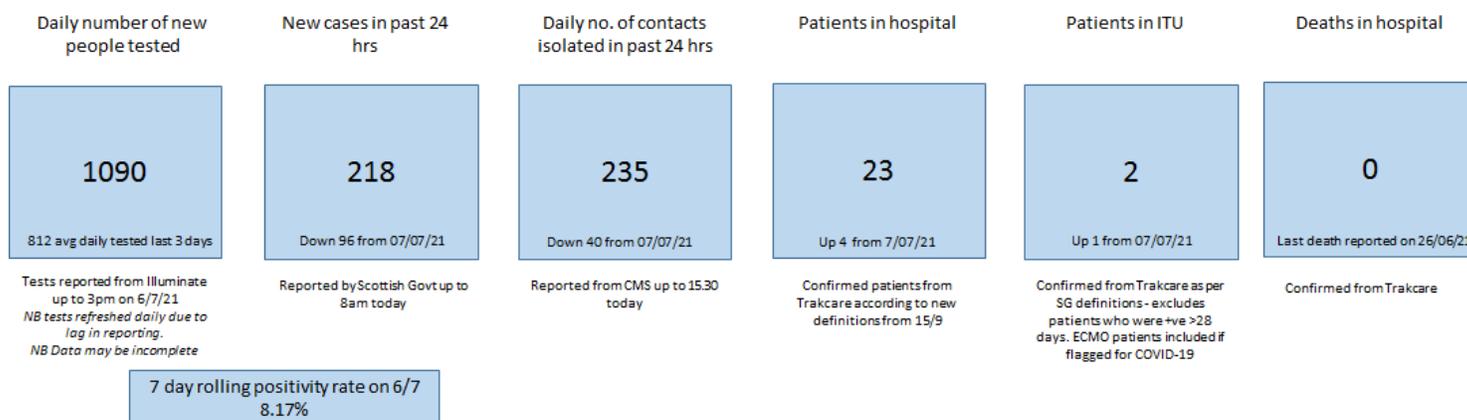
Important things to know:

- Continue testing whether on Annual Leave, working at home, off sick and/or vaccinated.
- [If you have not already started testing and wish to participate then clicking on this link will take you to the LFD testing page.](#) Just complete the appropriate form, depending on the area you work in.
- All new kit boxes are now supplied with a QR code to make it easier to upload and record all your results. We need to know all your results – the positive AND the negative - as this gives us a complete picture of the prevalence of the virus in the community.

Help protect your communities and loved ones by taking part in asymptomatic twice weekly testing. If you have further questions or experience any problems registering for your kit please contact gram.staffcovid19testing@nhs.scot

Thank you for your continued support and for choosing to test.

Grampian data Here is the local update for today, including the 7-day rolling positivity rate. As a reminder, this rate is arrived at by dividing the number of positive tests in the past 7 days by the number of tests carried out in the past 7 days. Repeat tests are included in both categories. The figure for the “daily number of new people tested” is only for the number of tests for people who have not been tested previously.



A national update is available on the [Public Health Scotland daily dashboard.](#)

Scottish Government update The First Minister and the Chief Medical Officer provided a brief update earlier today. During that, it was confirmed the Cabinet will meet next Tuesday morning to take a final decision on the planned move to Level 0 on 19 July, with a statement to parliament scheduled for Tuesday afternoon. Nicola Sturgeon highlighted that a move to Level 0 will not mean an immediate end to all COVID measures, citing face coverings, physical distancing, rigorous hand hygiene, and good ventilation as measures likely to remain in place for some time yet. It was also confirmed the policy on isolation for contacts of positive cases is under review – but at present all identified close contacts are still expected to self-isolate for 10 days.

DDiT Corporate Induction We are beginning to welcome our new Trainee Doctors to NHS Grampian. [Information on the Induction process and links to a range of presentations are available on the dedicated intranet page.](#) In addition, [information about rotations can also be accessed via the intranet.](#)

Please note both the above links are only accessible on networked devices.

Moray Discharge to Assess Recruitment into this new team is complete and it will be operational from Monday 2 August.

Who are we? We are an early supported discharge team who provide combined AHP and nursing assessment and goal focussed, person centred rehabilitation and treatment for patients in their own homes, following a hospital admission.

Our Key Ambitions

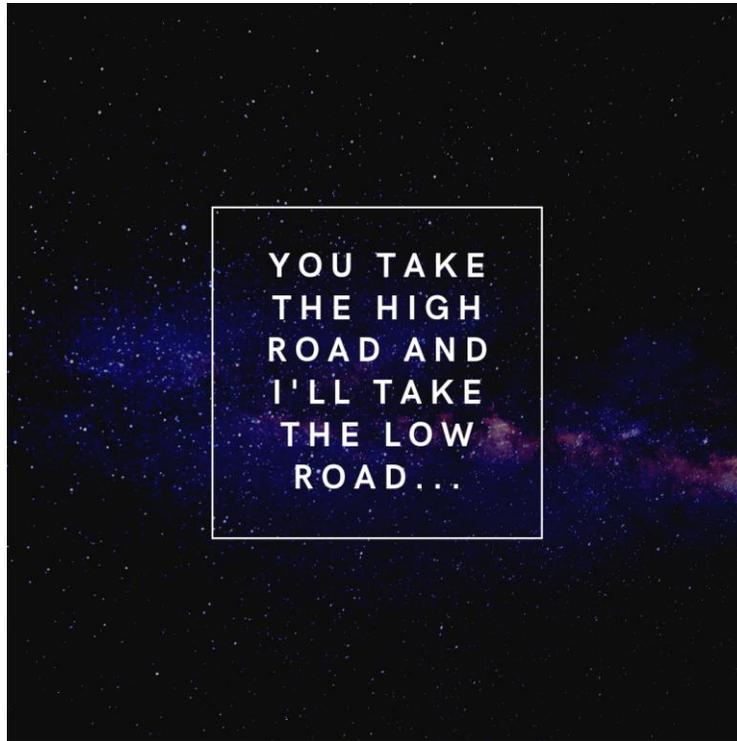
- Early supported discharge back home after essential specialist care.
- Minimise time spent in hospital.
- Maximise a person's independence and / or ability at home.
- Avoid unnecessary hospital attendance or admission.

Our Patient Criteria

- Resident of Moray aged 18 years and over.
- Medically stable with rapid diagnostics completed.
- Initial combined AHP assessment completed at Emergency Department front door/early on admission.
- Independently mobile with/without aids.
- Patient MUST consent.
- Anticipated short term assessment period of 2 weeks with ongoing rehabilitation goals – we are a therapist led service.
- Continence can be managed – independent with equipment/pads including overnight.
- Admission to hospital is likely to be detrimental to cognitive status.
- Beneficial if patient's family are supportive.

Please note: we are a Rehabilitation team, NOT a care provider. Contact us for further enquiries or to register interest in promotional sessions/materials - gram.moraydtoa@nhs.scot

Tune of the day Today's suggestion comes from Helen Sparks (Associate Practice Educator), and I am willing to bet it will evoke happy memories for many of you. It's [Loch Lomond by Runrig](#) – and let's be honest, is it even a Scottish wedding if the reception doesn't finish with this one?



Get in touch! If you've got a question, an item to share with people working in health & social care, or just want to suggest a tune of the day, we want to hear from you! Drop us a line via gram.communications@nhs.scot.