

The Baird Family Hospital and The ANCHOR Centre Project Newsletter

Issue 3 - December 2015

Project Update

The Baird and ANCHOR NPD Project Office is now well and truly up and running. In September this year we received approval to our Initial Agreement from the Scottish Government. This is the first of three stages when the project is validated to ensure that it will deliver the expected clinical service improvements.

The NPD Project Team is working on the next stage which is the Outline Business Case. It is due to be submitted for approval during January to March 2016. This is a substantial exercise for a £120 million project and, as part of this process, we are working with our Technical Advisors AECOM and their architects, Archial Norr, to produce the reference design (concept design) for the project.

Earlier this year, around 200 clinicians and operational staff were involved in over 60 workshops to develop the clinical strategies for these new facilities. This work is now nearing completion with the clinical and non-clinical (Soft Facilities Management) briefs, and Schedules of Accommodation all in the process of being developed and informing the reference design.

Clinical and operational staff are now involved in producing a detailed room data sheet for each room in the two buildings. A room data sheet must describe in detail everything that each room should contain, from e.g. the floor, wall and ceiling finishes, number of electrical and computer sockets, lighting and all furnishings and equipment. As you can imagine this is no small

undertaking for the 1,350 rooms across the two buildings.

Early next year we will advertise in the Official Journal of the European Union (OJEU) and other publications for firms interested in being among the three developers that we will work with over the next two years to progress the building design in much more detail. The developer who comes up with the best scheme will be selected to build the two buildings during 2018-2020.

Watch out for more information and updates on progress in future editions of this newsletter.

Jackie Bremner
Project Director

Project Team

The NPD Project Team has gained five new members since the last Newsletter and is now fully staffed. Both Alun Williams, Project Manager and Fiona Clark, Project Team Secretary, joined us in September closely followed by Vicky Lightbody, Development Manager, in October. Harry Shepherd and Colin Gray have also joined the team as Technical Advisors; they will work with the Project Team one day per week in the interim as well as working on other NHSG infrastructure projects.

This issue's focus is on Rachael Little and Anna Rist who are the Project Team contacts for NHSG staff and the public respectively.

The Team:

- Julie Anderson, Finance Manager
- Carolyn Annand, Nurse Lead, ANCHOR Centre (Nurse Manager)
- Jackie Bremner, Project Director
- Louise Budge, Service Project Manager (ANCHOR Centre)
- Fiona Clark, Project Team Secretary
- Colin Gray, Technical Advisor
- Professor Mike Greaves, Clinical Lead, ANCHOR Centre (Haematologist)
- Vicky Lightbody, Development Manager
- Andrew McArdle, Facilities Project Manager
- Margaret Meredith, Nurse Lead, The Baird (Nurse Manager)
- Dr Mike Munro, Clinical Lead, The Baird (Consultant Neonatologist)
- Andy Oliver, Commercial Manager
- Jane Raitt, Midwifery Lead, The Baird (Midwifery Manager)
- Anna Rist, Public Involvement Officer
- Lily Ross, Project Team Secretary
- Harry Shepherd, Technical Advisor
- Graeme Smith, Senior Responsible Officer (Director of Modernisation)
- Gail Thomson, Service Project Manager (The Baird)
- Alun Williams, Project Manager

Our Partnership Representative for the project is Rachael Little.

Focus on

Rachael Little and Anna Rist

Rachael began employment in NHS Grampian as a Podiatrist working within Aberdeen City in June 2003. She has experience from a variety of roles in Podiatry and Health Improvement and was elected as Full Time AHP Partnership Representative in 2014. In March 2015, she joined The Baird Family Hospital and The ANCHOR Centre Project Team as its Partnership Representative. The role of Partnership in any project group is to ensure the NHS Scotland Staff Governance Standards are included in the planning process. NHS Boards must demonstrate

that staff are well informed; appropriately trained and developed; involved in decisions; and treated fairly and consistently, with dignity and respect, in an environment where diversity is valued. Staff must also be provided with a continuously improving and safe working environment, promoting the health and wellbeing of staff, patients and the wider community.

Anna has previously worked in various supporting and educational roles, Third Sector and NHS, in maternity and cancer care before joining the Project Team as Public Involvement Officer. With a background in Linguistics and Psychology, Anna appreciates the importance of effective communication for keeping patients, NHS Grampian staff and the general public up to date with news regarding both developments. She is excited by the scope of public involvement in this project and the opportunities for local people to influence, for example, the redesign of clinical services, patient pathways and the environment of care. Anna is keen to hear from anyone interesting in getting involved at anna.rist@nhs.net.



Spotlight on the Neonatal Services

Each edition of this newsletter will focus on a clinical service which will be part of The Baird Family Hospital or The ANCHOR Centre. Here is a brief description of Neonatal Services and what we aim to provide in the new hospital to help to improve services.

The Aberdeen Neonatal Unit provides tertiary Neonatal Services for Grampian as well as the North of Scotland and admits around 900 babies each year. The unit currently has 37 cots, of which 17 are designated for intensive/high dependency care.

The existing unit in Aberdeen Maternity Hospital was opened by Lady Astor in 1988 and was funded through public donations. The Friends of the Special Nursery are a charitable organisation associated with the unit and helped raise almost a million pounds to fund the building of the unit. The Friends continue to fundraise (www.specialnursery.org/).

When opened, the unit was the most state of the art neonatal facility in Scotland and something that the people of Aberdeen could rightly be proud of. Time has taken its toll on the building and the unit now lags behind the rest of Scotland in terms of facilities and space. Neonatology has advanced as the unit has aged, with babies of 23 weeks gestation and weighing less than 500 grams now routinely surviving. The resources required to help these babies are huge in terms of staff and equipment, all of which require more space.

The new unit will address the lack of space and will also have a focus on flexibility. This means that any of the 16 cots designated for Intensive Therapy Unit or High Dependency Unit will have exactly the same design and floor space allowing the neonatal team to cope with unexpected spikes in demand for

ITU or HDU cots. This is something that challenges the existing unit.

Apart from providing more clinical space with all the associated benefits around patient safety and infection control, the new Neonatal Unit will also bring many other benefits to Neonatal Services. Chief amongst these will be the creation of a Transitional Care area, something that the existing service simply does not have. Transitional care will include 10 purpose built rooms where parents can stay 24/7 and spend time with their babies prior to discharge. Combined with the rooms in the patient hotel, this will mean that parents will not have to leave their baby because they live a distance away and there is nowhere for them to stay. It will truly be a family centered tertiary service for all in the North of Scotland.

The benefits of Transitional Care for mothers and babies are obvious and will also help the unit to achieve and maintain the UNICEF Baby Friendly status. Transitional Care will be adjacent to, but discrete, from the Neonatal Unit. Thus parents will have a feeling of independence when caring for their baby but support will always be available close by should they require it. Whilst cutting down on the separation of parents from their babies, the new Neonatal Unit will also require fewer special care beds despite predicted demand growing in the future. Likewise, fewer postnatal ward beds will be required in The Baird Family Hospital for babies completing, for example, a course of antibiotics. These babies will finish their care along with their mother in Transitional Care.

Another very obvious benefit will be a bridge link between the Children's Hospital and the new Baird Family Hospital. Currently, when babies require neonatal surgery or specialist imaging, they have to be transported in an ambulance with a dedicated transport team. In the new Neonatal Unit, theatre and

imaging will be a short distance away via the bridge link and ambulances will no longer be required. This will benefit patient safety and save money in staff time and ambulance costs. The new Neonatal Unit will address all of these problems in its design. Indeed the new unit will be double the size of the current unit in line with the most up-to-date national neo-natal space standards.

The benefits are too numerous to mention in a brief newsletter but it is fair to say that the Neonatal Team cannot wait to move into the new facility in The Baird Family Hospital when once again Aberdeen and Grampian will have the most state of the art neonatal facility in Scotland.

Dr Mike Munro
Consultant Neonatologist
Project Clinical Lead, The Baird Family
Hospital

Involvement: Launch of Communication and Involvement Groups

Communicating with and involving patients and the general public is a key priority for the project, building on the considerable amount of engagement which has been carried out to date during clinical strategy workshops.

Establishing Communication and Involvement Groups for both The Baird Family Hospital and The ANCHOR Centre forms part of the Communication and Involvement Framework approved recently by the Project Board. These groups will be just one way of keeping patients and the public updated on the project, as well as providing opportunities for public involvement to help influence how the project evolves in terms of e.g. service design and operation.

The first meetings were held in November 2015. The Baird Group met on the 11 November and included patient

representatives as well as attendance from the Sands charity and Infertility Network UK. A representative from the Scottish Health Council is also a member of the group to advise on public engagement throughout the project.

For The ANCHOR Centre, a drop-in session was held on the 18 November at CLAN House. Of the members of the general public who attended, there was a mixture of individuals who have experienced the ANCHOR services personally or through family members.

The groups will meet again during January 2016. The Project Team would be delighted to hear from members of staff if there are suggestions of other ways we can successfully engage with patients and the general public.

Gail Thomson
Service Project Manager

Find us now on Social Media - @bairdANCHOR!

The Baird Family Hospital and The ANCHOR Centre Project now has a Facebook account at www.facebook.com/bairdANCHOR as well as a Twitter account [@bairdANCHOR](https://twitter.com/bairdANCHOR). Like, follow and retweet our news and events to stay up-to-date with the latest developments.

A dedicated website for the project is also being set up and will be available in a few weeks.

Find out more

This newsletter is also available in large print, other formats and other languages, on request. Please contact Lily on 01224 559531 for a copy.