

The Baird Family Hospital and The ANCHOR Centre Project Newsletter

ISSUE 6 – DECEMBER 2016

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Project News

PROJECT UPDATE

By Jackie Bremner, Project Director

The Baird and ANCHOR Project continues to be on track to be completed as planned during 2020.

The project team have been really busy over the last few months and as a result work to recruit a Principal Supply Chain Partner (PSCP), the contractor and design team for the project, is now complete. GRAHAM Construction was appointed on 21 November 2016. In addition, work to appoint the joint cost advisor for the project is also now complete: Currie & Brown, who are already working with us on other projects on the Foresterhill Health Campus, were appointed in October 2016.

We held a PSCP Launch Event in the Suttie Centre on Thursday 1 December 2016. Around 40 people including representatives from NHSG, Graham Construction and Currie & Brown participated in the event. The aim of the event was to begin to get to know each other and to agree key activities to be completed during the coming months. On Friday 2 December, project team members met with the design team to agree a plan for stakeholder involvement and design development over the next 3 - 6 months.

Additionally, plans are being put in place to prepare to submit the Outline Business Case for approval in the spring of 2017 and the full planning application in the summer of 2017.

During recent weeks the project team have continued to hold staff awareness sessions in Aberdeen. They also visited Inverness in November 2016 to meet with NHS Highland colleagues and 3rd sector partners such as the Maggie's Centre following on from the successful visits to NHS Orkney, NHS Shetland and the Aberdeenshire Health and Social Care Partnership (HSCP) earlier in the autumn.

During these very valuable visits the team met clinical, management and voluntary sector colleagues to tell them about the

project and to get their feedback to help to shape the services delivered from the new facilities.

The next few months are going to be very busy and exciting for all involved in the project. Please watch out for the next issue of the Newsletter where there will be more news. Each edition of the Newsletter going forward will reveal more detail regarding the new facilities as we progress the development of the design for The Baird Family Hospital and The ANCHOR Centre.



Jackie Bremner with Baird and ANCHOR clinicians welcomes GRAHAM Construction Regional Director Gary Holmes and his colleagues into the project team.



The new project team with NHS Grampian, GRAHAM Construction and Currie & Brown colleagues all together – there are quite a few of us!

OUR DIGITAL PLATFORMS: SOCIAL MEDIA AND DEDICATED WEBSITE

By Anna Rist, Public Involvement Officer

The project's Facebook and Twitter accounts are growing in likes and followers daily! Whilst these accounts are primarily for sharing information about project developments and activities, we are also increasingly using them to highlight local news items that are relevant to the Baird and ANCHOR services. For example, in recent weeks we have shared news on cutting-edge research in Reproductive Medicine done locally at the University of Aberdeen and improvements achieved in reducing stillbirth rates in Grampian to record low rates following an information campaign.

We are also keen to post about our local Third Sector partners' campaigns and the results of their fundraising – such as the Friends of ANCHOR funding for 2 endoscopes worth £32,000 for the Gastroenterology Department in Aberdeen Royal Infirmary.

Please follow us on Social Media for latest project news and opportunities to get involved – and invite your friends to like our pages too. Help us reach 500 likes by New Year!



[@bairdANCHOR](https://twitter.com/bairdANCHOR)



www.facebook.com/bairdANCHOR

Dedicated project website now also available at www.bairdanchor.org



Ross Donaldson

FB is a great thing at times - I didn't know a thing about this. Looking forward to hearing more :)

16 September · Like · 1 · Reply



The Baird Family Hospital an...

Hi Ross, that is great to hear! If you would like to hear more about the project and to be added to our Newsletter mailing list, please contact Anna at anna.rist@nhs.net :)



Linda Alison Bennet

Thank you so much for getting back to me, and I'd be delighted to get involved 😊, I'll drop Anna an email. I think single en suite sounds fantastic, can imagine big benefits all round for everyone. It's difficult having to cope with an intimate health issue when you're sharing a living space with other ladies, so having a separate room would make such a difference in terms of dignity and privacy.

PUBLIC INVOLVEMENT ACTIVITIES

By Anna Rist, Public Involvement Officer

The project team continues to actively engage with patients, staff and the general public. We are keen to speak to any groups or individuals to get your views on how services could be improved in our two facilities. We are also especially keen to get your comments as we develop our final designs with GRAHAM Construction in early 2017. Here are some of the things that have kept us busy since our last newsletter.

For most of November, we conducted surveys on the kinds of food, beverage and other retail opportunities that you would like to see in The Baird Family Hospital and The ANCHOR Centre. This is to help us include provisions for the right kinds of facilities in the final plans for both buildings. We used a variety of methods to get as many people involved as possible: online questionnaires, a Viewpoint touch screen survey machine and paper copy questionnaires for staff who have limited PC access. In total we have received hundreds of responses and are currently analysing the results – watch this space!

In early November, our team went to see the Gynaecological Cancer support group at Maggie's Aberdeen to get their input on the Baird reference design. Our service project managers, Gail Thomson and Louise Budge, also travelled to Inverness to meet with NHS Highland staff and to visit Maggie's Inverness to raise awareness of our project.

We also attended the Grampian Maternity Services Liaison Committee for a brief update at the end of November and plan to hold a dedicated MSLC meeting in early 2017 so that committee members can have their say on the emerging final designs for the Baird.

In October, the Project Team was visited by Malcolm Wright, NHS Grampian Chief Executive, and Stephen Logan, Chairman of NHS Grampian, who wanted to find out in detail about our public and staff involvement activities to date. Both were very complimentary about our approaches to stakeholder engagement. They also told us that the Scottish Government views our project as 'exemplary' in the way we have gone above and beyond statutory public

involvement requirements. This was a great boost for our team – we will continue

to ‘listen to patients to build for patients’!

Baird News

FOCUS ON THE BAIRD TEAM: JANE RAITT (PROJECT MIDWIFE), MARGARET MEREDITH (PROJECT NURSE) AND DR MIKE MUNRO (CLINICAL LEAD)



Baird Clinical Lead Dr Mike Munro with Project Midwife Jane Raitt – our Project Nurse Margaret Meredith was on leave and missed out on the photo shoot.

Jane Raitt joined the Project Team half time in early 2015 as the Lead Midwife representing maternity services for the Baird Family Hospital Project. Jane spent 15 years as a Clinical Midwife gaining skills and expertise across a range of maternity

services in England, latterly as a Labour Ward Senior Midwife and Coordinator before moving to Grampian in 2006. Jane progressed into clinical midwifery management in 2009 and over the last seven years has managed community and acute inpatient maternity services across NHS Grampian. Jane gained her MSc in Midwifery Led Practice with distinction in 2010, and played an active role in the strategic review of maternity services in Grampian between 2010 and 2012.

In addition to her project role, Jane continues to work as an inpatient midwifery manager for Labour Ward, Midwives Unit and Westburn Ward in Aberdeen Maternity Hospital. Jane is married to Mark and has 2 children Joseph (19) and Jordan (16).

Margaret Meredith is the Project Nurse in the Baird Family Hospital Project Team along with her role of Nurse Manager for Gynaecology, Breast and Reproductive

Medicine. Having worked in the gynaecology department since 1998, Margaret has been involved in service redesign during the amalgamation of the 2 gynaecology and breast wards, relocation of the gynaecology/breast ward to the Orange Zone in 2014 as part of the Acute Reconfiguration Programme and integration of the nursing teams in the Aberdeen Centre of Reproductive Medicine.

Since joining the Project Team early last year, service improvements for The Baird Family Hospital have been identified across Gynaecology, Breast and Reproductive Medicine. While some cannot be realised until the move into the new location, others can be implemented in the time leading up to this time. Communication with the clinical teams and supporting and enabling them to achieve service improvements in their areas is pivotal to Margaret's role. Margaret is married to Steve and has two daughters, Holly (32) and Julie (29), as well as four grandchildren Leah, Ava, Josh and Aaron.

Mike has worked in the NHS for 27 years. He was brought up in Edinburgh but went on to study medicine in Aberdeen, graduating in 1989. He completed his specialist training in neonatology in Australia, becoming the first Ritchie Research Fellow based at the Monash University in Melbourne. His research interests, developed there, include near infrared spectroscopy and its use in imaging the preterm baby's brain.

Mike returned from Australia to take up a neonatal consultant post in Aberdeen in 2000 and ultimately became the clinical lead for newborn services in Grampian. Whilst Mike's lead role has always been predominantly clinical, he led on plans to extend and redesign Aberdeen's neonatal unit's clinical facilities. These were shelved when NHS Grampian announced the Baird and ANCHOR project and in December 2014 Mike was appointed to the clinical lead post for the Baird Family Hospital project. He is married to Jo and has 4 children: Blair (21), Alex (19), Anna (17) and Freddie (11).

Please let us know if you would like to be on our Newsletter Distribution List by emailing the Project Team at anna.rist@nhs.net

ANCHOR News

SPOTLIGHT ON ONCOLOGY AND HAEMATOLOGY SERVICES IN THE ANCHOR CENTRE

By Professor Mike Greaves, ANCHOR Clinical Lead and Carolyn Annand, ANCHOR Project Nurse

The ANCHOR development provides a welcome and timely opportunity to enhance considerably the experience of outpatients who benefit from Haematology and Oncology specialist care. This comes at a time when, largely due to an aging population, the case load in these services is increasing at a rapid rate. For example current estimates for new cancer diagnoses in Scotland suggest an increase of around 11% every 5 years, and it has been forecast that by 2040 almost one quarter of over 65-year-olds will be cancer survivors, many requiring long-term follow up. It is likely that increased capacity to meet the needs of patients with non-malignant haematological conditions will be required also.

These predictions have been used in our planning to ensure that the new ANCHOR Centre will be fit for purpose and sustainable. However new, state-of-the-art facilities are only one aspect of this essential planning for the future. Currently the clinical services are provided in no less

than seven separate locations (Clinic D, Clinic E, Ward 307, Ward 310, inpatient wards 112 and 114 and the Radiotherapy Centre.) Patients benefit already from the excellent inpatient and radiotherapy environments and the new development will bring the outpatient facilities up to the highest standards for optimal delivery of patient care including medication preparation and delivery, all on one site. This will facilitate seamless working of Haematology and Oncology services in the most modern environment to the benefit of patients and staff alike.

The design and construction phase of the project is providing ample time for consultation on carefully considered service redesign to further enhance patient care and meet demands. For example, there are opportunities to extend some aspects of care in the community, enhance the implementation of nurse-led clinics, to make more intelligent use of information technology in patient follow-up and the

development of hybrid roles for support staff.

Our aim is to take these opportunities to facilitate the optimal delivery of patient-

centred clinical care whilst maintaining patient dignity in the most welcoming and non-threatening environment achievable.

Other News

SPARKLE OFF – FESTIVE FUN FOR A GOOD CAUSE!

By Anna Rist, Public Involvement Officer

This festive season, the Baird and ANCHOR project team is participating in the Teenage Cancer Trust's #SparkleOff fundraiser! We are decorating our project offices to truly reflect the seasonal spirit and ask all our colleagues and partners to donate £2 towards the Teenage Cancer Trust, our partners in delivering teenage and young adult services in The ANCHOR Centre, in return.

Any contributions you can donate will make a difference as the Teenage Cancer Trust needs to raise a substantial £2,850 a day to maintain its services in Scotland. Please make your donations through our Just Giving page at www.justgiving.com/bairdANCHORxmas and GiftAid your donation if possible.

RUMOUR HAS IT!

In all big projects, there can sometimes be misinformation about project facts. Some of these rumours take on a life of their own. This section in future newsletters will try to respond to the rumour mill, at least the ones the Project Team hears about!

Heard on the grapevine...

- **There are concerns that our new facilities will not meet statutory building standards (eg Health Building Notes), nor meet standards required by organizations such as The Healthcare Environment Inspectorate.**

The Project Team would like to reassure staff that both The Baird and The ANCHOR developments will be constructed and designed to comply with all of the mandatory standards, achieving the aim of modern buildings to support high-class clinical care.