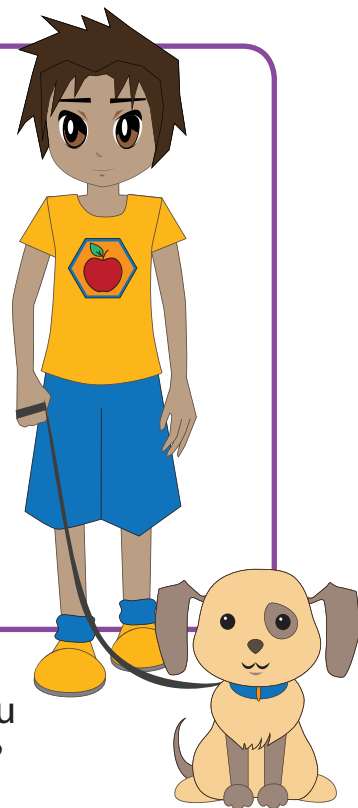




Name:

Class:

My physical activity choice is to:



Think about **what** you are going to do? **When** you are going to do it? And **who** is going to help you?

My healthy snack choice is to:

