



Moray Maternity Services - Model 4

(Model 4: Community Maternity Unit linked mainly to Raigmore “Moray Networked Model”)

A Draft Joint Plan with NHS Grampian and NHS Highland

In March 2022, the Cabinet Secretary announced that consultant-led services will be delivered in Dr Gray’s Hospital, Elgin. Until these services are fully available, a ‘Moray Networked Model’ should be put in place with networked services available by December 2023.

NHS Grampian and NHS Highland are committed to making this happen and are working collaboratively to plan and implement the necessary changes with our population, workforce and partners. The model will ensure that women in Moray have access to safe, high quality, fully supported maternity and neonatal services.

The table below sets out what the differences will be for women in Moray and when those changes will take effect.

Area of Maternity Care	What we have now	What we will have	What needs to change	When it will be completed
Choice of Place of Birth	<p>Women in Moray can choose between</p> <ul style="list-style-type: none"> • Midwife-Led birth in Dr Gray’s Hospital • Midwife Led birth in Aberdeen Maternity Hospital • Consultant – Led birth in Aberdeen Maternity Hospital • Home birth 	<p>Women in Moray will be able to choose between</p> <ul style="list-style-type: none"> • Midwife-Led birth in Dr Gray’s Hospital • Midwife Led birth in Aberdeen Maternity Hospital • Midwife – Led birth in Raigmore Hospital • Consultant – Led birth in Aberdeen Maternity Hospital • Consultant – Led birth in Raigmore Hospital • Home birth 	<ul style="list-style-type: none"> • Upgraded facilities in Raigmore Hospital to make sure the hospital has the capacity for women who choose to give birth in Raigmore Hospital. <ul style="list-style-type: none"> ○ Continue to work with our staff to design the new facilities ○ Develop a plan for temporary relocation of existing unit ○ Refurbish our facilities then relocate from temporary unit to new unit • Make sure we have enough staff in Raigmore Hospital to deliver clinically safe, quality services <ul style="list-style-type: none"> ○ Advertise and recruit to get additional midwives, consultants, nurses 	<ul style="list-style-type: none"> • December 2023 • December 2023

			and AHPs along with other key and support staff	
Antenatal Care - Planned and Unplanned	<ul style="list-style-type: none"> • Antenatal care that is delivered mainly by Midwives, but supported by consultants in Dr Gray's Hospital and Aberdeen Maternity Hospital. • Maternity Triage 24 hours a day delivered by Midwives supported by on call obstetrician for emergencies • Antenatal Day Assessment services supported by obstetricians 	<ul style="list-style-type: none"> • Antenatal care that is delivered mainly by Midwives, but supported by consultants in Dr Gray's Hospital, Aberdeen Maternity Hospital and Raigmore Hospital as close to home as possible • Maternity Triage 24 hours a day delivered by Midwives • Care closer to home in Moray for women who require input from a Fetal Medicine Specialist. • Expanded Antenatal Day Assessment supported by obstetricians. • Reduced travel to Aberdeen for antenatal care 	<ul style="list-style-type: none"> • Scope the flexibility of existing workforce to deliver antenatal care as close to home as possible in a networked model • Develop the Fetal Medicine service in Dr Gray's Hospital • Scope expansions to the antenatal day assessment provision 	<ul style="list-style-type: none"> • December 2023 • Scoping complete Autumn 2022 • Scoping complete Autumn 2022
Midwife-Led Births	<ul style="list-style-type: none"> • Midwife-Led births in Dr Gray's Hospital. This is a hybrid model with contingency emergency support from local consultants on a 24/7 basis. Women with intrapartum complications which are 	<ul style="list-style-type: none"> • Midwife –Led births in Dr Gray's Hospital. This is a nationally recognised, evidence based Midwife – Led model of care where all women with intrapartum complications transfer to the agreed consultant unit 	Continue to ensure that women have all the information they need to make informed choices about their place of birth.	Already in place; Midwives have discussions early in pregnancy to provide information on choices of type and place of

	<p>time-critical, transfer to Raigmore Hospital. Transfers which are not time critical transfer to Aberdeen Maternity Hospital.</p>	<p>in Aberdeen Maternity Hospital or Raigmore Hospital.</p> <ul style="list-style-type: none"> ● Tertiary support will also be available in Aberdeen Maternity Hospital if required. 		<p>birth to support women to make decisions. Information is also available on the Birth in Grampian website.</p>
<p>Consultant-Led Births</p>	<p>Consultant-Led births in Aberdeen Maternity Hospital</p>	<p>Choice of</p> <ul style="list-style-type: none"> ○ Consultant Led births in Aberdeen Maternity Hospital ○ Consultant Led births in Raigmore Hospital 	<ul style="list-style-type: none"> ● Recruit additional staff in Raigmore Hospital to accommodate the extra births as described in the choice section above. ● Provide high quality information to women which supports informed choice. 	<ul style="list-style-type: none"> ● December 2023 ● Already in place; Midwives have discussions early in pregnancy to provide information on choices of type and place of birth to support women to

				<p>make decisions. Information is also available on the Birth in Grampian website.</p>
<p>Elective Caesarean Sections</p>	<p>Women from Moray can choose to have an elective caesarean section in Aberdeen Maternity Hospital.</p>	<p>Women from Moray can choose to have an elective caesarean section in Aberdeen Maternity Hospital.</p>	<ul style="list-style-type: none"> • Develop the physical and clinical staffing infrastructure in Dr Gray's Hospital to provide elective sections as a safe option. This will be considered as part of Model 6 planning and is likely to include additional staffing, additional training and potentially additional space for high dependency care. • Consider how we could develop a service that offers the choice for the women of Moray to have elective sections within Raigmore Hospital in the future 	<ul style="list-style-type: none"> • The timeframe for Model 4 is not sufficient for the level of development. This will be offered as part of Model 6. • December 2023

What might delay this happening?	What are we doing about it?
<p>Before full implementation we need to make sure we have appropriate staffing in place to deliver safe and effective care</p>	<ul style="list-style-type: none"> • We are working with NHS Education for Scotland to support our increased workforce requirements • We are ensuring we get the maximum amount of places available on the accelerated training for Midwives • Advertising to attract people to come and work in NHS Highland • Ensuring we get the full business case completed so that funding is received as quickly as possible to allow us to begin recruitment
<p>The way Raigmore hospital is refurbished to make it a safe and comfortable place for the women and their family</p>	<ul style="list-style-type: none"> • Ensuring we have a good plan so we continue to have a clinically safe temporary maternity and neonatal unit while we refurbish our current unit • Making sure we are working with our construction colleagues to forward plan if any delays are experienced in the refurbishment period • We will work collaboratively to ensure we are reviewing the number of Moray women choosing to give birth in Raigmore so we have enough room
<p>Being able to offer safe elective caesarean sections in Dr Gray's depends on having lots of other services and skilled staff available that won't be available by December 2023</p>	<ul style="list-style-type: none"> • This will be available as part of implementation of Model 6 and we are working on when we can deliver that • We are working on our plan of how to get to Model 6 and how to overcome the recruitment challenges • Until we get there we will work together to consider how we might be able to offer elective sections in Raigmore Hospital for Moray women • This will require further planning and possible changes to the Model 4 plan to allow this to happen safely

For further information please contact Christina.cameron@nhs.scot for NHS Grampian or Lorraine.cowie@nhs.scot for NHS Highland