

# Campaign Calendar

# 2022

## January

Dry January,

[www.alcoholconcern.org.uk/dry-january](http://www.alcoholconcern.org.uk/dry-january)

**14<sup>th</sup> January**, STIQ Awareness Day

[www.stiq.co.uk](http://www.stiq.co.uk)

**17<sup>th</sup>-23<sup>rd</sup> January**, Cervical Cancer Prevention Week

[www.jostrust.org.uk](http://www.jostrust.org.uk)

## February

National Heart Month

[www.bhf.org.uk](http://www.bhf.org.uk)

**4<sup>th</sup> February**, World Cancer Day

[www.worldcancerday.org](http://www.worldcancerday.org)

**4<sup>th</sup> February**, Time to Talk Day

[www.time-to-change.org.uk](http://www.time-to-change.org.uk)

**8<sup>th</sup> February**, Safer Internet Day

[www.saferinternet.org.uk/safer-internet-day](http://www.saferinternet.org.uk/safer-internet-day)

**15<sup>th</sup>-21<sup>st</sup> February**, OCD Week of Action

[www.ocdaction.org.uk](http://www.ocdaction.org.uk)

**28<sup>th</sup> February**, Rare Disease Day

[www.rarediseaseday.org](http://www.rarediseaseday.org)

## March

Ovarian Cancer Awareness Month

<https://targetovariancancer.org.uk/>

**28<sup>th</sup> Feb– 6<sup>th</sup> March**, Eating Disorder Awareness Week

[www.beateatingdisorders.org.uk/edaw](http://www.beateatingdisorders.org.uk/edaw)

**18<sup>th</sup> March**, World Sleep Day

[www.worldsleepday.org](http://www.worldsleepday.org)

**14<sup>th</sup>-20<sup>th</sup> March**, Nutrition and Hydration Week

[www.nutritionandhydrationweek.co.uk](http://www.nutritionandhydrationweek.co.uk)

**20<sup>th</sup> March**, World Oral Health Day

[www.worldoralhealthday.org](http://www.worldoralhealthday.org)

**24<sup>th</sup> March**, World Tuberculosis Day

[www.stoptb.org](http://www.stoptb.org)

**26<sup>th</sup> March**, Epilepsy Awareness Purple Day

<https://www.epilepsy.org.uk/purple>

**18<sup>th</sup>-27<sup>th</sup> March**, Climate Week North East

<https://www.climateweekaberdeen.org/>

**21<sup>st</sup> March to 1<sup>st</sup> April**, Sustrans Big Pedal

<https://www.sustrans.org.uk/>

## April

Bowel Cancer Awareness Month

[www.bowelcanceruk.org.uk](http://www.bowelcanceruk.org.uk)

World Autism Month

[www.autismspeaks.org](http://www.autismspeaks.org)

Stress Awareness Month

<https://www.stress.org.uk/>

**7<sup>th</sup> April**, World Health Day

[www.who.int](http://www.who.int)

**11<sup>th</sup> April**, Parkinson's Awareness Day

[www.parkinsons.org.uk](http://www.parkinsons.org.uk)

**16<sup>th</sup> April**, Pyjamas for PANCAN

[www.pancreaticcanceraction.org](http://www.pancreaticcanceraction.org)

**17<sup>th</sup> April**, World Haemophilia Day

[www.haemophilia.org.uk](http://www.haemophilia.org.uk)

**18<sup>th</sup>-24<sup>th</sup> April**, MS Awareness Week

[www.mssociety.org.uk/](http://www.mssociety.org.uk/)

**28<sup>th</sup> April**, On Your Feet Britain

[www.onyourfeetday.com](http://www.onyourfeetday.com)

## May

Action on Stroke Month

[www.stroke.org.uk](http://www.stroke.org.uk)

National Walking Month

[www.livingstreets.org.uk](http://www.livingstreets.org.uk)

**4<sup>th</sup> May**, World Asthma Day

<http://worldasthmaday.org/>

**6<sup>th</sup> May – 12<sup>th</sup> June**, Bike Week

<https://www.cyclinguk.org/bikeweek>

**10<sup>th</sup> May**, World Lupus Day

[www.lupusuk.org.uk](http://www.lupusuk.org.uk)

**15<sup>th</sup> – 22<sup>nd</sup> May**, Dementia Action Week

[www.alzheimers.org.uk](http://www.alzheimers.org.uk)

**10<sup>th</sup> – 16<sup>th</sup> May**, Mental Health Awareness Week

[www.mentalhealth.org.uk](http://www.mentalhealth.org.uk)

## June

7<sup>th</sup> – 13<sup>th</sup> June, Carers Week  
<https://www.carersweek.org/>

10<sup>th</sup>-17<sup>th</sup> June, Diabetes Week  
[www.diabetes.org.uk](http://www.diabetes.org.uk)

14<sup>th</sup> June, World Blood Donor Day  
[www.who.int](http://www.who.int)

17<sup>th</sup> June, Clean Air Day  
[www.cleanairday.org.uk](http://www.cleanairday.org.uk)

17<sup>th</sup>–23<sup>rd</sup> June, Cervical Screening Awareness Week  
[www.jostrust.org.uk](http://www.jostrust.org.uk)

13<sup>th</sup>-19<sup>th</sup> June, Men's Health Week  
[www.menshealthforum.org.uk](http://www.menshealthforum.org.uk)

21<sup>st</sup> June, MND Awareness Day  
[www.mndassociation.org](http://www.mndassociation.org)

## July

5<sup>th</sup> - 11<sup>th</sup> July, National Hygiene Week  
<https://thehygienebank.com/>

28<sup>th</sup> July, World Hepatitis Day  
[www.worldhepatitisday.org](http://www.worldhepatitisday.org)

## August

Psoriasis Awareness Month,  
[www.psoriasis.org](http://www.psoriasis.org)

1<sup>st</sup> – 7<sup>th</sup> August, World Breast Feeding Week  
[www.worldbreastfeedingweek.org](http://www.worldbreastfeedingweek.org)

4<sup>th</sup> August, Cycle to Work Day  
<https://www.cycletoworkday.org>

25<sup>th</sup> – 31<sup>st</sup> August, Black Breastfeeding Week  
<https://blackbreastfeedingweek.org/>

## September

National Blood Cancer Awareness Month  
[www.bloodwise.org.uk](http://www.bloodwise.org.uk)

Urology Awareness Month,  
[www.theurologyfoundation.org](http://www.theurologyfoundation.org)

6<sup>th</sup>-12<sup>th</sup> September, Organ Donation Week  
[www.organdonation.nhs.uk](http://www.organdonation.nhs.uk)

6<sup>th</sup>-12<sup>th</sup> September, Know Your Numbers Week  
<http://www.bloodpressureuk.org/>

10<sup>th</sup> September, World Suicide Prevention Day  
[www.iasp.info](http://www.iasp.info)

13<sup>th</sup> September, World Sepsis Day  
<https://www.worldsepsisday.org>

21<sup>st</sup> September, World Alzheimer Day  
<https://www.alzheimers.org.uk/>

23<sup>rd</sup> -30<sup>th</sup> September, National Eye Health Week  
[www.visionmatters.org.uk](http://www.visionmatters.org.uk)

## October

Breast Cancer Awareness Month  
[www.breastcancernow.org](http://www.breastcancernow.org)

ADHD Awareness Month  
<https://add.org/>

Stoptober  
<https://www.nhs.uk/better-health/quit-smoking/>

Sober October  
<https://www.gosober.org.uk/>

9<sup>th</sup>-15<sup>th</sup> October, Baby Loss Awareness Week  
[www.babyloss-awareness.org](http://www.babyloss-awareness.org)

10<sup>th</sup> October, World Mental Health Day  
[www.mentalhealth.org.uk/get-involved](http://www.mentalhealth.org.uk/get-involved)

15<sup>th</sup> October, World Hygiene Day  
<https://www.who.int/campaigns/world-hand-hygiene-day/2021>

20<sup>th</sup> October, World Osteoporosis Day  
[www.worldosteoporosisday.org](http://www.worldosteoporosisday.org)

30<sup>th</sup> October - 6<sup>th</sup> November, International Brain Tumour Awareness week  
[www.theibta.org/awareness-raising](http://www.theibta.org/awareness-raising)

## November

Lung Cancer Awareness Month,  
[www.roycastle.org](http://www.roycastle.org)

Movember – Men's Health  
<https://uk.movember.com/>

Pancreatic Cancer Awareness Month  
<https://www.pancreaticcancer.org.uk/>

UK Stress Awareness Month  
[www.isma.org.uk](http://www.isma.org.uk)

15<sup>th</sup>- 19<sup>th</sup> November, Anti-Bullying Week  
[www.anti-bullyingalliance.org.uk/anti-bullying-week](http://www.anti-bullyingalliance.org.uk/anti-bullying-week)

14<sup>th</sup> November, World Diabetes Day  
[www.idf.org](http://www.idf.org)

11<sup>th</sup> – 16<sup>th</sup> November Alcohol Awareness Week  
[www.alcoholchange.org.uk](http://www.alcoholchange.org.uk)

25<sup>th</sup> November - 10<sup>th</sup> December, 16 Day of Action  
[www.16daysofaction.co.uk/the-campaign](http://www.16daysofaction.co.uk/the-campaign)

## December

Bowel Cancer Awareness Month,  
[www.bowelcanceruk.org.uk](http://www.bowelcanceruk.org.uk)

1<sup>st</sup> December, World Aids Day  
[www.worldaidsday.org](http://www.worldaidsday.org)

1<sup>st</sup>-7<sup>th</sup> December, Anger Awareness Week  
[www.healthassured.orgc](http://www.healthassured.orgc)