

What is a unit of ALCOHOL?



28 units

Bottle of spirits; whisky, vodka, gin, rum etc.

Single (pub) measure of spirits; whisky, vodka, gin, rum etc.



1 unit

Standard bottle of premium strength lager/beer.

1.7 units



Pint of lager, beer or ale.

2.3 units



2.8 units

Pint of lager, beer, ale or cider.

1.5 units



Champagne or sparkling wine.



3.2 units

Large glass of wine.

1.4 units



Bottle of alcopop.

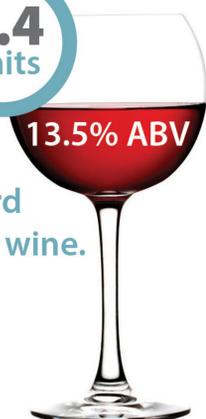
Bottle of average strength wine.

10.1 units



2.4 units

Standard glass of wine.



Bottle of fruit cider.

2 units

