

Wednesday 9 September 2026

Car parking at Foresterhill – ANPR system go live As a reminder, a numberplate recognition system will go live across staff car parks at Foresterhill next Monday (14 September). Introducing this system is a condition of the temporary planning consent, for the multi-storey car park, allowing staff to use Level 6 and above. This system will collect information about car park usage and compare it to our digital registration scheme. The scheme remains open and you can use [the form available at this link to register](#). Registering confirms your wish to use staff car parking at Foresterhill. It does not guarantee you a space.

The ANPR system will enable us to monitor car park usage, deal with challenges quickly, and, we hope, enable us to demonstrate the multi-storey car park can operate on a shared basis without detriment to patients and visitors. As a more general reminder, all spaces on all sites designated as Blue Badge or ambulance are for those vehicles only; no exceptions. No-one should be parking on double yellow lines or in hatched areas.

Medical equipment procurement reminder Patient-applied medical equipment, such as blood pressure monitors, ECG machines, beds, hoists, or ventilators, must not be purchased directly by departments or clinical areas. All medical equipment purchases should be discussed with the MEMS procurement team before any order is placed.

This ensures procurement through approved contracts, and proper maintenance, warranty, and recall management, meaning equipment can be safely managed throughout its lifecycle.

To start a request, please contact gram.nme@nhs.scot. MEMS will assess the requirement, manage the procurement process, and ensure the equipment is appropriately commissioned and added to the Asset Register where required.

If you are unsure whether an item is classed as medical equipment, please contact MEMS before purchasing. Early engagement helps ensure patient safety, compliance, and best value for NHS Grampian.

Grampian respiratory MCN educational event The next event in this series is scheduled to take place from 9am – 12.30pm on Wednesday 7 October in the Garioch Heritage Centre, Inverurie. To register for this event, [please complete the form available via this link](#). Please note the event programme is the same as the one taking place in Dunbarney House, Elgin on Wednesday 30 September. Please ensure you only book onto one event.

FASD Awareness Day Today marks International Fetal Alcohol Spectrum Disorder (FASD) Awareness Day. [Follow this link to read a briefing from Alcohol Focus Scotland](#); describes the prevalence and impact of this preventable condition, as well as how to raise awareness of the risks. FASD affects people throughout their lives, with 90% of those impacted experiencing mental health problems.

Parental Employability Fund NHS Grampian has secured Scottish Government funding to deliver 20 paid placements for parents across Grampian. The programme will provide a supported pathway into health care employment, combining confidence building, skills development, work experience and wraparound employability support. Participants will initially undertake supported supernumerary placements, with opportunities to progress towards suitable employment where available. The programme will also support NHS Grampian's commitment to our work as an anchor organisation reducing child poverty, widening access to employment and developing sustainable local workforce pipelines. Information sessions to follow.

Scottish Learning Disability Week – rights, communication, and person-centred care Good communication underpins safe, effective, and compassionate care. People with learning disabilities may communicate in different ways and may require information to be adapted to meet their needs. Here are some helpful resources:

- The Mental Welfare Commission for Scotland has expert guidance on rights, participation, supported decision-making and person-centred practice, [all available via this link](#).
- [The video available at this link](#) shares a parent's experience of supporting their son through a visit to the Emergency Department and highlights the importance of adapting your communication, reasonable adjustments and person-centred care.
- Ask if someone has a hospital passport. They provide essential information about communication needs, preferences, and reasonable adjustments, helping you to deliver safe and person-centred care.

Whose job is it anyway? When risk escalates, collaboration matters On Wednesday 30 September (1-4pm), health and social care professionals are invited to join colleagues from across Grampian for a virtual multi-agency Adult Support and Protection learning event. This engaging session will explore key findings from the recently published Southport Inquiry and consider what they mean for local practice. Bringing together expert speakers from across sectors, the event will highlight how effective information sharing, collaboration, and professional curiosity help build a clearer picture of risk and vulnerability. Gain clarity, build confidence, and strengthen your practice while helping to improve outcomes for adults at risk and our wider communities. [Please follow this link to register for the event](#).

Cycling UK event – 30 September, ARI Keen cyclists and novices alike are welcome to pop along to this free event on Wednesday 30 September on the grass bank between ARI and Ashgrove House. There will be free bike maintenance from Dr. Bike, a chance to try out eBikes, and the opportunity to learn more about the support Cycling UK can offer. No need to book, just pop along. Questions? Please contact gram.activetravel@nhs.scot

Wellbeing, Culture, and Development Wednesday Changes in seasons often bring changes at work too, whether that's new priorities, team changes, new starters, colleagues moving on, or simply adjusting after annual leave. Transitions, big or small, can affect how people feel and work. A simple conversation, a quick catch-up, or offering support can make a real difference. By staying connected and looking out for one another, we can help create a positive and supportive environment for everyone.

Wellbeing Talks Don't miss our final Wellbeing Talks of 2026. From financial wellbeing to festive fun, there's something for everyone. [Details are available via this link](#).

For more information on any of these items or to raise any queries, please contact the team via gram.wcd@nhs.scot

Tune of the day A midweek mellow moment, courtesy of Nick Drake and [Time Of No Reply](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.dailybrief@nhs.scot