

Daily Brief...



Thursday 9 October 2025

External review With the external review due to be published later today, a second 'special' edition of the Daily Brief will be winging its way to you soon. Thank you to all who attended the drop-in session with chief executive yesterday. There will be further opportunities to engage as things progress.

Reduced Working Week A reminder that the MS Form is now live for submissions from services for their implementation plans for the reduction of the working week. Some new resources have been added to support colleagues with this process:

- Hours Lost Calculator
- RWW presentation

All resources and information relating to RWW can be found here: [Reduced Working Week – Phase 2 Implementation](#). If you have any additional questions, please contact gram.RWW@nhs.scot

Adrenal Crisis – recognition, prevention, and treatment A 20-minute eLearning course is available on Turas to support any clinical staff treating people who receive steroid therapy and hold a Steroid Emergency Card. This course will enable them to identify people at risk of an adrenal crisis and correctly identify signs and symptoms. This will help prevent an adrenal crisis when prompt treatment is administered. [To complete this course, follow this link](#) (log-in required) or search 'Adrenal crisis: recognition, prevention and treatment' on Turas. Further information on treatment is available here: [Adrenal crisis | Society for Endocrinology](#) For specialist advice email the Endocrine Specialist Nurses gram.steroidadvice@nhs.scot

NMAHP Celebrating Excellence event – spaces still available! We're excited to invite you to the 25th Celebrating Excellence Event on Thursday 6 November at Elgin City Football Club. This inspiring day brings together nurses, midwives, AHPs and HCSWs to share and celebrate good practice across NHS Grampian. Speaker slots are now full, but we still have poster presentation spaces available. Not sure about presenting? No problem! You're warmly invited to attend, listen, learn, and connect with colleagues. A wide range of topics will be covered, including:

- Celebrating 100 Years of Occupational Therapy
- Improving nutritional care delivery through audit and staff engagement at DGH
- Exploring the views and experience of pre-procedural pregnancy testing in females aged 12–15
- International recruitment of registered nurses in Mental Health and Learning Disability Services
- Implementing goal setting on Philorth Ward, Fraserburgh Hospital

To register, [please follow this link](#). If you'd like to present a poster, guidance is available via the registration link. This event is kindly supported by NHS Grampian Charity.

Challenge Poverty week People can feel overwhelmed by the cost-of-living crisis. We can access support for ourselves or refer patients we are working with to access help and support which enables people to take the first step in talking through money worries. The Healthpoint team are here to help:

- Call us free on 08085 20 20 30
- Email gram.healthpoint@nhs.scot
- Text the word 'INFO' to 82727
- Visit us at the Healthpoint at the ARI or DGH for in-person support

Learn more about qualitative research methods A Qualitative Research Methods Workshop will take place on Tuesday 4 November, from 10am to 12noon in the Medical Physics Building, D2 Workshop at Foresterhill. The session will be led by Dr Louisa Lawrie (Lecturer) and Emma Berry (Research Fellow) - both Institute of Applied Health Sciences, University of Aberdeen. Booking is essential. Please email gram.randdtraining@nhs.scot

Respiratory MCN winter event Registration is now open for the Grampian Respiratory MCN winter event 2025 taking place on Wednesday 12 November, hosted on MS Teams, 9.15am-12pm. The session will cover a range of topics to support your patients with respiratory conditions this winter. This will include preschool child with cough, a Grampian respiratory update, chronic disease review template update, lifestyle medicines, and COPD exacerbations and bundle. [Booking is via this link.](#)

Introduction to communication aids The Speech and Language Therapy team at RACH would like to invite you to a communication training session on Monday 17 November from 2.30pm - 3.30pm in seminar room 3 at RACH. This is for any staff who work at RACH who wish to learn more about the role of SLT, how to support the children you care for, and an introduction to using communication aids. Please [use this link to book your place.](#)

Laboratory Medicine UKAS update The laboratories within NHS Grampian have now successfully undergone the merger of their individual UKAS numbers into a combined single number - 8140. This merger has allowed the streamlining of our UKAS accreditation to ISO 15189:2022, improved the efficiency of UKAS audits and offered financial savings. Users of the laboratory services will not be affected by this change and the quality service offered by Laboratory Medicine will continue. Should you have any questions regarding this merger then please contact Glenn Ross, Laboratory Directorate Quality Manager by emailing glen.ross@nhs.scot

First Psychology Community Clinic A new, low-cost counselling clinic is now available to all in NHS Grampian. Individuals can benefit from face-to-face sessions at their base in Aberdeen City Centre or online. Session costs are chosen by client, from £5-£25 per session, and up to 20 sessions are available per person. Find out more: [Community Clinic - First Psychology Training](#)

Tune of the day Today would have been John Lennon's 85th birthday. Wow. I think it warrants double tune time; we can't go without the classic [Imagine](#), and here's also [Gimme Some Truth](#), for something a little different. As always, take care of yourselves (KJ).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot