

# Daily Brief...



Monday 9 June 2025

---

**Fraud – a crime with consequences** Fraud by employees, whether intentional or unintentional, large or small, is a serious concern. Working with the Counter Fraud Service, we have robust arrangements in place to raise awareness, identify, and investigate fraud. Last week, four men were sentenced to a combined 29 years in prison for fraud, bribery and corruption against NHS Scotland, including NHS Grampian. In his summing up, trial judge Lord Arthurson highlights why we should not tolerate fraud:

*‘Such is the corrosive effect of corruption upon commercial and public life, and upon public confidence in these areas of our civic society, that individuals such as yourselves who readily engage in it should expect to be treated robustly by the court.’*

Fraud isn't limited to high profile cases such as this one. Any kind of fraud wastes public money and this is unacceptable. Julie Anderson is our local fraud liaison officer; she can be contacted via, [julie.anderson24@nhs.scot](mailto:julie.anderson24@nhs.scot) or you can call the national fraud reporting line on 08000 15 16 28.

**Fire safety training success** We've been sharing regular reminders in this brief about completion of fire safety training. Following focused efforts and dedication in response to the last inspection at DGH the team there have achieved an impressive **87.22%** compliance rate for this training as of last Friday. This marks a significant step forward in our ongoing commitment to safety and excellence. A huge thank you to everyone involved for their hard work and continued focus. Efforts are ongoing to further enhance and maintain this achievement, ensuring they keep safety at the heart of everything we do.

Not sure where to find the fire safety training? [It's right here on Turas \(log-in required\)](#).

**Second class only for outgoing mail** Outgoing external mail may only be sent second class. There are no exceptions to this policy.

As a gentle reminder, please do not place items of personal mail in with outgoing business mail, or have personal items delivered to work. The portering team handle thousands of items every day and personal post adds an unnecessary burden.

**Paediatric MTC education sessions** The next event in this series will take place this Thursday (12 June) between 12-1pm. The topic this time is traumatic brain injuries. To request the joining link, please email [gram.nosmtc@nhs.scot](mailto:gram.nosmtc@nhs.scot)

**Diabetes Awareness Week** 4.3 million people in the UK are living with a diagnosis of diabetes. It is a complicated condition which can take many different forms. To mark Diabetes Awareness Week, the specialist nursing team have arranged two information stands:

- Wednesday 11 June, 10am-3pm, Aberdeen City Vaccination & Wellbeing Hub, Bon Accord Centre
- Thursday 12 June, 10am-2pm, ARI Rotunda

Please share these dates and times, and the open invitation to pop along and have a chat with our expert team.

**Carers Week 2025** The theme for this year's event, beginning today, is "Caring About Equality" focusing on the inequalities faced by unpaid carers. Millions of people across the UK care, unpaid, for a friend or family member who due to illness, disability, a mental health condition or addiction cannot cope without their support. We are proud to have achieved the 'Engaged' level of the Carers Positive Award.

The Carers Leave Act 2024 means employees are entitled to one week's unpaid leave per year if providing or arranging care for someone with a long-term care need. The NHS Scotland special leave policy covers carers leave and provides for 1 week of **paid** leave. More information is available here: [Special Leave Policy Overview | NHS Scotland](#) Details of local events to mark Carers Week are available here (intranet link, networked devices only): [Carers Week 2025](#)

**Poetry Blether** The last Poetry Blether session of this current run will take place on Wednesday 18 June at 12noon. Poetry Blether is a relaxed, 'words for wellbeing' session. It is peer-led so there are no poetry 'experts' in the room and no prior experience or expertise in using poetry for wellbeing is expected of any participant. The only thing you need is pen and paper within easy reach. Our theme for this session is 'Holding on, Letting go'. Find out more in [NHSG Libraries - Poetry Blether](#) and email [gram.drgrayslibrary@nhs.scot](mailto:gram.drgrayslibrary@nhs.scot) for the joining link

**Free Zumba at the Suttie Centre** A reminder there is a free Zumba class tonight and every Monday in the Suttie Centre (Room 217), Foresterhill, 6.15-7.15pm. More information here: [Pages - Zumba](#) (networked devices only). No need to book, just turn up! Queries to [gram.sports@nhs.scot](mailto:gram.sports@nhs.scot)

**Pause for thought** On being cross or at a crossroads; by crossing the road and considering the situation from the perspective of those on the other side of the road, what might you see?

**Tune of the day** Viv and Debra, part of the admin teams at RACH and in the neonatal unit respectively, recently held a fundraising coffee morning in aid of Maggie's Aberdeen. They were blown away by the generosity of colleagues and want to express their gratitude via [Thank You For Being A Friend](#) by Andrew Gold.

I'm also feeling thankful for all the colleagues who took part in the annual Grampian Pride parade on Saturday. The rain held off (just) and the city centre was once again a riot of colour. For all involved, here's The O'Jays and [Love Train](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)