

Daily Brief...



Monday 8 June 2026

Ask Laura [In the latest episode of Ask Laura, available via this link](#), Laura shares updates and discusses a range of topics currently affecting staff across NHS Grampian. To help you find the sections most relevant to you, we've included timestamps below, simply follow the relevant link:

00:00 [Introductions and update since the last Ask Laura](#)

03:13 [Microsoft Co-pilot and AI](#)

05:20 [Display Screen Equipment \(DSE\)](#)

07:20 [Women's health and gynaecology](#)

11:28 [Heating and temperatures](#)

13:55 [Please check the pockets of your scrubs](#)

14:43 [Shout-out to our linen services team](#)

Got a question or feedback? If you have a topic you'd like Laura to cover in a future session, please email gram.communications@nhs.scot. Let us know if you'd prefer your question to be asked anonymously.

iMatter – survey closes today This is your final chance to take part in the iMatter survey and have your say about working in the NHS. The survey will close at 5pm today. The more people who take part, the more meaningful our results will be, so get involved and share your views.

Additional public holiday As a reminder, NHS boards will observe the 'World Cup' public holiday next Monday (15 June). A Q&A providing [further detail can be read via this link](#).

Changes to Basic Life Support Training We are moving basic life support (BLS) training to a hybrid approach. Instead of a fully classroom-based session, learners will complete an e-learning package to cover the knowledge component in their own time, followed by a shorter, practical assessment with a cascade trainer.

[The e-learning is now live on Turas and can be accessed via this link](#). During the transition period, cascade trainers may deliver either the new hybrid approach or the existing classroom-based method. Please check with your clinical area cascade trainer to confirm which format will be used. From 1 January 2027, **all BLS training** will move fully to the hybrid model.

ICYMI – Robertson Family Roof Garden A reminder the Robertson Family Roof Garden at ARI is open for use by patients and relatives between 7am-9pm daily. Time sensitive use of the garden may be facilitated out of hours via staff swipe badges, but otherwise the garden is closed overnight.

Echocardiography test requests – move to TrakCare From next Tuesday (16 June), all echocardiography test requests must be submitted using TrakCare. This applies to:

- Outpatient echo requests for ARI and Dr Gray's Cardiac Physiology Departments
- Inpatient echo requests for Dr Gray's (ARI inpatient echo requests are already submitted via TrakCare).

The request form can be found in TrakCare under Investigations > PFT/Cardiology. Please ensure all echo requests are submitted via this route. Training support for using TrakCare Order Comms is [available via this Turas link if required](#). Referring clinicians should use the patient's EPR to see appointment status updates. A request order status of 'Appointment booked' indicates this has been vetted and accepted; it **does not** confirm an appointment has been booked. This change supports a consistent and safe referral process, and your support during this transition is appreciated.

Reminder - ARI Orange Zone Café to become rest area From Monday 29 June 2026, the Orange Zone Café in ARI will transition from a retail café to a dedicated staff rest area. It will be available 24/7 with vending machine provision (to be installed after 29 June) and microwaves for use if required. There will no longer be a staffed café service. The catering team will continue to have responsibility for cleaning, ensuring the space is welcoming and well maintained. To recap, the following catering units are available across ARI:

- Pink Zone Cafe. Open Monday-Friday, 7.30am-2.30pm. Serving hot meals, paninis, toasties, sandwiches, salads, hot and cold drinks, and snacks.
- Aroma Cairngorm. Open Monday-Friday, 8am-6pm, and Saturday/Sunday, 8.30am-7pm. Serving hot meals, paninis, toasties, sandwiches, salads, hot and cold drinks, and snacks.
- Aroma Concourse. Open Monday-Friday, 7am-7.30pm. Serving paninis, toasties, sandwiches, salads, hot & cold drinks, and snacks
- Aroma ECC. Open Monday-Friday, 7.30am-7.30pm, and Saturday/Sunday, 9am-7.30pm. Serving paninis, toasties, sandwiches, salads, hot & cold drinks, and snacks
- Aroma Cart. Open Monday-Friday, 8.30am-3pm. Serving sandwiches, hot & cold drinks and snacks

Pause for thought Margaret Mead observed: *"We are continually faced with great opportunities which are brilliantly disguised as unsolvable problems."* In the seemingly unsolvable problem in your mind today, where might there be opportunity?

As a reminder, Guided Journaling sessions take place on Thursdays between 8-8.30am; [booking is via this Turas link](#) (log-in required).

Tune of the day Kerry Anderson, learning disability nurse consultant, kicks us off for another working week. She's Glasgow bound not once, but twice, this week to see Barry Manilow and Take That. There's crossover there, courtesy of Could It Be Magic. It's dealer's choice, [so follow this link for a bit of Barry](#), or [click on this one for Take That](#) in their early 90s pomp (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot