

Monday 7 September 2026

Interim executive nurse director appointment – message from Laura Skaife-Knight I am delighted to inform you that following a competitive process, we have appointed Rabina Tindale as our Interim Executive Nurse Director.



Rabina is an experienced Board-level nurse leader, bringing significant Board and Executive-level expertise in patient safety, clinical governance and quality improvement to NHS Grampian, having held several high-profile roles in England. This includes most recently as Director of Nursing for Patient Safety at Northeast and North Cumbria Integrated Care Board, and prior to this Executive Nurse Director at Leeds Teaching Hospitals NHS Trust, Executive Chief Nurse and Director of Infection Prevention and Control at Wrightington, Wigan and Leigh NHS Foundation Trust and Deputy Chief Nurse at University College London Hospitals NHS Foundation Trust.

Rabina will replace June Brown, who will leave us on 25 September after over 22 years' service to the organisation. I would like to extend my appreciation to June for the significant contribution she has made over the last 2 plus decades to NHS Grampian and the NHS in Scotland, and the positive difference she has made to the experience of countless patients and staff.

Rabina said: "Scotland has held a special place in my heart from my first visit as a teenager. I am excited to have the opportunity to work alongside amazing colleagues in a beautiful country. I am very much looking forward to supporting the organisation with its existing work as well as supporting new opportunities."

Rabina will start in post on 6 October 2026, following a thorough handover with June.

Rabina will be our Interim Executive Nurse Director for a minimum of 6-months. It has been agreed that her top priority, working with our Executive Medical Director, and building on work to date, will be leading improvements to Clinical Governance across NHS Grampian, and in turn improving quality and safety for our patients.

Thank you to everyone who took part in the stakeholder panels as part of the selection process, I look forward to welcoming Rabina to NHS Grampian in the weeks to come.

Best wishes,

Laura

September Sprint - launching today The September Sprint is a focused programme of intensive leadership support across ARI. This aims to improve patient flow, reduce long waits in emergency care, and solve problems as they come up. A similar programme is planned for Dr Gray's Hospital in October. Want to know more? Contact Rick Strang (unscheduled care improvement director) via rick.strang@nhs.scot

Scottish Learning Disability Week 2026 This annual event kicks off today. It is organised by the Scottish Commission for People with Learning Disabilities (SCLD), aimed at celebrating achievements, challenging barriers, and promoting inclusion for people with learning disabilities. This year's theme is "I Am Here... to be seen." There's lots happening locally:

- Moray community LD team are working with Dreamtime Community Arts. You can find them at the foyer of DGH where they will be joined by their Makaton Choir. They will also be raising awareness of learning disability support.
- Vaccination and Wellbeing Hub Bon Accord Centre – Health and Social care staff from the City LD team will join the activities alongside third sector organisations, including Create's Makaton Choir, at the Aberdeen Vaccination and Wellbeing Hub in the Bon Accord Centre. They'll be there Monday-Thursday 10-3pm and Friday 10-1pm
- North Aberdeenshire community LD team will be supporting the activities planned at Robertson Road Resource Centre

Paediatric MTC Education Session The next Paediatric MTC Education Session will take place this Thursday (10 September) between 1-2pm, on Teams. The topic is child protection, and the presenter is Stacey Hill. No need to book, [just use this joining link](#).

Reminder - diabetic foot training needs assessment Have you completed the staff survey focused on the management of the diabetic foot? Open until October, this provides an opportunity for everyone involved in diabetic foot care to reflect on their current knowledge, experience, and confidence.

[Please take a few minutes to follow this link and complete the survey openly and honestly](#). All responses are anonymous and will contribute to shaping future professional development opportunities within our service. Any further information required, please contact Leigh Porter via leigh.porter@nhs.scot

Moray Pregnancy Loss Memorial Service On Sunday (13 September), at 3pm, a short service of remembrance and reflection for parents and relatives who have suffered loss during pregnancy will take place at the Moray Pregnancy Loss Memorial, in New Elgin Cemetery (near the Oakfield Rd/Linkwood Rd corner). All are welcome, whether a loss was recent or many years ago.

Grampian Carol Concert 2026 We're delighted to announce the Grampian Carol Concert will take place at the Music Hall, Aberdeen, on Sunday 13 December. Full concert details are available on the APA website. If you'd like to sing with the choir, rehearsals begin on Monday 28 September at 5.30 pm at the Suttie Centre. We'd love to welcome both returning and new choir members, so please come along and join us!

Pause for thought Are you in sight of your goal, right in the middle of it, or is it a distant dream? What next will move you forward?

As a reminder, Guided Journaling takes place weekly, with occasional breaks for annual leave; [booking is via this Turas link](#) (log-in required).

Tune of the day Everyone in the diabetes research would like to wish Dr Anna Smart a very happy birthday and hope she has a wonderful day celebrating. They asked for anything by Bon Jovi, I've gone for [Keep The Faith](#).

A shout out to Ian Morgan, part of the TrakCare team (previously with payroll) who has just hit 40 years' service to the NHS. An outstanding achievement and a wonderful reflection of his dedication and commitment to NHS Grampian! Colleagues tell me he's a big Billy Joel fan, so to mark the occasion, here's [Only The Good Die Young](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.dailybrief@nhs.scot