

Thursday 7 September 2023

Long Covid – want to know more? A new module is now available on Turas to develop knowledge and understanding of Long Covid: [Long COVID | Turas | Learn \(nhs.scot\)](#). The resources on this site were originally designed with Allied Health Professionals in mind, however they are relevant for anyone working in health & social care staff who may support patients or clients post-COVID. The resources provided are at an 'informed' or general level, rather than for people delivering specialist services.

5-Factor HAI risk assessment – have you done yours? Back in June we launched an online 5-Factor healthcare associated infection (HAI) risk assessment check. It's really important these are carried out annually, as they will help clinical teams understand and visualise their HAI risks. It provides oversight for our board, and for colleagues involved in managing and developing our built environment. The online tool asks you a few simple questions before advising if risk assessment templates should be completed. It's then a straightforward process for you to review and edit these to suit your area.

The aim is to contribute to a reduction in the risk of healthcare associated infections and it covers: ventilation; bed spacing; single room capacity; water safety; and access to facilities. Understanding which areas may have a higher number of risks helps us with decision making, such as prioritising improvement works or which control measures will work most effectively, as well as informing projects such as the ongoing bed base review.

Senior charge nurses and midwives, or the delegated team member in your area, can access the online tool here: [5-Factor HAI risk assessment tool](#). Please be aware, the first time you click this link, you will need to request access. This is usually granted in around 15 minutes and will not be required for future log-ins.

Office 365 on COW/Kiosk devices We are implementing changes to COW/Kiosk devices to improve the safety and security of your Office 365 accounts. Currently, users are not signed out when a new user logs in to these devices. These changes will ensure you are signed out during the switch of user to protect your account. This will take place on Monday (11 September) between 9-10am. There won't be any downtime during the change window; however, if you regularly use COW/Kiosk devices and need to access your Office 365 account or applications, please click the red 'Office 365 RunAs' icon. Any other method e.g., via a browser tab, will leave your Office 365 account (emails, data etc) open to access by anyone else using the COW/Kiosk device.

Junior Doctors: Life on the wards You may recall the period of filming at ARI earlier this year, following several of our junior doctors in their first year of work. We're pleased to say the series is complete; the first episode will be shown on the BBC Scotland channel at 10pm next Wednesday (13 September) with two more episodes available on iPlayer after that. More information is available on the [BBC website via this link](#). A huge thank you to Abbey, Sarah, Shanan, Bilal, Tobias, and Callum for volunteering to be filmed, and to all the services who supported this project. We've had a sneak preview of the show and you're in for a treat!

Alzheimer Scotland Dementia Consultants National Learning & Sharing Network The next event in this series will take place on Thursday 28 September, 3-4pm, via Teams, on the topic of 'Celebrating 10 years of Getting to Know Me'. These sessions are of interest to Dementia Champions, Dementia Ambassadors, and Dementia Specialist Improvement Leads. The events are free of charge, you can [register by following this EventBrite link](#).

Open Wide training programme The Oral Health Promotion Team are running a pilot of an SVQ accredited qualification, in collaboration with NHS Education for Scotland, of the national oral health improvement programme "Open Wide" and are looking for interested, patient-facing, staff at ARI to take part. The training is free, and the team will support you throughout. The accredited training will be completed over an approximate period of 10 weeks. This includes a training session, a summary of achievement, an observation of practice and a SCQF level 5 certificate on completion. Spaces are limited to 10. For more information or to register interest please email gram.cityohpteamleaders@nhs.scot before 31 October.

Reminder - Race for Recipients We are marking Organ Donation Week 2023 by taking part in the Race for Recipients. From 6am on Saturday 16 September until midnight on Sunday 24 September NHS staff across the UK are encouraged to log their steps and raise awareness of organ donation. Will you walk 9km over the week, to represent the (up to) 9 lives a donor can save? What about 7,000km as a team, for the 7,000 people currently on the transplant waiting list? Could we go all out as a board and hit 50,000km, for the number of people living with a transplant in the UK today? If you want to take part, [head to the Race for Recipients website](#), scroll to Regions, select Scotland, and then NHS Grampian. We'll compete as one board, and while there's no prizes, there are most definitely bragging rights at stake!

Tune of the day Thanks to Ann Milne for today's request; on behalf of the team in Clinical Biochemistry and dedicated to May Hardingham, she's asked for [Rebel, Rebel by David Bowie](#). May works as a domestic assistant in the lab and is shortly departing for a brand-new life in Canada. She's described as a ray of sunshine who will be much missed (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot