

Daily Brief...



Monday 6 October 2025

Foresterhill Central Decontamination Unit As many of you will be aware, the CDU at Foresterhill is currently out of use. This is to allow for proper assurance, after an unknown substance was observed on surgical instruments following processing. This of course means we have far fewer instruments available. Regrettably we are having to postpone some operations, while we prioritise emergency cases, cancer care, and caesarean sections. We know it is extremely difficult for the clinical teams involved to make these decisions and for the CDU team to not be able to provide their usual excellent service. We have approached other health boards for support and continue to work hard to minimise the disruption. Further updates will be provided as they are available.

SAS Week This week we're celebrating our specialty, associate specialist, and specialist (SAS) doctor workforce. Now in its fourth year, the aim of SAS Week is to highlight the impact of SAS doctors. In partnership with the British Medical Association (BMA), there are evening webinars for both employers and SAS doctors to attend. Visit: [SAS Week 2025 | NHS Employers](#)

We start the week by introducing Dr Maria Casserly, Speciality Doctor in Addiction Psychiatry, to share a little bit about her work. Read the full profile on our intranet news page

Adult Support & Protection (ASP) training update The Grampian ASP learning and development group are pleased to announce the fourth issue of their quarterly newsletter - GrASP Insights. The newsletter provides up to date information about ASP developments, locally and nationally, and includes the Grampian ASP training catalogue as well as lots of useful links, updates and learning opportunities.

[The newsletter can be accessed here](#) but if you want to make sure you don't miss an issue you can subscribe by completing this form: [Subscribe to GrASP Insights](#)

Acute inpatient AHP services Requests for physiotherapy, occupational therapy, dietetics, and speech and language therapy services for acute inpatients should now be made via Trakcare. More information is available on the intranet here: [Acute adult AHP services - inpatient requests coming to TrakCare](#)

Training Opportunity - Realistic Medicine Tasters, Elgin We invite anyone working in health and social care in Moray to come and find out about Realistic Medicine and how it links to everyday practice. We will share information about the Making every Opportunity Count approach and Ageing Well signposting tool which links people with the right services in their communities at the right time.

We will be running taster sessions throughout the day this coming Thursday (9 October) in training Room 1&2, Dunbarney House, Dr Grays Hospital. The sessions will last approximately 1 hour. To book a slot, [simply complete this form](#) or get in touch with alice.illingworth@nhs.scot or nicole.davison@nhs.scot

Introduction to British Sign Language (BSL) This is an informal course for NHS Grampian staff to learn basic British Sign Language and Deaf Awareness. The course will run for 8 weeks, 21 October to 9 December 2025, every Tuesday, 7-8.30pm in the MacGillivray Conference Room, Aberdeen Maternity Hospital. Only 20 spaces available. [Please book by completing this form](#), by Friday 10 October.

Baby Loss Awareness Week This annual event, beginning on Thursday this week, gives anyone touched by pregnancy and baby loss a safe and supportive space to share experiences, to commemorate babies' lives and to raise awareness. Here are some of the opportunities to remember, in association with the Aberdeen and Moray SANDS groups and MISS Miscarriage Support:

- In the Dr. Gray's and Aberdeen Maternity Hospital chapels there will be special "Memory trees" where families and friends can remember their precious babies with messages and names.
- There will be a Memorial Service of Remembrance and Reflection in the Dr. Gray's chapel on next Monday (13 October) at 6pm. On Wednesday 15 October at 6.30pm, there is a "Wave of Light" service at the Forget Me Not Garden at Aberdeen Hazlehead Crematorium.
- Aberdeen SANDS are going to hang wooden hearts with babies' names on a tree at Hazlehead Park to raise awareness of baby loss. The hearts will be hung this coming Saturday and remain there until Sunday 19 October. For more information, please go to [Sands Aberdeen: Aberdeen Sands Baby Loss Awareness Tree 2025](#)

Those affected by pregnancy or baby loss are also able to remember their babies in Memorial Books across our sites. For more information, see [Memorial Books](#)

Aberdeen Rapid Transit (ART) engagement ART is a proposed Bus Rapid Transit system aiming to transform public transport across the Aberdeen City Region. With two cross-city routes and Mobility Hubs at each terminus point, ART would connect major destinations in Aberdeen and Aberdeenshire. Public engagement on the next stage of the project will include a stand on the ARI main concourse tomorrow (Tuesday), 11am-3pm. Anyone interested in finding out more is welcome to pop along; further details are available here: [Have Your Say Today - Aberdeen Rapid Transit - Commonplace](#)

Pause for thought 'We should be able to integrate and thrive, not have to insulate to survive.' Where are you integrating, and where are you insulating? What will help you thrive?

Tune of the day Healthcare Support Worker Kelly Christie starts a new post at ARI today. Her former colleagues in the Aberdeenshire speech and language therapy team wish her all the very best, even though they're gutted to see her go. They've asked for [Goodbye](#) by Spice Girls (EP).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot