

Daily Brief...



Monday 6 July 2026

Chief Executive's blog It's time for another blog post from Laura Skaife-Knight. This month Laura is reflecting on our iMatter results, our agreed de-escalation criteria, and RACH achieving Magnet® designation with distinction. [Follow this link to read her update in full.](#)

Reminder: all-staff briefing – today The next all-staff briefing session takes place this afternoon, between 4-4.30pm. This is your opportunity to hear the very latest on what's happening across the organisation. You can submit questions in advance (anonymously, if preferred) by emailing gram.communications@nhs.scot These sessions are recorded and a link shared in this brief for those unable to attend. [No need to book, simply use this joining link.](#)

Working overseas Many of us will be preparing for a well-earned summer break, so this is a good time remind everyone annual leave is intended for rest, recuperation, and time away from work. In line with national NHS Scotland workforce policies, working overseas is generally not supported due to a range of practical considerations, including security, insurance, employment and regulatory requirements. Any overseas working arrangements should only take place where they form an agreed part of a colleague's role and have been approved in advance through the appropriate processes. If you have any questions about a specific situation, please speak to your line manager before making any arrangements.

Magnet® designation – congratulations We're pleased to share a letter from Caroline Lamb, chief executive of NHS Scotland, congratulating the RACH team on achieving Magnet® designation with distinction. In the letter, [which can be read in full via this link,](#) Caroline says "This prestigious international recognition is testament to the outstanding commitment, professionalism and compassion demonstrated by your nursing teams and multidisciplinary colleagues." Well done once again to all those involved.

Please avoid using handheld and neck worn fans IPCT advice for reducing the risk of healthcare associated infection linked to fans can be accessed on the IPC Intranet page by following this link: [Safe Management of Care Equipment](#) Due to risk of infection for staff and patients, an organisational decision was made that staff are not permitted to use handheld and neck worn fans in clinical areas.

Clinical areas are spaces within and distant to a ward / bed space. These include: anywhere patients receive any treatment/consultation; places medication or equipment for patient care is stored or prepared i.e. pharmacy, sterile pack store, clean utility room, endoscopy decontamination; food storage or preparation areas in the ward and hospital kitchens; support areas in a ward where equipment is stored or transiently present prior to use with a patient - DSR, sluice, nurses station.

Next Paediatric MTC Education Session – Thursday 9 July The next Paediatric MTC Education Session will take place this Thursday (9 July) from 12noon to 1pm via MS Teams. Follow this link to participate in the session on Imaging in Paediatric Trauma with Bilal Sethi: [Paediatric MTC Education Session](#)

Scottish Improvement Leader programme Recruitment for Cohort 56 of the Scottish Improvement Leader (ScIL) programme, starting in November, is now open. It is designed for individuals who can influence systems, priorities, or ways of working, and who want to use quality improvement to support meaningful and sustainable change. [The application and guidance are available on the QI Zone via this link](#); this will include details of application requirements for the ScIL Programme. Applications will be accepted until 10am on Monday 31 August. To ensure applicants have foundational QI knowledge, you must complete the [QI Essentials e-learning](#) prior to applying to the ScIL Programme. Informal enquiries can be directed to Matt Jobson (matthew.jobson@nhs.scot), Gillian Poskitt (gillian.poskitt@nhs.scot) or Karen Beaton (karen.beaton@nhs.scot).

Sleep Team Celebrates CPAP Success Our Sleep Service is celebrating a significant achievement after reducing waiting times for CPAP treatment from over seven months to just six weeks. CPAP (Continuous Positive Airway Pressure) is the most common treatment for obstructive sleep apnoea, helping patients breathe more easily during sleep and improving their overall health and wellbeing.

This improvement has been made possible through the expansion of group CPAP set-up clinics, which now support up to 15 patients at a time. Patient feedback has been overwhelmingly positive, with many valuing both the information provided and the opportunity to begin treatment alongside others. Special recognition to Bruce, Scott, Stephanie and Claire for delivering the clinics, alongside the clinic coordinators and wider Sleep Team. Their commitment, flexibility and teamwork have been instrumental in improving access to treatment while maintaining high-quality sleep and lung function services across Grampian. Congratulations to everyone involved on a fantastic result for patients across Grampian.

AHP monthly journal club Join your fellow AHPs on the last Tuesday of each month to read and discuss relevant papers, share insights, and build a supportive research active community. The club meets on Teams, between 12.30-1.15pm. [No need to book, just follow this joining link](#). Meeting dates and links to the articles to be discussed are below:

- Tuesday 28 July: [Community based complex interventions to sustain independence in older people: systematic review and network meta-analysis](#)

Pause for thought For what are you thankful today?

As a reminder, Guided Journaling takes place weekly, with occasional breaks for annual leave; [booking is via this Turas link](#) (log-in required).

Tune of the day For those of you who've been enjoying Harry Styles' record-breaking run of shows at Wembley, here's a Monday pick-me-up with [As It Was](#) in the Live Lounge.

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot