

Tuesday 5 May 2026

International Day of the Midwife - message from June Brown, Executive Nurse Director *“I am delighted to take the opportunity to share a few words in tribute to midwifery colleagues across Grampian on International Day of the Midwife. I want to honour their dedication, compassion, and vital expertise. Globally, midwives provide essential sexual, reproductive, maternal, newborn and adolescent health services. However, in too many places there are not enough of them, and those there are, are not supported to work to their full scope of practice. The theme for this year's event is 'One Million More Midwives' and I would encourage everyone to visit the International Confederation of Midwives website to learn more about their campaigning and advocacy.*

“A huge thank you to our midwives; I hope you get the opportunity to attend the celebration events organised jointly with the RCM today.”

Chief Executive's blog We have another blog post to share from Laura Skaife-Knight. It's been a busy time since Laura last checked in; this month she is reflecting on our financial position and last week's HIS inspections at DGH and AMH. She also highlights the upcoming iMatter survey and our commitment to a 'speak-up' culture, confirming our director of public health, Professor Shantini Paranjothy is the new executive lead for whistleblowing. [You can read Laura's thoughts in full by following this link.](#)

World Hand Hygiene Day – Action Saves Lives Today we join the global celebration of World Hand Hygiene Day, led by the World Health Organization (WHO). This year's theme, “Action Saves Lives,” reminds us **every** hand hygiene moment matters. Correct hand hygiene practice plays a vital role in preventing infection and protecting you, the people we care for, and visitors across our services.

From tomorrow, the Infection Prevention and Control (IPC) Team invites you to visit hand hygiene information stalls at the following locations:

- Wednesday (6 May), 9.30am–3pm – Aberdeen Royal Infirmary (ARI) Rotunda
- Thursday (7 May), 10am–2pm – Woodend General Hospital (WGH)

In addition, a hand hygiene information leaflet is available in retail catering outlets at ARI, DGH, RCH, RACH, AMH and WGH, [or can be downloaded via this link](#). For more information, please contact: gram.infectioncontrol@nhs.scot

Mental health bed base and Tier 4 provision review The latest update on this review, highlighting recent progress, key successes and opportunities for staff involvement, [is available via this link](#).

AHP monthly journal club Join your fellow AHPs on the last Tuesday of each month to read and discuss relevant papers, share insights, and build a supportive research active community. The club meets on Teams, between 12.30-1.15pm. [No need to book, just follow this joining link](#). Meeting dates and links to the articles to be discussed are below:

- Tuesday 26 May: [Australian allied health professionals' perspectives on current practice, benefits, challenges, and opportunities in nature-based approaches - ScienceDirect](#)
- Tuesday 30 June: [Use of Patient Reported Outcome Measures \(PROMs\) in Clinical Care: A Community-Based Allied Health Setting - ProQuest](#)

Making everyday IT easier - where to find digital accessibility tools Your NHSG device includes a range of digital accessibility tools designed to support the way you work; [follow this intranet link](#) to visit the Digital Accessibility for All page. Brought to you by the Digital Support Centre, it brings together practical guidance, tools and resources, grouped by accessibility needs, to help you find the support that's right for you. These tools are available to everyone, helping you work more comfortably and confidently with your everyday IT tasks. We hope you find these resources useful, feel free to share your thoughts using [the short feedback form available via this link](#).

Cycling Hubs We have 2 cycle parking hubs at Foresterhill and 1 at Royal Cornhill Hospital. With badge and code entry they are very secure; we would recommend you use these as unfortunately bike thefts do happen from time to time on site. [There's more information on the hubs via this link](#).

These hubs have been in place for a few years now and we would ask users to be mindful of others; do not use the hubs for long-term storage of bikes, and keep the internal hoops free of locks, etc when not in use so that as many bicycles as possible can be stored. For further information please contact gram.activetravel@nhs.scot; for the hub access code please email gram.aricarparkingpermits@nhs.scot

NHS Grampian Charity Did you know, NHS Grampian Charity has a quarterly newsletter, sharing stories of some of the projects and activities supported across Grampian? It's a great way to keep up to date with what is happening in other wards, departments, and hospitals, and it might spark an idea for an enhancement you want to make to your own department. The next issue is due out soon. Want to receive it? Just email gram.charities@nhs.scot with 'Newsletter' in the subject line and you'll be added to the list

Tune of the day Jen Haxton from the North of Scotland International Recruitment Team and Practice Education and Development is retiring after 37 years working in the NHS, 35 here in Grampian. Her colleagues will miss her very much and wish her all the best on her next steps in life. For Jen, from them, here's Amy McDonald and [This Is The Life](#)

Susan Ritchie, medical secretary at the Timmermarket, recently celebrated a big birthday. For Susan, from all your colleagues, [Celebration](#) by Kool & The Gang (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot