

Daily Brief...



Tuesday 30 September 2025

Speak Up Week - Day 2 According to our annual whistleblowing report for 2024/25, most of the concerns raised relate to behaviours. The Wellbeing, Culture, and Development team provides specialist support to help individuals, teams, and groups across the organisation be effective, well and thrive at work. You can find out more about the support they offer and read the whistleblowing report in full by following this link: [Supporting you to thrive at work - Speak Up Week 2025](#)

Also as part of Speak Up Week, you may be interested in this piece written by Liz Howarth, our engagement and inclusion manager, focusing the role of faith in a speak up culture: [Listening with Respect – Why faith matters in a speak up culture](#)

Staff car parking – Foresterhill A reminder our new registration scheme for staff parking at Foresterhill is open. All the information you need is here: [Foresterhill Staff Car Parking - updated](#) (intranet link, networked devices only). A few points we want to underline:

- All previously issued permits will be void when enforcement begins.
- Enforcement is expected to begin in late October/early November. We'll confirm via this brief.
- We encourage managers who have 'mobile' teams i.e., not usually sitting at a computer, to ensure these colleagues have access to a device to register for this scheme as required.
- No-one is guaranteed a parking space. If there is no staff parking available, you will need to take your vehicle off site.

More generally, we encourage everyone coming to our sites to use public transport, to car share, or to use alternatives such as cycling or walking, where possible and practical.

Flying Start update webinars The Flying Start programme, supporting newly qualified nurses, midwives and AHPs, is getting a refresh. Webinars have been arranged to update Flying Start facilitators, practice educators, line managers, and Flying Start participants. Dates, times, and registration details are below:

- [Today \(30 September\), 3-4pm](#)
- [Thursday 2 October, 10-11am](#)
- [Wednesday 5 November, 12.30-1.30pm](#)

Respiratory MCN Evening Roadshow Event – places still available This event will take place next Tuesday (7 October), 6.30-8.45pm, at the Laichmoray Hotel, Elgin. Topics covered will include clinical cases in asthma and COPD, respiratory history taking, and COPD care bundles. There will also be content provided by Pfizer, as supporters of the event. [Registration is via this form](#), for any queries, please contact gram.mcn@nhs.scot

Menopause and menstrual health eLearning New modules are available on Turas on the topics of menopause, and menstrual health. While primarily aimed at those in primary care, they will be of interest to all working in healthcare. They are available on Turas here (log-in required): [Woman's Health Hub | Turas | Learn](#)

World Ostomy Day This event takes place on Saturday, but the ARI Stoma Care team are ahead of the pack and will be running an information stall on the main concourse, 9am-4pm **today**. Members of North of Scotland IA and the stoma nurses will be setting up and manning 2 tables displaying information and giving advice/support for those living with and caring for someone living with a stoma - ileostomy, colostomy and urostomy. All welcome to pop along.

Adult Autism Assessment Team newsletter The latest newsletter from this team is available to read here: [Adult Autism Assessment Team \(AAAT\), NHS Grampian Newsletter Autumn 2025](#)

Medwatch September newsletter You can catch up with the latest from the medicine safety team in Issue 4 of their newsletter here: [Vol. 6: Issue 4 - September 2025](#)

Climate Week coffee in the Pink Zone The Sustainability Team is hosting a staff coffee in the Pink Zone Cafe at ARI tomorrow (1 October), 9.30-11.30am. Go along to meet the team, ask questions and share your thoughts on how we're responding to climate change and becoming more sustainable. Bring your own coffee (ideally in a reusable cup!) and enjoy a relaxed, informal chat. You can also ask questions or share your ideas by emailing gram.scar@nhs.scot. Lots of public events are lined up for this year's wider [Climate Week North East](#) running until 5 October. Check out what's on offer and watch this new [Sustainability Action animation](#) which talks about what we can each do to make a difference.

NHS Grampian Charity There's an open invitation to the NHS Grampian Charity annual review, taking place on Wednesday 8 October at the Suttie Centre, Foresterhill, from 2pm until 5pm. If you would like to attend, please contact gram.charities@nhs.scot by **Thursday 2 October** to register your interest. Please note, numbers are strictly limited due to venue capacity. The event will be of most benefit to staff who are unfamiliar with the charity and would like to learn more about its work and how to apply for funding.

Tune of the day The shift to autumn is undeniable, which means many of our feathered friends are packing up and heading south. Among them are Housemartins, so why not [Caravan Of Love](#) for tune of the day? (Tenuous? Yes. A banger? Also, yes) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot