

# Daily Brief...



Monday 30 March 2026

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**Chief Executive's blog** We have another blog post to share from Laura Skaife-Knight. You can read Laura's thoughts as we approach the end of the financial year [by following this link](#).

**Retail catering units – cash only on Tuesday/Wednesday** Due to the installation of new tills, please be aware our retail catering units (**except** Aroma ECC and Jubilee) will be cash **ONLY** tomorrow and Wednesday. Please ensure you have cash available and please be patient with your colleagues behind the tills. We apologise for any inconvenience.

**ICYMI - Reduced Working Week – transition week** As per the Agenda for Change agreement for 2023/24, the working week for staff employed on these contracts will reduce to 36 hours (pro-rata) from 1 April 2026. As this date falls on a Wednesday, it has been agreed nationally the Reduced Working Week (RWW) will **commence today (30 March)** for rostering purposes. **Staff should therefore be rostered to work their shift pattern based on 36 hours per week (pro rata for part time staff)**. For pay purposes RWW will be implemented on 1 April 2026. There is no detriment to staff in having rosters based on 36 hours per week (pro rata for part time staff) from 30 March 2026 and pay being based on this from 1 April 2026.

**Planned downtime – Turas – 1 April** To support the coming together of NHS Education Scotland (NES) and NHS National Services Scotland\*, updates are required across some applications on the Turas platform. Turas Appraisal will go offline from 7am on Wednesday 1 April to facilitate these essential changes. This impacts SOAR, Appraisal, and Training Portfolio. Our NES colleagues have asked we refrain from contacting their technical support helpdesk during this transition. Please direct any queries to [gram.wcd@nhs.scot](mailto:gram.wcd@nhs.scot) and thank you for your patience.

\*These bodies are combining to create Public Services Delivery Scotland. Further information is [available via this link](#).

**Public holiday – next Monday** As a reminder, next Monday (6 April) is a public holiday for NHS Grampian. Public holiday dates are set by the financial year; to view dates up to and including the 2028/29 financial year, [please visit this page](#) (intranet link, networked devices only).

**MyCare.scot - coming soon** MyCare.scot will be available from mid-April. This will be the first stage of the development of a digital tool for people to access their health & social care information. You can find [out more by following this link](#).

**International Dysphagia Diet Standardisation Initiative (IDDSI) – new in-house Level 5 meal provision** Following many years of successful in-house production of Level 4 meals for patients, we are pleased to announce the introduction of in-house Level 5 meals, produced by our texture modified cooks team in Elgin. Following successful consistency testing with speech and language therapists and dietitians, Level 5 meals go live today (Monday). This will significantly increase patient choice, offer a wider range of dishes, and enable us to include local recipes and flavours. Bought-in texture-modified meals will continue to be available as alternative options for patients until we are able to produce our own alternative meals range.

**Values Based Reflective Practice essential toolkit training – Elgin & Aberdeen dates** Values Based Reflective Practice (VBRP®) aims to support wellbeing and give you the tools to reflect on your practice to continue to deliver person-centred care and re-connect with their core values. This VBRP® Essential Toolkit training is for all health and social care staff and there are no pre-requirements. Training is in-person and is a full day session. Dates and course details [are available via this Turas link](#) (log-in required)

After completion, participants can use the tools to reflect on their own practice and participate more fully in groups led by a trained VBRP® facilitator. This training is also a pre-requisite if you would like to progress your skills and move onto VBRP® Dynamics and Processes (Facilitator) training. But what is VBRP®? [You can find more information via this link](#) or get in touch with June, our VBRP® Lead Facilitator via [june.gordon@nhs.scot](mailto:june.gordon@nhs.scot)

**GrASP Insights – new edition out now** GrASP Insights is the quarterly newsletter from the adult support and protection team. You can check out [the latest issue via this intranet link](#) and register to get it sent direct to your inbox.

**Pause for thought** Why does what you have been thinking about matter to you?

**Tune of the day** Two very different musical goddesses celebrate their birthdays today: Tracy Chapman and Celine Dion. Choosing between them was too hard for me, so I leave the choice to you (or go mad and listen to both...) [Talkin' Bout A Revolution](#) and [Hymne à l'amour](#) are our tunes of the day (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)