

Daily Brief...



Wednesday 30 July 2025

Correction – Scottish Edition ED module We have been advised of a mistake in yesterday's item on the roll out of this module next month; Emergency Discharge Letters will go directly to GPs via EDT into Docman and NOT SCI Gateway as stated. We apologise for the error and any confusion caused.

Communication training – RACH – spaces still available The Speech and Language Therapy team at RACH would like to invite you to a communication training session tomorrow (Thursday) 11am-12pm in seminar room 1 at RACH. This is for any staff who work at RACH who wish to learn more about the role of SLT, how to support the children you care for, and an introduction to using communication aids. Please click on the following link to book your place: [Communication training: Thursday 31st July 11am-12 seminar room 1 RACH](#)

Introduction to Stroke This 2-day course will take place at Woodend on Wednesday 27 and Thursday 28 August. Of interest to doctors, nurses, AHPs, and healthcare support workers new to stroke or working with stroke survivors, it aims to develop core knowledge facilitate development of skills and confidence. This course is aligned to the stroke core competencies for healthcare staff and is part of the national stroke education pathway. To book, email: rosa.mendes@chss.org.uk

Occupational Therapy drop-in sessions Calling all parents, young people, carers, school staff, childminders and club leaders! If you have any Occupational Therapy queries, or if you are looking for any tips and tricks for practising independence skills, we have sessions for you! The team are running drop-in sessions during the summer holidays with Occupational Therapy staff there to help, and some of our tools and utensils available to trial. Dates are as follows, no need to book, just come along:

- Wednesday 13 August, 10am-3pm at the Bridge of Don Clinic, Cairnfold Road, Aberdeen
- Thursday 14 August, 10am-3pm at Jubilee Hospital, Bleachfield Street, Huntly

Reproductive health & childbirth speciality group webinars A series of quarterly webinars, led by NHS Research Scotland, has been announced. The initiative is dedicated to advancing understanding and dialogue around reproductive health, pregnancy, and childbirth, through a research-focused lens. The first webinar is planned for Wednesday 17 September. For more information, or to present relevant research, please contact Annie Ganguly via anushree.ganguly@nhs.scot

Wellbeing, Culture, and Development Wednesday

- **National Wellbeing Week 1 - 7 September 2025** To support our planning for National Wellbeing Week, we're seeking your views on what helps you stay well at work. Do you value pleasant outdoor spaces for a break? Or is less about the place and more about the people? Whatever it is, [let us know by filling in this form](#). You can find out more about National Wellbeing Week here: [National Wellbeing Week 2025 - National Wellbeing Hub](#)

- **Guided Journaling** Uncover self-knowledge and inner resources. 30-minute sessions allowing you to pause, observe, whilst understanding your surroundings and inner self. Although in a group setting, your experience is personal with muted microphones and optional cameras. Join us, Monday afternoons or Thursday mornings to connect with yourself. No prior journaling experience needed. Booking is via Turas (log-in required): [Guided Journaling Session | Turas | Learn](#)
- **Spaces for Listening – August/September dates** Spaces for Listening sessions in August and September are available for booking. [Click this link for more information and to secure your space.](#)

For more information or to raise any queries please contact the team via gram.wcd@nhs.scot

Tune of the day If you've not listened to Self Esteem (aka Rebecca Lucy Taylor) today – or, indeed, at all - let me resolve that for you immediately with [The Deep Blue Okay](#) (contains a couple of swear words, for info) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot