

# Daily Brief...



Wednesday 3 September 2025

**Patient Meals and provisions** Despite previous requests, the catering team continue to see over-ordering of patient meals. Some 70% of our food waste comes from items returned by wards. Meals should be ordered according to the bed state in the wards. Sandwiches are not to be used as a substitute to or in addition to a main meal, they should only be ordered where there is a dietetic need identified by a dietitian. Wards have an array of provisions and snacks available such as bread, butter, jam, cheese, cereal, crackers, biscuits, fruit, and yoghurts to provide additional food to patients, sandwiches are not part of the standard food offering.

**New graduate nurses and midwives – evaluation** We're seeking feedback from new graduate nurses and midwives who joined the organisation during 2024/25. This form: [End of 12-month New Graduate Post \[2024-2025\]](#) should take between 5-10 minutes to complete and provides us with valuable information. The form will be open until 22 September.

**Grampian diabetes MCN professional conference** There is still time to register for this year's event, taking place on Wednesday 17 September at the Aberdeen Altens Hotel. This year's key themes include diabetes prevention, early intervention, intelligent use of data, and use of technology. As always, there will be a focus on networking, sharing challenges and successes, and offering a broad range of educational talks and interactive workshops. Follow this link for the programme and registration information: [Grampian Diabetes MCN Professional Conference 2025 Tickets, Wed 17 Sep 2025 at 08:30 | Eventbrite](#) If you have any queries, please email [gram.mcn@nhs.scot](mailto:gram.mcn@nhs.scot)

**Professional Judgement Tool for multi-professional teams** A revised Professional Judgement Tool is due launch on 30 October. While it remains mandated for areas with speciality specific tools, it will also be available for use by uni/multi-professional teams. The Healthcare Staffing Programme – part of Healthcare Improvement Scotland (HIS) - have arranged a series of training sessions which will focus on the enhanced functionality and navigation of the updated tool to help prepare users ahead of launch. There is no need to register, just join via one of the links below.

Training Date	Time	Meeting Link
Wednesday 1 October 2025	11-11.45am	<a href="#">Join the meeting now</a>
Tuesday 7 October 2025	2-2.45pm	<a href="#">Join the meeting now</a>
Tuesday 28 October 2025	11-11.45am	<a href="#">Join the meeting now</a>
Tuesday 4 November 2025	2-2.45pm	<a href="#">Join the meeting now</a>

Further information on the updated tool will be included [on our local SharePoint site](#) once formal guidance has been received from HIS.

**NHS Research Scotland reproductive health and childbirth newsletter** The latest edition of this newsletter is out now and available to read here: [News from NHS Research Scotland Reproductive Health and Childbirth Specialty Group](#)

**National Wellbeing Week - bereavement** For today's Wellbeing Week message, we're focusing on bereavement. It's a fact of life, but that doesn't stop it being a difficult time. Grief affects us differently, but it's common to experience waves of emotion as we come to terms with loss. [This leaflet](#) outlines support available and offers practical information on topics like how to arrange a funeral and how to support children. If you are supporting bereaved individuals in a work capacity, the NHS Education for Scotland [Support Around Death](#) website aims to help staff working with patients, carers and families before, at, and after death. It provides key information on the clinical, legislative, and practical issues involved. If you're experiencing loss personally and would like to speak to someone, our Chaplains offer a safe space to talk, for those of all faiths and none. To get in touch, contact [gram.chaplaincy@nhs.scot](mailto:gram.chaplaincy@nhs.scot) or call extension 53316

**Moray Memorial Service** The annual service of remembrance and reflection will take place at the Moray pregnancy loss Memorial in the new part of Elgin Cemetery, this Sunday (7 September) at 3pm. This short service is for anyone who has been affected by a loss during pregnancy, whether recent or many years ago.

### **Wellbeing, Culture, and Development Wednesday**

- **CAKE Taster Sessions** Explore the CAKE resource in this 1-hour interactive session on 23 September, designed to boost team wellbeing and effectiveness through practical tools, facilitation tips, and strategies for connection and empowerment. Booking is via Turas: [CAKE Taster Session | Turas | Learn](#)
- **Spaces for Listening- September Dates** Spaces for Listening sessions in September are available for booking; [follow this link to secure your spot](#).
- **Home Energy Scotland Information Session- 25th September** Do you know how much you can save by turning your central heating down by only 1 degree? Or by simply making sure to switch off lights? The next Home Energy Scotland session takes place on Thursday 25 September 2025, 10-11am, via Microsoft Teams, free for all to attend. Funded by the Scottish Government and delivered by Home Energy Scotland, the workshop is practical and fun, providing ideas and tips to put into practice at home and at work. For further information and for booking instructions follow this link: [Home Energy Scotland Information Session 25th of September](#)

For more information or to raise any queries, please contact the team via [gram.wcd@nhs.scot](mailto:gram.wcd@nhs.scot)

**Tune of the day** Emily Christie, a speech and language therapist working in Aberdeen, is a regular contributor to this feature, but today I have a dedication **for** her, rather than **from** her. The Aberdeen City paediatric speech and language therapy team are sending Emily a massive 'Good luck!' as she goes on an amazing adventure to climb Mount Kilimanjaro. While she is a seasoned pro at hill walks and Munro bagging, she's worked very hard to train for this next big challenge. We're all cheering for you Emily! For Emily, Miley Cyrus and [The Climb](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)