

Friday 29 May 2026

Eating Disorders and Autism Collaborative (EDAC) - recruiting for research study Researchers at the University of Aberdeen are looking for Autistic individuals, aged 18-45, to take part in a research study investigating the relationship between brain morphology, eating disorder symptoms and Autistic masking. Participants will be asked to complete a series of questionnaires and undergo a brain MRI scan, and individuals will be compensated for their time taking part. Further information can be found by [following this link](#).

Digital Bytes - Your Quick IT Fix The Digital Support Centre Training Team produce Digital Bytes – a growing series of bite-sized, 60-second videos designed to make your digital life easier. Each video delivers practical tips and tricks you'll wish you'd known sooner. We advertise new videos via this brief, while the full collection is [available to view by following this intranet link](#). Our latest Digital Byte focuses on HEPMA - Phantom Dose: Identify, Prevent, Resolve; previous videos cover Windows shortcut keys, HEPMA Fallback Terminal, Imprivata Tap & Go Care Reader, Outlook: Immersive Reader, Word: Dictation, Windows: Voice Access and Windows: Magnifier.

Got ideas? [We welcome your feedback and topic suggestions via this form](#). You can learn more about the Digital Support Centre and access the full range of training resources at [GRAM – Digital Support Centre](#) – Helping support your digital journey.

Places still available - Grampian Sexual and Reproductive Health Service – annual update This event will take place next Friday (5 June) ,9am-12pm, in Training Rooms 4 & 5, White Zone, Aberdeen Health Village. Space is limited, and online participation will be facilitated, but we encourage taking part face to face if possible. The event is aimed at the multi-agency team involved in sexual and reproductive health, and would interest general practitioners, practice nurses, school nurses, women's services, pharmacy services and trainees in relevant specialities. [Please follow this link to complete the registration form](#).

Neonatal unit prescribing improvements A genetic point-of-care test has been introduced in NNU to identify babies at increased risk of hearing loss from aminoglycoside antibiotics. Where risk is identified, prescribing will be tailored, reducing the risk of permanent harm. This is part of a national pharmacogenomics point-of-care test rollout, and we are pleased to be an early-adopting board. This work reflects our continued focus on safer, more personalised care, and it is part of a Centre for Sustainable Delivery innovation adoption programme; locally facilitated by the Transformation Team.

Gentamicin prescribing guidance within AMH has also been updated to further support safer prescribing. This forms part of ongoing risk review work, supported by the neonatal pharmacy team. A big thank you

to all colleagues who have supported this work to date, specifically neonatal nurses Lauren West and Paige Kerr, and neonatal pharmacists Charlotte Morrison and Sophia Murray.

Physician Associate committee office bearers Following elections, the office bearers for this committee are:

- Lead Representative - Caroline Allan
- Educational Governance Representative - Karla Carter
- Professional development - Augusta Umoh
- Employment opportunities - Vima Gomes
- Leng review - Heather Gray
- Appraisal development - Corey Tocher & Carol-Ann McCorgray
- Communications - Neetu Gupta

The committee can be contacted at gram.pacommittee@nhs.scot. Please use this address to request addition to a formal distribution list for our communications.

That was the week that was

Monday 25 – statutory and mandatory training clarification, ARI Orange Zone café to become rest area

Tuesday 26 – fire safety reminder, HIS invited to lead diagnostic review

Wednesday 27 – accessing patient information, iMatter update, survey of SAS doctors

Thursday 28 – NMC review of historic health & character declarations, home oxygen service referrals

All briefs are stored online, [just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

STAR Award Huge congratulations to Rhiannon Yates, staff nurse on Ward 4 at DGH, on her recent STAR Award presentation. Rhiannon's nomination cited her calm, thoughtful, and compassionate manner, ensuring patients are seen, heard, and treated with dignity. If you know a team, or individual, STAR, making a nomination couldn't be easier; [all you need to do is complete the short form available via this link](#).

Tune of the day Lesley Hastings retires today (again) after a long and varied career, most recently covering the Orkney & Shetland post for the discharge liaison team. Described as a respected and valued member of the team, colleagues say it's time to let the ferries sail, the planes fly, and for you to go exploring the finer things in life. They've requested Queen and [Don't Stop Me Now](#).

Also retiring today is John Anderson, ward product manager in the main theatre stores at ARI. George, Tam, Linda, Johanna, and all the rest of your colleagues join in wishing you all the very best. For John, Steely Dan and [Reelin' In The Years](#).

Christy Gordon leaves the eRostering team for a new post within NHSG; her colleagues say they'll miss her and are wishing her luck in her new role. For Christy, [Closing Time](#).

Our final request is dedicated to everyone working in retail catering. They've spent many more weeks than they (or we) would have liked telling customers "It's cash only" but as plastic is fantastic once again, here's Plastic Bertrand and [Ça Plane Pour Moi](#) (see what I did there? Anyone? Fine, please yourselves)

Thank you for everything this week. If you're working this weekend, take care. If you're getting some down time, enjoy (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot