

Monday 29 April 2024

World Health Organisation (WHO) Hand Hygiene Day - 5 May 2024 This years' WHO World Hand Hygiene Day is focused on promoting knowledge of infection prevention and control, including hand hygiene.

Sharing knowledge about hand hygiene and infection prevention and control is important because it is a very effective way to stop the spread of harmful germs in healthcare. Healthcare Associated Infections (HAIs) are among the most frequent adverse events occurring in healthcare. Hand hygiene can save millions of lives every year when performed at the right times. The WHO goals for Hand Hygiene Day 2024 are:

- **Strengthen learning approaches** to enable implementation of innovative and effective training.
- **Promote access** to innovative hand hygiene and infection prevention & control training resources.
- **Raise awareness** about the importance of knowledge and learning on hand hygiene at the right times to prevent a range of infectious diseases.
- **Encourage measurement and evaluation mechanisms** to assess the impact of training and education on people's practice and the prevention of illness.

There will be lots more from the infection prevention & control team next week. Until then, remember hand hygiene saves lives, so clean your hands.

Secondary Care Hubs Update To support people who require urgent or time critical blood tests, the Secondary Care Hubs will be running lists on the upcoming public holiday (next Monday, 6 May). These will be held in Clinic A, ARI and outpatient department, Dr Gray's Hospital. Please ensure the blood request is on TrakCare **before** the patient is asked to make their appointment at the hubs.

ICYMI ECC Aroma – extended opening hours trial Following your feedback, we are trialling longer weekend opening hours for the Aroma based in the Emergency Care Centre/Green Zone. From **this** Saturday (4 May), for 8 weeks, it will be open until 7.30pm on Saturdays and Sundays. Footfall and sales will be carefully monitored to see if a permanent change is justified. Remember, if you bring your own cup to any retail catering outlet, you not only reduce waste and help the environment, but you also get a small discount on your hot drink.

Decontamination guidance – your change to get involved A short life working group has been set up to review our local A-Z guide to decontamination. It's a multi-disciplinary group, meeting virtually once a fortnight (Tuesdays, 11am-12pm). The group is looking for new members; if you're interested in joining, please contact Karen McDougall (karen.mcdougall2@nhs.scot).

Resuscitation awareness day The resuscitation team will be marking this event at the ARI Rotunda this Thursday (2 May). They will be there between 9am and 3pm to answer questions and test your knowledge. All welcome!

Pain management cafe The pain management service is organising a regular drop-in event for people who may find it difficult to get treatment in a clinical setting. People who are homeless, or dealing with substance abuse, are welcome to come along on the first Monday of each month. Sessions will start next Monday (6 May) and take place between 1-2.30pm in Catalyst Vineyard Church, Gilcomston Park, Aberdeen.

Datix surgeries There are two Datix surgeries taking place **tomorrow** (30 April), between 10-11am, and 11am-12pm. Book on to ask a question or seek advice on anything to do with Datix. Booking is via Turas (requires log-in): [Datix Surgeries | Turas | Learn \(nhs.scot\)](#)

Heart Failure Week This annual event began today and the theme this year is 'Detect the undetected: FIND ME'. This focuses on people with undiagnosed heart failure. You can find out more – and download helpful posters – on the British Society for Heart Failure website: [25IN25 — British Society For Heart Failure \(bsh.org.uk\)](#)

Reminder - save energy at home – free workshops Home Energy Scotland are offering another of their popular free online workshops on saving energy at home. This will take place tomorrow, between 2-3pm and [you can register via this link](#).

Let it grow, let it grow! We're taking part in No Mow May again this year, with many patches of our estate already left to grow wild. This allows all those essential pollinators to get to work and in turn support our food industry, enriches the soil (and the 'beasties') underneath. and helps to clean the air. We are steadily increasing the number of patches of grounds across NHS sites taking part. A strategy for more and continued rewilding across our estate will be set out in a new Biodiversity Action Plan to be shared later this year. Find out more about No Mow May and register your participation: [Plantlife's No Mow May Movement](#)

Pause for thought If you could do what you want to do, what might that be; and of the million things you could be, what could you be?

Tune of the day We kick off another week with [Africa by Toto](#). This is dedicated to Fiona McDonald, one of our antimicrobial pharmacists. Fiona will shortly leave for Ghana; she'll be working with hospital teams there on the safe use of antibiotics. Have great trip Fiona! (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot