

Wednesday 28 January 2026

RGU webinars - NHS staff invitation The Schools of Pharmacy, Applied Sciences and Public Health, and Health at Robert Gordon University hold weekly seminars every Wednesday. There is an open, standing invitation for NHS staff to attend. Seminar topics for January and February are confirmed; you can find them and the joining links [by following this link](#).

Medical Appraiser Webinar NHS Grampian is recruiting additional Secondary Care Medical Appraisers. If you're a Consultant or SAS doctor and have wondered whether the role might be right for you, join our upcoming webinar to learn what the role involves, the support available, and how to get started. A session will take place on February 25 at 1pm for Consultants & SAS Doctors. [Register here](#).

Wellbeing, Culture, and Development Wednesday

Management Development Programme – Driving Improvement NHS Grampian's Management Development Programme (MDP) improves staff wellbeing and development by building confident, capable managers who foster healthier workplace cultures, support staff growth, and strengthen organisational resilience. This programme is a key part of our commitment to *Improving*, helping leaders create positive change and deliver better outcomes for patients and colleagues. Whether you're an aspiring manager or current manager looking to enhance your leadership skills, the MDP offers practical tools and support to help you succeed. [Find out more and sign up today to start making a difference!](#)

Managers' Development Forum Come and meet our new Chief Executive, Laura Skaife Knight, who will share her personal leadership story at a special forum on February 4, 3.30pm – 4.30pm. [Join the forum for current and aspiring managers](#).

For more information or to raise any queries, please contact the team via gram.wcd@nhs.scot

Hand Hygiene Please be aware that the revised NHS Grampian [Staff Protocol for Hand Hygiene Auditing \(v4 December 2025\)](#) is now live on the Infection Prevention & Control intranet page.

Tune of the day You don't need us to tell you that, on this day in 1978 Fleetwood Mac's album *Rumours* hit the number one spot in the UK. To mark the occasion, here's a tune that was cut from the original album, due to the capacity of vinyl records, but later appeared on various editions and has recently found a new audience as the soundtrack to thousands of social media videos and reels. Here's [Silver Springs](#).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot