

Tuesday 28 April 2026

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**International Workers Memorial Day - today** As part of International Workers Memorial Day, the Spiritual Care team will join staffside colleagues in a short act of remembrance. This will take place at 3pm today in the Staff Garden\*, (ARI Purple Zone) and will remember all those who have lost their lives in their workplace. All are invited to share in this time, please feel free to come when you can and leave when you need to. If you are unable to attend this event, you can mark the occasion in your own way by pausing at 12 noon for a minute's silence along with workers across the UK in all forms of business.

\*The garden will remain open to any staff who wish to use it during this time.

**April pay information** ePayslips are released today; monthly salaries will land in bank accounts on Thursday 30 April. P60s will be distributed for monthly paid staff tomorrow and for weekly paid staff on Thursday. Staff on ePayslips will be able to find their P60 under the 'Electronic Documents' tab on the payroll intranet page, [available via this link](#). Please ensure P60s are retained for future tax purposes.

**Launch of Maternal Early Warning Score (MEWS) - webinar tomorrow** MEWS is a unified early warning score to be used across both NHS Scotland and NHS England in pregnancy, from conception to 6 weeks post-partum. This replaces all previous observation charts and reflects the different parameters of maternal physiology much more accurately. NEWS (National Early Warning Scores) should NOT be used during pregnancy. Healthcare Improvement Scotland will host a webinar on MEWS tomorrow (Wednesday) at 10am, [there's more information via this link](#).

**World Hand Hygiene Day – 1 week to go** World Hand Hygiene Day takes place on 5 May, led by the World Health Organization (WHO). This year's theme, "Action Saves Lives," highlights the importance of timely, correct, hand hygiene in preventing infection and keeping patients, staff, and visitors safe.

As part of this year's Infection Prevention and Control (IPC) activities, from 4 May and throughout the week, hand hygiene reminders will be added to patient menus across ARI and DGH.

In addition, colleagues, patients and visitors can pick up a hand hygiene information leaflet in staff cafés and Aroma coffee outlets at ARI, DGH, RCH, RACH, AMH, and WGH offering a quick reminder of best practice. [The leaflet is also available to download via this link](#). For more information or support, please contact: [gram.infectioncontrol@nhs.scot](mailto:gram.infectioncontrol@nhs.scot)

**Tennis court closure** The tennis courts to the rear of Ashgrove House at Foresterhill will be closed from 8am Monday 4 May - 8am Monday 11 May to allow for ground survey work. We apologise for any inconvenience.

**Rehabilitation After Stroke training** There are upcoming online Rehabilitation After Stroke courses now available for booking. Taking place on 13 May, 4 June, and 25 June (all sessions run 9am-1pm), each event will offer three different sessions from the specialist multi-disciplinary team on specific topics of Stroke Rehabilitation, e.g. Vision, cognition, relationships. Courses are suitable for healthcare staff (including HCSWs and therapy support staff) who have been working in stroke care for at least one year and have completed the Introduction to Stroke course and/or completed the online Stroke core competencies. [You can book a place by completing the form available at this link](#) or by emailing [rosa.mendes@chss.org.uk](mailto:rosa.mendes@chss.org.uk)

**The biggest regulatory change to clinical trial activity since 2004** Today the UK adopts the ICH Guideline for Good Clinical Practice (GCP) E6 (R3). The Medicines for Human Use (Clinical Trials) (Amendment) Regulations 2025 also becomes law and now applies to clinical trial activity in the UK.

Relevant NHSG-UoA SOPs have been updated to comply and are highlighted as such on the Grampian Research Office (GRO) website. [You can see a list of the relevant SOPs via this link](#). To make things easier, each of the updated SOPs highlights on page one of the document what the changes have been, and don't worry, some of them are very minor.

If you are involved in clinical trial activity in Grampian, you have until 31 December to update your GCP certificate to the new version. This training can be done online, or face-to-face and further details are available on the joint GRO website. Thereafter, your GCP training will need renewed every three years (rather than two). Please see [Good Clinical Practice & Good Research Practice Training | Grampian Research Office | The University of Aberdeen](#) for available dates.

**NHS Grampian Charity** The NHS Grampian Charity runs a virtual drop-in session every Thursday morning via Teams. You can log on any time between 10am and 11am, and one of the team will be there to answer any questions you have about the charity, what they fund, how to apply, how to fundraise, and much more. [You can find the link to join the session by following this intranet link](#).

**Tune of the day** In light of the significant changes to clinical trial regulations, effective from today (see article above), Richard Cowie and the research and development quality assurance team have asked for Take That and [Everything Changes](#)

A second request for Kerry Buchanan, part of the North Foresterhill community nursing team, who turns 30 tomorrow. As she will be enjoying a day off (quite right too!), lets celebrate her final day of being 29 with [Seventeen Going Under](#) and lots of love from all her colleagues.

Well done to Ellie Sharp, a dental nurse in the Public Dental Service, who completed the London Marathon at the weekend. She was raising funds for Anthony Nolan Foundation, in memory of her sister Faye. Ellie's colleagues are so proud of her and have requested [Girl On Fire](#) by Alicia Keyes.

Finally, an anonymous thank you to the colleagues who helped a driver in distress at Foresterhill yesterday. You managed to get their vehicle out of a very tight space, for which they are extremely grateful. Thanks for getting them [On The Road Again](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)