

Wednesday 25 October 2023

HEPMA Training Environment – now live! eHealth is pleased to announce there is now a HEPMA training environment available, to use at your convenience, for practicing HEPMA functionality. Please note, it is not integrated with live Trakcare or HEPMA and does not contain any real patient data.

[Each ward has designated patients, usernames and passwords, details of which can be found here.](#)

Culture Collaborative The next meeting of the Culture Collaborative takes place on Tuesday 31 October, 10.40am-12noon. The focus of this meeting will be a spotlight session from Dr Subhayu Bandyopadhyay entitled “From Red wall to Green belt – the journey of our NNU”. We will also have an interactive Halloween session - removing culture horrors and casting positive culture spells – and you are welcome to dress up if you would like. This is a forum open to all staff irrespective of your role, so if you are interested in attending, please contact gram.culturematters@nhs.scot

Aberdeen City HSCP pitstops The ACHSCP Organisational Development Team are hosting a series of pitstops covering a variety of topics based around change, engagement, leadership and wellbeing. These are short 1 hr sessions, which will focus on a specific tool or method and explore how you can practically apply it in the workplace. The sessions are open to anyone working in health & social care, right across Grampian.

The third PITSTOP will take place on **Monday 13 November, 12.30-1.30pm** and will explore the concept of trust, by listening to the thoughts of Brene Brown, American professor, author and podcast host. This session will provide you with some thought-provoking insights on trust as the basis of positive relationships and effective team working, and an opportunity to try out an approach that breaks down trust into elements we can all relate to. To sign up, [please complete this form](#) and a Teams invite will be sent to you.

SHARE – The Scottish Health Research Register and Biobank SHARE is a register of people aged 11+ who are happy to be sent information about health research projects (studies). We need healthy people **and** people with health conditions to join SHARE. Signing up does not mean you have to take part in any research studies; you can decide when you find out more about a study.

How do I sign up? You can register:

- Online: [SHARE | RegisterforSHARE](#)
- Phone: 01382 383 471
- Email: enquiries@registerforshare.org

NHS Grampian social media accounts Got something you want shared on social media? Whether it's a special moment on a ward, a milestone for a colleague, progress with a project or anything else you think people should hear about email gram.socialmedia@nhs.scot or post it to the platform of your choice and tag NHSG. We are active on Facebook, X (Twitter), LinkedIn, and Instagram.

We Care Wellbeing Wednesday

- **Wellbeing in the workplace for managers- new dates now launched** Additional dates have been released for the Wellbeing in the workplace for managers training. The session will support managers to reflect on where your team is with wellbeing in the workplace currently and start to develop a plan around building on this. For more information or to book onto one of the sessions please visit Turas (requires log-in): [Wellbeing in the Workplace for Managers Training | Turas | Learn \(nhs.scot\)](#) or contact us at gram.wecare@nhs.scot
- **Timeout for wellbeing- report now live** We Care worked with Facilities & Estates on a 6-month pilot project, running from October '22 to March '23 and involving F&E staff across Grampian and the health & social care partnerships. The project team have completed their evaluation report, which is attached to the email used to this brief, for your information.

Tune of the day Today's request comes from Fiona McKenzie in catering. Following her recent trip to the Tivoli in Aberdeen to see Marti Pellow, she's asked for anything by Wet Wet Wet; I've gone for the always lovely [Goodnight Girl](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot