

Daily Brief...



Monday 25 August 2025

Staff 'flu vaccination clinics Dedicated staff clinics have been arranged in Aberdeen, Moray (Aberdeenshire to follow). These will start from Thursday 4 September. Dates, locations, and booking [information are available on the intranet here](#) or simply check the 'Latest News' section on the homepage. There is no guarantee further staff clinics will be arranged; the Moray team have already advised the dates scheduled will be their only staff clinics, so we'd encourage early booking. If these dates aren't convenient, you can also book an appointment at the centres in Elgin, Fraserburgh, Peterhead, Macduff, Huntly, Inverurie, Banchory, Stonehaven, and Aberdeen [via the national booking portal](#). The centres are open to the public so, unless it is a clearly advertised staff clinic, there will be **no** staff queue or priority access. We're supporting peer vaccination this year too; speak to your line manager to find out if there are peer vaccinators in your area.

All NHS Scotland staff, along with those social care workers who have direct patient/client contact, are being offered a free 'flu vaccination. There is **no** offer of COVID-19 vaccination to NHS or social care staff in this year's programme, as per JCVI recommendations.

Public vaccination programme Appointments are now being allocated to people in the 18-64 'at risk' category. Appointments are being sent out according to previous communication preferences e.g., by letter, by text message. Please advise patients/clients these messages are genuine and if the date or time does not suit, they should rearrange the appointment via the national booking portal or by calling the national booking line on 0800 030 8013. It is open 9am-6pm, Monday-Friday, 9am-1pm on Saturday, closed on Sunday.

Increase to the normal minimum pension age from 6 April 2028 [This SPPA circular details changes](#) to the earliest age that NHS Pension Scheme members can take their pension. From 6 April 2028 the minimum age will raise from age 55 to 57. Members of the pension scheme who joined before 4 November 2021 will be protected from changes advised in the circular. The link above also includes a flowchart and FAQ; it can also be found [on the Pensions intranet page](#) (networked devices only).

Corridor closure – ARI – one week to go The 'glass corridor' on Level 1 in ARI, linking the Yellow Zone and Purple Zone, will be closed for three weeks from next Monday (1 September). This is to allow for replacement flooring to be fitted. There will be no access whatsoever; the diversion will be via the Green Zone/Robertson Family Roof Garden corridor. Signage will be in place, and the volunteer team will be supporting with wayfinding. We apologise for any inconvenience and encourage you to make colleagues and patients aware of this upcoming closure.

Food Fluid and Nutritional Care Education for the Green Zone and MUSC Discover the vital role of food, fluid and nutritional care in enhancing patient outcomes and wellbeing! Throughout September there will be multi-disciplinary education sessions offered to those working in ARI Green Zone and medicine and unscheduled care. Topic will include MUST, re-feeding, safe swallow, care of NG tubes, PEG care, accurate fluid balance, infinity pumps, and catering. Posters and timetables are available on [the intranet here](#). There is no requirement to book, we look forward to welcoming you along.

Cycling Showcase event – this Wednesday There will be a variety of cycling activities between 11am-2pm on the Foresterhill site on Wednesday, including bike and domestic security advice from Police Scotland. There will also be a free Dr Bike session at Cornhill Hospital. More information is available here: [Cycling Showcase: Wednesday 27th August 11am – 2pm](#) Please note some bicycle training opportunities will also be available on the day. For more details, please email gram.activetravel@nhs.scot

Book Blether is Back – Thursday 4 September at 1pm Join NHSG Libraries for a relaxed online catch-up where we chat about what we've been reading lately, including your summer reads, and share recommendations with colleagues across health and social care. We'll also dip into this month's theme: *First Loves – Books from Childhood*. No prep needed, just bring your bookish memories and enjoy the blether. Email cornhill.library@nhs.scot for a joining link and check out [Join in the 'Book Blether'](#) for more information.

Pause for thought The bees are busy buzzing, collecting their treasure as they go. What do you need to keep you buzzing?

Tune of the day I love your tales of sporting prowess, so I'm delighted to kickstart another week by letting you know Gayle Anderson at Dr Gray's Hospital collected a very impressive three gold medals and one bronze at the recent British Kettlebell Sport Games in York. Her performance means she qualifies to take part in an international competition in Hungary. For Gayle, from her kettlebell colleagues, here's [Golden](#) by HUNTR/X (the one from K-Pop Demon Hunters)

If you're after something more soothing, how about [Bridge Over Troubled Water](#)? This is in honour of Millie Matheson who has retired (for the second time) after more than 50 years with the NHS. Millie was a ward sister in the ARI cardiac team for many years, then came back during COVID to support the immunisation team. She's held in the highest esteem by those she worked with – and cared for – and we wish her an excellent retirement! (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot