

# Daily Brief...



Friday 24 April 2026

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**International Day of the Midwife** This event is marked on 5 May each year; for 2026, we are working with the Royal College of Midwives to host celebration events. At DGH, Ward 3 will host the 'Big Bakeoff Break' while the Aberdeen City & Aberdeenshire RCM branch are organising therapy sessions and a prize draw. For more information on both these events, [please follow this intranet link](#).

**Reminder - nursery open morning** An open morning at Little Acorns (Royal Cornhill) has been arranged to give new/prospective parents the chance to look around. The nurseries are open to the children of NHS Grampian employees only. The open mornings will take place tomorrow (Saturday) between 9.30-11.30am.

Questions? Get in touch with nursery administrator, Laura Yeoman, at [laura.yeoman@nhs.scot](mailto:laura.yeoman@nhs.scot).

**Research & Development update** Congratulations to principal investigator and consultant Dr Jamie Cooper, research nurses Shirley McDonald, Jennifer Noble, and the wider clinical and research team for successfully recruiting 207 participants into the Thromboprophylaxis in Lower limb Immobilisation (TiLLI) study led by Queen Mary University of London. [Follow this link to read more about this study](#).

## That was the week that was

Monday 20 – latest edition of Ask Laura, reminder of Personal Use of Social Media policy

Tuesday 21 – Power of Attorney Day, reminder of change to clinical trial regulations

Wednesday 22 – Executive Team weekly report, green car salary sacrifice scheme goes live

Thursday 23 – reflecting on our financial position, Grampian Doctors Digest

All briefs are stored online, [just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

**STAR Award** This week we tip our collective hats to Lee Allen, consultant in critical care at ARI, on his recent STAR Award presentation. He's been recognised for delivering exceptional, patient-centred care by leading the complex and compassionate transfer of a patient with significant additional needs. Through careful, sustained coordination with multiple teams and services, Lee demonstrated professionalism, persistence and genuine compassion, ensuring the transfer was smooth, dignified and as least distressing as possible. This thoughtful approach made a meaningful difference and was deeply appreciated by both the patient and their family. If you know a team, or individual, STAR, making a nomination couldn't be easier; [all you need to do is complete the short form available via this link](#).

**Staff discounts – Mean Girls newly added** We occasionally share ticket offers in this brief, but did you know there's a whole section of the intranet dedicated to staff discounts? The latest additions include discounted tickets to a matinee performance of Mean Girls at HMT. Just click on the Your Space button on the homepage [or follow this link](#) (networked devices only).

**Tune of the day** The Hospital at Night team is wishing ANP Elizabeth Cook all the very best as she steps out from the nightshift to undertake a secondment to the surgical ambulatory clinic in ARI. Although she will be very missed, they look forward to 'Cookie's' return with enhanced skills and surgical experience. They've requested [Go West](#) (the Pet Shop Boys version) as it is a particular favourite of Elizabeth's.

I say it every week, but repetition makes it no less sincere; thank you for everything you've done this week. You are seen and valued. Have a good weekend, whatever you have planned (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)