

Friday 23 October 2026

Yellow weather warnings – today/tomorrow The Met Office has issued warnings for heavy rain (today) and high winds (tomorrow/Sunday). [You can check out the latest forecasts via this link](#); please ensure windows are closed, especially in those buildings not occupied over weekends, to minimise the risk of damage to our properties.

Cybersecurity reminder Many of us will have seen recent media coverage of flaws found in PHP, a widely used programming language. As always, our Digital team is working hard to ensure our systems are protected, in partnership with colleagues across NHS Scotland. However, this is a good time to remind you we all have a role to play in cybersecurity. There is information on the current threats, useful advice, and a reporting portal [available via this link to our dedicated cybersecurity intranet page](#).

Reminder - NHS reform – staff information sessions As highlighted in the most recent 'Ask Laura' video, in-person sessions to discuss proposed NHS reform are being planned. This is your opportunity to speak to Laura Skaife-Knight and Steven Lindsay. Initial dates and locations are below. Please note specific venues will be confirmed nearer the time; these sessions will run on a drop-in basis. We will continue to host online briefings and aim to attend as many of our sites in person as possible.

- Friday 30 October – Woodend, 1-2.30pm - Hospital Day Room
- Friday 6 November – Summerfield House, 12.30-2pm - Staff Canteen
- Friday 20 November – Dr Gray's Hospital, 12-1.30pm - Staff Canteen
- Friday 18 December – Royal Cornhill Hospital, 3.30-5pm
- Friday 8 January 2027 - Fraserburgh Community Hospital, 12.30-2pm
- Friday 22 January 2027 – ARI, 10.30am-12pm and AMH 1.30-3pm
- Friday 5 February 2027 - Aberdeen Health Village, 10.30am-12pm
- Monday 8 February 2027 - Inverurie Hospital, 11.30am-1pm
- Friday 26 February 2027 – RACH, 12-1.30pm

Move to Clinell Universal Wipes - staff training commencing As part of the change from detergent-only wipes (yellow packets) to combined detergent and disinfectant wipes (green packets), the installation of the new wipes dispensers is currently underway. From Monday (26 October), representatives from GAMA Healthcare Ltd, the manufacturer of the new wipes, will be visiting clinical areas across ARI to provide training and support on their use. The sessions will be brief and practical, offering staff the opportunity to become familiar with the product and ask any questions.

Thank you for your support during the implementation of this change. If you have any questions, please contact the Infection Prevention and Control Team (IPCT) via gram.infectioncontrol@nhs.scot.

Vitamin D in winter The clocks go back this weekend, meaning shorter days all round. The current advice is for adults in Scotland to take a daily Vitamin D supplement, especially at this time of year, when our main source of Vitamin D (sunlight) is in shorter supply. [Follow this link to NHS Inform to learn more.](#)

NIHR Principal Investigator Pipeline Programme (PIPP) Scottish Cohort 3 applications This programme offers research delivery nurses, midwives, and allied health professionals the opportunity to develop as Principal Investigators on NIHR portfolio studies. For details about the programme in Scotland visit the Edinburgh CRF Education website [by following this link](#). If you still have queries after reading the information on the website, please email: education@edinburghCRF.ed.ac.uk. For local queries please contact Louise Osborne (louise.osborne4@nhs.scot), R&D Senior Project Administrator. The closing date for applications is 8 November.

Funded Slimming World support for staff Eligible colleagues can now access a funded 12-week Slimming World programme to support healthy weight and wellbeing. Places are limited, and eligibility criteria apply. [Please follow this intranet link](#) for full details, eligibility information and how to access.

That was the week that was

Monday 19 – fire safety training update, Language Line numbers

Tuesday 20 – reminder re: use of WhatsApp, new airway management category on Datix

Wednesday 21 – clocks going back – system unavailability, special offers at catering outlets

Thursday 22 – Protected Learning Time – manager survey, ketamine information resources

All briefs are stored online, [just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

STAR Award Congratulations this week go to Dr Grace Currie on her recent STAR Award presentation. Her nomination recognised her exceptional professionalism, compassion, and clinical excellence. From the moment she introduced herself, she created an environment where the patient felt listened to, respected and safe. Thank you, Dr Currie!

If you know a team, or individual, STAR, making a nomination couldn't be easier. All you need to do is complete the short form [available via this link](#).

Tune of the day Charlotte Murray in public health makes today's request, dedicated to mum Diane, a practice nurse at Portlethen medical practice. Diane marked a BIG birthday last month and is out with colleagues tomorrow to celebrate. To get them in the party mood, Charlotte has asked for Billy Ocean and [Red Light Spells Danger](#)

Stay cozy this weekend, folks, and thank you for everything (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.dailybrief@nhs.scot