

Friday 23 January 2026

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**Holocaust Memorial Day** There will be a free event in Aberdeen next Tuesday (27 January) to mark Holocaust Memorial Day. It will take place in Cowdray Hall at Aberdeen Art Gallery; further information is [available on the intranet via this link](#).

**ARI adult parenteral nutrition ordering and admin** The paperwork accompanying adult parenteral nutrition in ARI was updated on 12 January. Please refer to the FAQ document, [available via this link](#), for full information and details on how to provide feedback on the new paperwork. From Monday (26 January) the previous paperwork will be withdrawn and only the new paperwork will accompany adult parenteral nutrition bags.

**Cervical Cancer Prevention Week** We close cervical cancer prevention week with a reminder dedicated staff screening appointments are available at ARI, Dr Gray's, and Maryhill Group Practice in Elgin (you do not have to be registered at this practice to arrange screening under this scheme). If you are due (or overdue) for a cervical screen and find it difficult to attend a routine appointment, [you can find more information on the intranet by following this link](#).

**Book Blether's Seasonal Reads: With the End in Mind** There's still time to join in the Winter seasonal read. Don't miss the live MS Teams event at 1pm on Thursday 29 January, with palliative care consultant Tim Morgan and the chaplaincy team. Contact [cornhill.library@nhs.scot](mailto:cornhill.library@nhs.scot) to get the meeting link. You can also join the conversation on the Seasonal Reads Teams channel. And no reading required, with podcast, website and TEDtalk options available. [Follow this link for more](#) on the seasonal reads.

**GHAT request for used sport equipment** Grampian Hospitals Art Trust are seeking donations of old/used sports equipment, ahead of a project with P6 pupils at Cornhill Primary School. There's further information [on the GHAT website via this link](#).

## That was the week that was

Monday 19 – reminder of Personal Use of Social Media policy, 2026 Grampian MCN conferences

Tuesday 20 – recording of January all-staff briefing, reminder to ensure annual leave is used

Wednesday 21 – CET weekly report, adverse weather arrangements

Thursday 22 – pre-election period guidance, upcoming Datix surgeries

All briefs are stored online, [just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

**STAR Award** Congratulation to Tamuka Kunaka, Trainee Operating Department Practitioner, on his recent STAR Award presentation. Tamuka provided outstanding support to a patient who felt anxious before surgery. His calm presence, kindness, and genuine care helped ease their worries and made the experience positive and reassuring. Do you know a STAR? Nominating a team or individual couldn't be easier; [all you need to do is complete the short form available via this link](#).

**Tune of the day** Carol Waters, secretary in the speech and language therapy service at ARI, rounds off our 'samples' journey for the week in fine style, starting with [Cloudbusting](#) by Kate Bush, which was sampled to floor-filling effect by Utah Saints for [Something Good](#) - hello Friday!

Popping in another request; a birthday dedication for Karen Goodwin in the Aberdeen City school nurse team who celebrates another trip around the sun on Sunday. Shona and the team have asked for Alanis Morrisette and [Ironie](#).

Wishing you a good weekend, whatever it holds for you. Thank you.

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)