

Thursday 23 April 2026

---

**Reflecting on our financial position at the end of 2025/26** Alex Stephen, our director of finance, has written an update on our financial position, as we close out the 25/26 financial year. He also looks ahead to the work required during 2026/27 financial year. [You can read his update in full via this intranet link.](#)

**Work experience placements – central co-ordination requirement** To ensure the safety of individuals, patients and staff, and to maintain appropriate governance, all work experience and work-based learning placements within the organisation must be arranged through a single, central point of contact. With immediate effect, work experience placements **must not** be organised informally or directly by departments, teams, or individual members of staff. All requests for work experience, work shadowing or work-based learning placements must be submitted to [gram.workexperience@nhs.scot](mailto:gram.workexperience@nhs.scot). This ensures appropriate risk assessments, supervision, induction and information governance requirements are met. Thank you.

**Planned hot water switch off – Yellow Zone, ARI** To allow for essential maintenance works, the hot water and steam supply in the yellow zone at ARI will be switched off from 6pm on Friday 1 May, with the supply due to return to normal by 9am on Saturday 2 May. There will be no running hot water during this time. Cold water supply will be unaffected; all Yellow Zone toilets will be cold water only, but otherwise functional.

In addition, from 6pm on Friday 1 May there will be some works in the main concourse around M&S, WH Smith, and Aroma Cairngorm. These outlets will be open as usual, please follow instructions from the works crew.

Hot water supply will also be affected between 6pm Saturday (2 May) and 2am Sunday (3 May) and between 6pm Sunday and 2am Monday (4 May) on level 2 of yellow zone (concourse). We apologise for any inconvenience and thank you for your patience to allow for these essential works to be completed.

**Grampian Doctors Digest** The Medical Directorate has published the second edition of its quarterly newsletter, sharing leadership updates, colleague stories, and current development opportunities. Read on to hear from colleagues across Grampian, explore learning and appraisal updates, and stay connected with what's happening across the medical workforce. You can read the newsletter [by following this link.](#)

**No filming posters now available** Posters which advise filming/recording is not permitted are now available to order via Pecos. See example below, please use code ZA05275.



**Participate in Research on Palliative Care for Parkinson's** Research is underway at RGU exploring palliative care for people with Parkinson's in Grampian. The study aims to: assess service strengths and limitations, explore barriers and facilitators, and identify training needs for healthcare professionals. All colleagues, especially members of the Parkinson's Excellence Network, are invited to complete a short online survey. Your insights will help improve services, training, and support for patients and families. [The survey is available via this link.](#) Thanks to the NHS Grampian Charity for their funding of this research.

**Tune of the day** We're saying goodbye to one of our own today; m'colleague Lynn Thomson, who has been with NHS Grampian since 1994. You might not recognise the name, but if you've ever handed out, or read, one of our patient information leaflets, then you'll know Lynn's work. We wish her all the best in her retirement and will miss hearing about her regular battles with Gareth the photocopier (don't tell Lynn machines don't know what they're doing, Gareth absolutely does). For Lynn, [Teenage Kicks](#)

Staying with farewells, Hollie, one of the physician associates in ARI ED, finishes up today. She's off to a new job in Edinburgh and the whole ED team want to wish her the very best. Colleague Amy requests [Bye Bye Bye](#) by \*NSYNC.

The pathology lab team want to show how proud they are of manager Wendy Leaper, who is running the London Marathon this weekend. It's an amazing achievement and they are behind her every step of the way. For Wendy, [Hall Of Fame](#). Also lacing up her runners for London is dietitian Fiona McKnight, who is fundraising for Friends of ANCHOR. Colleagues in acute dietetics have asked for [Born To Run](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)