

Daily Brief...



Monday 22 June 2026

Patient catering - further update We continue to experience issues with the blast chillers in the Dr Gray's production kitchen. As such, a temporary menu for DGH and all community hospitals in Aberdeenshire and Moray remains in place. IDDSI (Dysphasia Meals) Level 4 and 5 meals are being bought in from external suppliers; unfortunately, we are unable to provide Level 4 snacks at this time. We apologise for any inconvenience.

Welcome to National Wellbeing Week! Whether you are taking 5 minutes for yourself, looking for ways to connect with colleagues, or planning a team wellbeing activity, there is something for everyone in the staff resource pack [available via this link](#). To kick off the week, our chief executive Laura Skaife-Knight [has recorded the short video at this link](#), showing firsthand what she does for her wellbeing.

We encourage you to take part in the range of events and opportunities available locally and nationally to support your wellbeing; [the full list can be found via this link](#). We'd also love to see photos, videos and testimonies of you using the resources – please send these to gram.wcd@nhs.scot

iMatter – turning feedback into action iMatter team reports will be available from 12 noon today (Monday). This is the key stage where your feedback is translated into meaningful local action, as you come together in your teams to discuss your results. Steven Lindsay, Employee Director, said: *“Listening to staff is only the starting point – it’s what we do with that feedback that really matters. I’d encourage every team to take time to reflect on their results and agree one meaningful action together. These conversations are vital in shaping positive change.”*

Teams are asked to complete discussions and record their agreed action by 12 noon on Monday 17 August.

All-staff briefing – 3pm today You are warmly invited to join members of the Executive Team on an all-staff call between 3-3.30pm this afternoon. This is your opportunity to hear the very latest on what's happening across the organisation. These sessions are recorded and a link shared in this brief for those unable to attend. [No need to book, simply use this joining link](#).

Aberdeen GP walk-in centre to open tomorrow Our first GP walk-in centre in Grampian will open at Aberdeen Health Village tomorrow (23 June). This is part of a national pilot, trialling these centres as a way of improving same-day access to care for minor illnesses and health concerns. To allow the service to bed-in during the first week it will operate as follows: Tuesday, 12-6pm; Wednesday 12-6pm; Friday 12-8pm. Opening hours will be extended as the trial progresses. An FAQ to support staff is available via [this intranet link](#).

ARI Yellow zone – public toilet closures A reminder work maintenance work begins on the public toilets on Level 1 of the Yellow Zone (bottom of the concourse stairs) from today. The male toilets will be closed until 28 June; the female toilets will be closed 29 June-5 July. The disabled toilet will remain fully accessible.

Cardiac Rehabilitation – coming soon to Order Comms From next week (w/c 29 June) the Cardiac Rehabilitation Service will now accept referrals from Order Comms; simply select 'cardiac referral' from the drop-down menu. The Cardiac Rehabilitation Service - Referral Pathway/Criteria can be found on Grampian Guidance for reference. Any queries please contact gram.cardiacrehab@nhs.scot.

Do you work in Dr Gray's and want in- person support for appraisals? Join us in person for 'Appraisals made easier: Your Turas Walkthrough' followed by a Q&A, on Wednesday 8 July at Dunbarney House. Sessions will be running between 10.30am-3pm. We'll guide you through the system step-by-step and give you the chance to ask any questions—big or small. Whether you're new to Turas or just want to feel more confident using it, this session is for you. To book a slot, contact Aileen Cameron via aileen.cameron1@nhs.scot.

Pause for thought Winning or taking part: what matters most to you, and how does that influence your approach?

As a reminder, Guided Journaling takes place weekly, with occasional breaks for annual leave; [booking is via this Turas link](#) (log-in required).

Tune of the day Our request today is dedicated to Elaine Allardyce, forensic medical secretary at the Blair Unit, who marked FORTY-ONE years with the NHS last week. Elaine started in 1985 as secretary to Sandy Innes (consultant psychiatrist) in the old part of RCH then went to the Blair, primarily supporting Dr Boyd and now Dr Bennett. She is admired by colleagues across the board, who left the song choice up to me. I've gone for [Nobody Does It Better](#) by Carly Simon (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot