

# Daily Brief...



Monday 22 December 2025

**Programming note** The final brief of 2025 will be issued on Wednesday, then it will take a short break, returning on Monday 5 January 2026. We will issue urgent or emergency globals, as required.

**Industrial action confirmed** On Friday afternoon it was confirmed resident doctor members of BMA Scotland have voted in favour of strike action. BMA Scotland has stated their intention to strike from 7am on Tuesday 13 January until 7am on Saturday 17 January 2026 if no acceptable agreement can be reached with Scottish Government.

Our primary focus now is understanding what impact strike action will have on our services and mitigating that as much as possible. Whatever mitigations we do put in place, we can expect disruption and rescheduling of routine care.

We recognise that periods of industrial action create uncertainty and there may be a range of strong feelings. While we understand there are differing views regarding the dispute, we are confident you will continue to treat each other with professional respect and courtesy. Our collective priority remains working together to support our patients during this time.

**Staff 'flu clinics - ARI – today/tomorrow** If you have still to get your 'flu jab, there are staff vaccination clinics in healthpoint on the ARI main concourse (beside the public waiting area/reception desk) today and tomorrow, between 9am-4pm. All NHS staff, and social care staff who have direct client contact, are eligible for a free 'flu jab. We strongly encourage everyone eligible for vaccination to get their jab.

**Digital Bytes - your quick IT fix** The digital support centre training team is pleased to introduce 'Digital Bytes', a growing series of bite-sized, 60-second videos designed to make your digital life easier. Each video delivers practical tips and tricks you'll wish you'd known sooner – from getting the most out of NHSG EPR systems to unlocking Microsoft accessibility features. These quick insights are here to help you work smarter, not harder. If you've got a minute, you've got time to learn something new!

You can find them all via this link: [GRAM – Digital Support Centre Training Page](#) or check out the links below to individual videos:

- [Immersive Reader](#)
- [Tap & Go Card Reader](#)
- [Word Dictate](#)
- [Accessibility Settings for Your Device](#)
- [Magnifier](#)

Got ideas? [We welcome your feedback and topic suggestions via this form](#)

**Social media – sharing is caring** As we hope you are aware, there are NHS Grampian accounts on several social media platforms, including Facebook, Instagram, and X (formerly Twitter). We use these accounts to share stories about our people and their achievements, and important health information for our communities. If you don't already follow us, we'd love to have you onboard.

If you do already follow us, please can we ask for some help? We regularly post information to help the public use unscheduled care services, like NHS 24, minor injury units, emergency departments, and Scottish Ambulance Service appropriately. If you spot one of these posts, please take 10 seconds to like and share them. Social media platforms no longer share posts in the order they are posted, but according to how many people engage with them. More engagement means more people see our posts, which means more people get guidance on how to take care of themselves and get the right care, in the right place. Thank you!

**Inside AHSCP** The Aberdeenshire HSCP team newsletter has been refreshed. The first edition of 'Inside AHSCP' [is available to read by following this link](#).

**Pause for thought** When do you listen well, and what does this invite? What might it serve you well to remember?

**Tune of the day** Suzi Thomson, a health improvement officer in Aberdeen City, makes the case for Justin Bieber's festive album Under The Mistletoe, including his take on [Little Drummer Boy](#), which features Busta Rhymes. Who knew?

Also, not one but two superstars at Woodend to celebrate. Anne Munro, flow co-ordinator, has marked 40 years' service working all her time at Woodend; commitment truly worthy of praise. For Anne, Yazz and [The Only Way Is Up](#).

Esther Reid, receptionist in the wheelchair service, is retiring with 39 years' service; 12 years at Morningfield Hospital which was on Kings Gate and 27 years at the Wheelchair service. She will be a huge miss to patients and staff. She loves Elvis so it's only appropriate to play the man himself and [Suspicious Minds](#)

Yesterday was the Winter Solstice, the shortest day of the year. From today, slowly but surely, the light will come back (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)