

Tuesday 21 July 2026

Supporting people requesting information from NHSG People have lots of different rights under information legislation and, in many instances, can exercise those rights verbally (i.e. they don't have to write anything down). They can also ask for information from anyone employed by NHS Grampian; they don't have to ask the 'right' person or team. If anyone asks you for their information, wants to have information corrected or erased, wants us to stop holding or using their information, or wants general information about what we do or our impact on the environment and you wouldn't normally answer questions like that, write the question down, take the person's contact details and send the request to gram.inforgovernance@nhs.scot. **It's very important that you record the question and send it to Information Governance, rather than asking the person to do that themselves.** Please send the request quickly as the time to respond starts when you are asked; not when the request reaches Information Governance.

Personal use of social media policy [We encourage all colleagues to read this policy](#); it does not exist to interfere with your personal use of social media, but rather to highlight the risks and help you minimise them. Please remember, any social media activity – whether on the NHS Grampian accounts or anywhere else – which results in harm, distress, or loss of reputation to patients, your colleagues, or the organisation may be considered gross misconduct.

Organisational priorities – all-staff briefing You are invited to attend a 30-minute briefing next Tuesday (28 July) to hear the latest on progress against our organisational priorities. This will take place 2-2.30pm; [no need to book, simply follow this link to join](#).

Non-executive board members – who they are and what they do Recruitment is currently underway for four new non-executive members of our board. Non-execs, as they are known, work a few days each month providing independent oversight and assurance. As well as attending monthly board meetings, they chair some of our key committees. Non-execs are drawn from all walks of life and play a vital role in scrutinising the work of NHS Grampian. For more information about our current non-executive members, [simply follow this link](#).

NHS Scotland census for enhanced and specialist psychological therapies If part of your role is to deliver psychological interventions at enhanced or specialist levels and you have formal training in psychological therapies or additional training in a specific therapy modality (protocol-driven CBT) then it's crucial you complete this census. You'll need your National Insurance number and your payroll number, and you should complete the census based on what was the case on 30 June 2026. The deadline for completion is 17 August; if you have more than one post in NHS Scotland, you should complete a separate census for each post. [The census is available to complete via this link](#).

If you have any questions or would like more information on the census and what it is used for, please contact our local psychological therapies training coordinator, Caile Gordon, via caile.gordon@nhs.scot.

AHP monthly journal club Join your fellow AHPs on the last Tuesday of each month to read and discuss relevant papers, share insights, and build a supportive research active community. The club meets on Teams, between 12.30-1.15pm. [No need to book, just follow this joining link](#). Meeting dates and links to the articles to be discussed are below:

- Tuesday 28 July: [Community based complex interventions to sustain independence in older people: systematic review and network meta-analysis](#)

NHS Grampian Charity The NHS Grampian Charity runs a virtual drop-in session every Thursday morning on Teams. You can log on any time between 10am and 11am, and one of our team will be there to answer any questions you have about the charity, what we fund, how to apply, how to fundraise, and much more. [You can find the link to join the session via this link to the charity's intranet page](#).

Tune of the day A slightly belated shout out to all those who laced up their runners and took part in the Aberdeen half-marathon last Saturday. In particular, Rachel Medich in theatres at AMH wants to highlight her colleagues Kay Knox, Laurin Allen, Leah Hampson and Chloe Blyth, who absolutely smashed it. For them Iron Maiden and [Run To The Hills](#) (that'll get your Tuesday started!) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot