

Tuesday 21 April 2026

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**Green car salary sacrifice scheme portal to go live this week** The new online portal for our Zenith green car salary sacrifice scheme will go live on Wednesday (22 April). If you haven't already done so, please register your interest in accessing the portal by [following this link to an online sign-up form](#).

**Aroma Cairngorm – works postponed** Aroma Cairngorm will be open as usual today, following postponement of planned electrical works. We'll update you with a new date once confirmed.

**Power of Attorney Awareness Day & Demystifying Death Week (DDW)** Tomorrow (Wednesday) is Power of Attorney Awareness Day, highlighting the importance of planning ahead and having conversations about future decisions while there is time to do so. This year, it sits alongside preparations for Demystifying Death Week (4–10 May 2026). As part of this week, we will be hosting a series of free public webinars designed to support open, honest, and compassionate conversations about death, dying and planning ahead. One of these sessions includes a focus on Power of Attorney, alongside wider discussion about care, decisions and support. Joining links for the DDW webinars can be found by [following this link and all staff are welcome to attend](#).

[We've also created a digital resource, available at this link](#), and packed with useful links on a range of relevant topics. Please share this with your team or service, as well as any community contacts you have.

**Grampian Wellbeing Festival back this May** [Follow this link to the Wellbeing Festival Programme](#), packed with free and low-cost activities taking place throughout May. From getting active and creative, to slowing down, learning something new, and connecting with others — there's something for everyone. You can also download free wellbeing resources, inspired by the Five Ways to Wellbeing, to help you make small, positive changes during the festival and beyond.

**Roadworks – Foresterhill, Wednesday and Thursday evening** Essential surface repair works will take place on the RACH Brae, adjacent to the Maggie's Centre, on Wednesday 22 April and Thursday 23 April. The works will be carried out out-of-hours, between 9pm and 3am on both nights. Further information and a site diagram [are available on the intranet via this link](#).

**International Workers Memorial Day** As part of International Workers Memorial Day next Tuesday, the Spiritual Care team will join staffside colleagues in a short act of remembrance. This will take place at 3pm in the Staff Garden\*, (ARI Purple Zone) and will remember all those who have lost their lives in their workplace. All are invited to share in this time, please feel free to come when you can and leave when you need to. If you are unable to attend this event, you can mark the occasion in your own way by pausing at 12noon for a minute's silence along with workers across the UK in all forms of business.

\*The garden will remain open to any staff who wish to use it during this time.

**Reminder for all involved in clinical trial activity - the biggest regulatory change since 2004** One week to go! Next Tuesday (28 April) the UK adopts the ICH Guideline for Good Clinical Practice (GCP) E6 (R3). On the same day the Medicines for Human Use (Clinical Trials) (Amendment) Regulations 2025 becomes law and will apply to all clinical trial activity in the UK.

The joint NHSG-UoA Quality Manual and SOPs will be updated as appropriate on the big day. If you are involved in clinical trial activity in Grampian, you will also have to update your GCP certificate to the new version before 31 December. This can be online or face-to-face; further details are available on [the joint NHSG-UoA Grampian Research Office website via this link](#).

Any questions get in touch [gram.qualityassurance@nhs.scot](mailto:gram.qualityassurance@nhs.scot) or [gram.randdtraining@nhs.scot](mailto:gram.randdtraining@nhs.scot)

**NHS Grampian Charity** Did you know NHS Grampian's Donations & Fundraising Policy provides lots of helpful information, including the official function of NHS Grampian Charity, the different roles of external charities, and guidance on fundraising activities within hospital settings? The policy also provides valuable guidance on what you should do when offered a donation or financial gift by a patient or visitor. All staff should ensure they have read the policy and are familiar with financial governance arrangements in place in relation to donations and cash handling. [The policy is available to read via this link](#).

**Tune of the day** A very happy 50<sup>th</sup> birthday to Jane Ingram, part of the team in the David Anderson Building at Foresterhill. Your colleagues wish you many happy returns and have requested Bros and [When Will I Be Famous?](#)

A second request for today; the medicine and unscheduled care team at ARI would like to wish the best of luck to Lisa Scott, SCN in ward 107, who is taking on the epic task of running the London Marathon this coming Sunday. Lisa is raising money for The Leanne Fund, a charity dedicated to those diagnosed with Cystic Fibrosis. She sees the benefit of this charity everyday through her work on the respiratory ward. Lisa has absolutely smashed her training, and they are all so proud of her. They can't wait to celebrate with her when she returns and really hope they won't be singing [Thinking Out Loud](#)... "when your legs don't work like they used to before" (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)